



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David**E3 FORM – Sports Research Project****APPLICATION FOR ETHICAL APPROVAL – BA level****CAIS AM GYMERADWYAETH MOESEGOL – Lefel BA**

Mae'r ffurflen hon i'w chwblhau gan bob BA myfyrwr. Rhaid i bob ffurflen gael ei ystyried gan diwtor y modiwl. Dylai un copi o'r ffurflen yn cael ei roi ar y ffeiliau Gyfadran ac un copi cadw ar y ffeil myfyrwr.

This form is to be completed by all BA students conducting research, projects or productions. This form should be completed by the student. All forms must be considered by the Module tutor. A copy of the form must be kept centrally and on the student file.

ADRAN 1 – MANYLION MYFYRIWR**SECTION 1 - STUDENT DETAILS**

Enw Llawn
Full Name

Shazer Essar

Ysgol/Cyfadrn/
School/Faculty

University of Wales Trinity
St David

Rhif Myfyriwr
Student Number

P146489

Cydllynydd prosiect /
Tiwtor
Module Tutor/
Programme Co-ordinator

Andrew Thomas

Enw'r Gradd
Name of Degree

Sports Management

Teitl dangosol yr Traethawd Hir:

Indicative Title of Dissertation:

'Are all captains of sports teams leaders' - An examination of leadership within UWTSD sports teams

ADRAN 2 – MANYLION CYFRANOGWYR / CYNULLEIDFA**SECTION 2 - PARTICIPANT / AUDIENCE DETAILS**

Pwy yw'r cyfranogwyr arfaethedig?	Who are the intended participants?	Ydw / Yes	Na / No
Myfyrwyr / staff Y Drindod Dewi Sant	Students / staff of Trinity Saint David	Yes	
Oedolion (dros oed 16 ac yn gymwys i gydsynio)	Adults (over the age of 16 and competent to give consent)	Yes	
Plant a phobl ifanc dan oed	Children / legal minors		No
Cleifion neu gleientiaid gweithwyr proffesiynol	Patients or clients of professionals		No

Rhywun sy'n cael ei gadw yn y ddalfa neu y mae'r llys wedi cymryd cyfrifoldeb amdano	Anyone in custodial care or for whom the court has assumed responsibility		No
Aelod o unrhyw sefydliad lle mae'n bosibl bod angen i unigolyn arall hefyd gydsynio.	A member of any organisation where another individual may also need to give consent.		No
Eraill: Nodwch: / Others: please identify:			

Nifer, Oed a Ffynhonnell y Cyfranogwyr Rhowch fanylion yr demograffeg y cyfranogwyr / gynulleidfa.		Participant / Audience Number and Age Provide details of the demographics of the participants / audience.	
Nifer o Gyfranogwyr / yn y Gynulleidfa	Participant/ Audience number	30+	
Grŵp oedran y Cyfranogwyr/y Gynulleidfa	Participant/ Audience age group	18+	

ADRAN 3 – GWEITHGAREDD YMCHWIL

SECTION 3 – RESEARCH ACTIVITY

1.	Ydy'r prosiect yn cynnwys:	Does the project include:	Ydy / Yes	Nac ydy/No
	Defnyddio holiadur neu offeryn ymchwil tebyg	Use of questionnaire or similar research instrument	Yes	
	Defnyddio prawf ysgrifenedig neu gyfrifiadurol	Use of written or computerised test		No
	Cyweliad (cysylltwch gwestiynau posibl)	Interview (attach provisional questions)	Yes	
	Dyddiaduron	Diaries		No
	Arsylwi ar gyfranogwyr a hwythau'n ymwybodol o hynny	Participant observation with their knowledge		No
	Arsylwi ar gyfranogwyr a hwythau ddim yn ymwybodol o hynny	Participant observation without their knowledge		No
	Recordio fideo neu sain	Video or audio-taping		No
	Mynediad i wybodaeth bersonol neu gyfrinachol heb gydsyniad penodol y cyfranogwyr	Access to personal or confidential information without the participants specific consent		No
	Defnyddio unrhyw gwestiynau, ysgogiadau prawf, cyflwyniad y gallai rhai cyfranogwyr eu profi fel rhywbeth sy'n achosi niwed / tramgwydd corfforol, meddyliol neu emosiynol	Administration of any questions, test stimuli, presentation that may be experienced as physically, mentally or emotionally harmful / offensive		No
	Cyflawni unrhyw weithredoedd allai achosi embaras neu effeithio ar hunan-barch	Performance of any acts which may cause embarrassment or affect self-esteem		No

Ymchwilio i gyfranogwyr sy'n ymwneud â gweithgareddau anghyfreithlon	Investigation of participants involved in illegal activities		No
Gweithdrefnau lle defnyddir twyll	Procedures that involve deception		No
Gweini unrhyw sylwedd, cyfrwng neu blasebo	Administration of any substance, agent or placebo		No
Dull arall o gasglu data neu fformat cyflwyno (esboniwch)	Other method of data collection or presentation format (please explain)		No

2. Restrú eich dull o gasglu data	List your method of data collection:
Used Methodology, such as questionnaires, focus group and interviews.	

3.	Risg Posibl: (corfforol, seicolegol, cyfreithiol, cymdeithasol neu economaidd)	Potential Risk: (physical, psychological, legal, social or economic)		
A oes unrhyw risg bosibl i:		Is there any potential risk to:	Ydw / Yes	Na / No
A	Cyfranogwyr?	Participants?		No
B	Ymchwilydd?	Researcher?		No
C	BrifYsgol/Cyfadrn?	University?		No

4. Rheoli Risg: Os oes, beth yw'r risg a sut y bydd yn cael ei reoli?	Management of Risk: If yes, what is the risk and how will it be managed?

5.	Os ydych yn delio â phlant a / neu oedolion agored i niwed, rhaid i chi gyflwyno eich tystysgrif DBS i'ch tiwtor goruchwylio i'w cymeradwyo cyn i unrhyw gysylltiad â cyfranogwyr hyn.	If you are dealing with children and/ or vulnerable adults you must present your DBS certificate to your supervising tutor for approval before any contact with these participants.		
			Ydw / Yes	Na / No
A	Ydych chi wedi gwneud cais am dystysgrif DBS?	Have you applied for a DBS certificate?		No
B	A yw eich tiwtor weld a'i gadarnhau eich tystysgrif DBS?	Has your tutor seen and approved your DBS certificate?		No

6.	A fyddwch yn cael cydsyniad gwybodus ysgrifenedig gan eich cyfranogwyr?	Will you obtain written informed consent from your participants?		
			Ydw / Yes	Na / No
A	Os na fyddwch, pam hynny?	If no, why not?	Yes	
B	Os byddwch, sut byddwch yn sicrhau cydsyniad gwybodus?	If yes, how will you secure informed consent?		
Rhowch eglurhad / Please explain: Please see attached consent forms to be completed.				
Cynhwyswch gopi o'r ffurflen gydsynio os ydych yn defnyddio un.			Please include a copy of the consent form if you are using one.	

ADRAN 4	SECTION 4
CEFNOGWYD /APPROVED	NIS CEFNOGWYD/ NOT SUPPORTED
Datganiad Mae'r wybodaeth a gynhwysir yma yn gywir, hyd eithaf fy ngwybodaeth a'm cred. Rwyf wedi ceisio dynodi unrhyw risgiau a phroblemau sy'n gysylltiedig â'r prosiect / ymchwil neu gynhyrchiad ac rwyf yn cydnabod fymrwymiadau innau a hawliau'r cyfranogwyr.	Declaration The information contained herein is, to the best of my knowledge and belief, accurate. I have attempted to identify any risks and issues related to the project/research or production and acknowledge my obligations and the rights of the participants.

Llofnodau Dylai'r ffurflen hon gael ei chwblhau a'i llofnodi gan y myfyriwr a'r Cydlynnydd y prosiect /Twitor	Signatures This form should be completed and signed by the student and the Module tutor/Programme Co-ordinator.
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Myfyriwr / Student 	Dyddiad: / Date: 29/1/19
Cydlynnydd y prosiect /Twitor Project co-ordinator / Tutor 	Dyddiad: / Date: 29/1/19
Sefydliad / Organisation 	Dyddiad: / Date:
Llywydd / SU President 	Dyddiad: / Date: 31/1/19



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UNIVERSITY OF WALES

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Cyfranogwr Rhif Adnabod:
Participant Identification Number:

P146489

CWESTIYNAU CYFWELIAD SAMPL

SAMPLE INTERVIEW/ SURVEY QUESTIONS

TEITL Y PROSIECT: / PROJECT TITLE: 'Are all captains of sports team leaders' – An examination of leaders within UWTSD sports teams – Captain (Interview)

1	Why did you want to become the captain of UWTSD sport team? E.g. Win Games, Power, Responsibility, Knowledge
2	What do you think is the most challenging part about being in the role of being the captain/leader?
3	Is it important for you to be leader on and off the pitch?
4	Does the performances of the team motivate you to become the captain?
5	How often do you communicate with the players on the pitch? 1-5 5-10 10+
6	How often do you communicate with the players off the pitch? 1-5 5-10 10+
7	
8	
9	
10	

ENW A CHYFEIRIAD YR YMCHWILYDD

NAME & ADDRESS OF RESEARCHER

Shazer Essar
19 Portia Terrace

Mount Pleasant
Swansea
SA1 6XW



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Trinity Saint David

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**CWESTIYNAU
CYFWELIAD
SAMPL**

SAMPLE INTERVIEW/ SURVEY QUESTIONS

TEITL Y PROSIECT: / PROJECT TITLE: 'Are all captains of sports team leaders' – An examination of leaders within UWTSD sports teams – Participant (Questionnaires)

1	What is your gender? Male Female Prefer not to say Other
2	What is your age group? 18-21 22-25 26-30 30+
3	What is your year of study? 1 st 2 nd 3 rd MA Postgraduate
4	Please state the sport you play for UWTSD? Football Rugby Touch Rugby Basketball Netball
5	Out 1 to 5 can you please rate the captain of the sports team? 1 2 3 4 5 1 being poor and 5 being excellent
6	Is the captain of the sports team, a leader on and off the pitch? Yes/No Please state why?
7	Would you like to be the captain of the sports team? Yes/No If answered yes could you state why? Responsibility Power Knowledge
8	Do you think that team work is important? Yes/No Please state why?
9	Is the team achieving? Yes/No Please state why?
10	How often does the captain communicate with the players? Once a week Twice a week Everyday None
11	What does the captain use to communicate with players? WhatsApp Snapchat Facebook Mobile Other

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ENW A CHYFEIRIAD YR YMCHWILYDD	NAME & ADDRESS OF RESEARCHER Shazer Essar 19 Portia Terrace Mount Pleasant Swansea SA1 6XW
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Cyfranogwr Rhif Adnabod:
 Participant Identification Number:

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CWESTIYNAU CYFWELIAD SAMPL	SAMPLE INTERVIEW/ SURVEY QUESTIONS
TEITL Y PROSIECT: / PROJECT TITLE: 'Are all captains of sports team leaders' – An examination of leaders within UWTSD sports teams – Organisation and SU President (Focus Group)	

1	How often do you communicate with the captains? Once a week Twice a week Everyday None
2	What do you use to communicate with captains? WhatsApp Snapchat Facebook Mobile Other
3	What is the most challenging part of your role?
4	Out of all the UWTSD teams, which is the hardest team to organise/motivate? Please state why?
5	Out of all the UWTSD team, which team is achieving? Please state why?
6	Out of all the UWTSD team, which team is not achieving? Please state why?
7	
8	
9	

10	
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ENW A CHYFEIRI AD YR YMCHWILYDD	NAME & ADDRESS OF RESEARCHER Shazer Essar 19 Portia Terrace Mount Pleasant Swansea SA1 6XW
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FFURFLEN GANIATÂD CYFRANOGIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE:

'Are all captains of sports team leaders' – An examination of leaders within UWTSD sports teams

Name of Researcher: Shazer Essar

Please initial box

1. I confirm that I have read and understand the information sheet dated XXXX for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

☐

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

☐

3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.

☐

4. I understand that my name will not appear in any reports, articles or presentations.

☐

5. I agree to take part in the above study.

☐

Name of Participant

Date

Signature

Shazer Essar

Researcher

29/11/2019

Date

S. Essar

Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

**When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at:
PLACE:**

ENW A CHYFEIRIAD YR YMCHWILYDD	NAME & ADDRESS OF RESEARCHER Shazer Essar 19 Portia Terrace Mount Pleasant Swansea SA1 6XW
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FFURFLEN GANIATÂD CYFRANOGIAD

SAMPLE PARTICIPANT INFORMATION SHEET

TEITL Y PROSIECT: / PROJECT TITLE:

'Are all captains of sports team leaders' – An examination of leaders within UWTSD sports teams

***THIS FORM IS TO BE AMENDED AND ADAPTED AS NECESSARY**

Dear Participant:

My name is Shazer Essar and I am studying in the School of University of Wales Trinity St David.

I would like to invite you to participate in my research project. This project will help with me with my dissertation and aims to establish how captains of sports teams of UWTSD may act as leaders.

*Attached to this letter is a short questionnaire developed by Shazer Essar which will assess an examination of leaders within UWTSD sports teams. I believe your opinions will be extremely helpful to me.

Through your participation in the questionnaire and/or interviews, I hope to ascertain that your answers have been answered with honesty.

All questionnaires will be kept strictly confidential to the researchers involved and at **NO** time will individual questionnaires be released to the general public. This gives you a chance to express your views on your programme a confidential and anonymous forum and still be able to make a

difference. Your participation in this study is completely voluntary so you can withdraw from the questionnaire at any stage.

Our questionnaire should take about 2 minutes to complete, but there is no time constraint. There are also no right or wrong answers. Attached to this letter along with the questionnaire is an instruction sheet / a consent form / a feedback sheet. As this is a new project, your feedback is also important to us and we would be much obliged if you could also complete the feedback sheet along with the questionnaire. We understand that your time is at a premium, but your opinions are very valuable to us.

After careful and precise analysis of the data obtained from this questionnaire, I will be happy to provide you with a copy of the findings at your request. The results of this questionnaire will hopefully enhance my understanding of leadership and will be stored on my appendices. The results of the research will be fed back to the university and the student union involved.

We thank you in advance for your time and participation. If any questions do arise, feel free to contact me at your convenience.

ENW A CHYFEIRIAD YR YMCHWILYDD	NAME & ADDRESS OF RESEARCHER
	Shazer Essar 19 Portia Terrace Mount Pleasant Swansea SA1 6XW