

SKILLS THAT ENHANCE A PERSON CRITICAL THINKING ABILITIES

Temara Glynn

2110731

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INTRODUCTION

WHAT IS CRITICAL THINKING?

According to University of Louisville (2022) as a foundation to perception and behavior, critical thinking is the mentally focused process of systematically and skillfully conceptualizing, applying, analyzing, synthesizing, and additionally assessing information obtain through, or produced by, perception, experience, reflection, thinking, or correspondence. In order words it was introduced by Dewey (1910 cited in Hitchcock, 2018) who introduced the term "reflective thinking". He defined it as the dynamic, persevering, and careful assessment of any apparent form of information considering the premises that support it and the ends that it leads to. In the academic sense, critical thinking is remaining open-minded while utilizing judgement

NOTE TAKING

Learning is enhanced by effective note-taking (University of Reading, 2019). Furthermore, individuals frequently refer to taking note, but it is far preferable to aspire to 'make' their own notes. When individuals take notes, they evaluate and summaries the information, which enables for more in-depth learning (University of Edinburgh, 2022).

Pritchard (2008) states that good note taking is a type of critical thinking on a point the author is trying to make. University of Leeds (2022) states that individuals should pay special attention at the start and end of lectures, as the speaker will lay out and then summaries the major ideas. To help discover essential ideas, listen for keywords and phrases like "there are three main points" or repetition of words. Keep listening out for references to other sources that they may research further. In their studies, they may come across two different styles of note-taking. These include taking notes from your reading and other research, as well as taking notes during lectures. There are many ways to take notes; the main factor is that individuals select a strategy that allows for them to identify and comprehend their notes (Bedford and Wilson, 2020).



Source: (Reilly, 2015)



TIME MANAGEMENT

According to Cottrell (2019) learners can check to see they have time devoted to researching and understanding about the subject, and fine-tuning assignments, the higher having a good chance of succeeding. It is a good idea to keep track of the expected and actual time usage on a regular basis. Check to see if the time predictions for each work are reasonably correct; this will help to develop more consistent results in the future, which will improve individuals planning. Consider which activity is more essential and how much time should be spent on it. Determine which tasks should be completed first and which may wait for a later date. When it comes to time management, individuals may develop a plan. This must be documented, evaluated and updated on a regular basis (Forsyth, 2013). The advantages of using time productively incorporate more note-taking efficiency and enhance critical thinking.

CONCLUSION

To conclude, I believe to be a critical thinker, an individual must possess a wide range of academic study skills to become successful in their studies such as time management, not taking and research skills. These abilities will allow students to take part in lectures, groups, and individual assignments.

RESEARCHING SKILLS

Research is an exploratory and analytical activity that can assist in the solution of practical scenarios and the expansion of knowledge (Moore *et al*, 2010). The ability to look for information and pay close attention to details is referred to as research skills. Additionally, Research can involve selecting a topic that intrigues individuals, generate questions about it, and seek answers, or explore different points of view on these issues in a way that pushes understanding about the research. According to Drew and Bingham (2016) in university education, finding and using evidence and information is a fundamental ability. When conducting research, individuals must be strategic. Individuals may rapidly understand the nature of the material presented, how it connects to the assessment, and how to assess its worth in accomplishing the assignment (Day, 2018). University of Southampton (2019) states that research skills are important because:

- They assist in finding relevant information and assess its reliability and credibility.
- They enable you to make effective use of data to establish facts.
- They develop critical thinking skills.

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