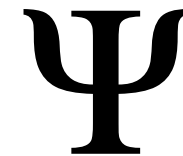


Research Participation Log 2017/2018



Level 4 Research
Methods (ECPS4001)

Study One Study Code: SWAN_credit_JC

Study One Study Code: SWAN_credit_JC

1) Was the BPS Code of Human Research Ethics followed? (E.g. was informed consent gained? Were you aware of your right to withdraw? Was confidentiality upheld?)

☒

If not, which guidelines were not followed?

Describe how the ethical guideline were followed?

I read and signed a consent form outlining the purpose of the study and circumstances I needed to consider before participating . I was informed of my right to be removed from the study at any time.

Note:

[illegible]

How were you fully debriefed after completing the study? Were you provided with details of the researcher (e.g. email address) and given the opportunity to discuss with them after completion?

Are there any areas of improvement for this research study? (think about the materials used in the study and how the researcher carried out the study)

Name (PRINT): _____

Sign: _____

Date: _____

Briefly describe/outline the study you participated in (What were you asked to do? Did you understand the purpose before/during the study?)

The study sought to measure if mood and spatial reasoning abilities increase following positive stimulus and if the reverse is true with a negative stimulus. Firstly I was asked for my favourite and least favourite chocolate from a well known brand. I was then asked to complete the Positive and Negative affect schedule (Watson et al., 1980), and the Perceived Arousal Scale (Anderson et al., 1995), to measure my mood and arousal levels. I was then given three of my least favourite chocolates to eat and asked to retake both tests.

Briefly describe your experience of taking part in this research study (positive aspects/issues that may have impacted your participation)

I happily eat the chocolates as although being my least favourite I did not dislike them. I did feel the sugar boost gave me a little lift. I still found the spatial tests quite tricky but think I had gained a bit of knowledge from the first set so approached it a little differently.

How were you fully debriefed after completing the study? Were you given opportunity to discuss with the researcher after completion?

The researcher thanked me, gave me a debrief sheet and asked if I had any questions , also inviting me to contact him if I had any further questions or concerns.

Are there any areas of improvement for this research study?
(think about the materials used in the study and how the researcher carried out the study)

None

Name (PRINT) Judith Guy

Sign: Judith A Guy

Date: 14/03/2018

Briefly describe/outline the study you participated in (What were you asked to do? Did you understand the purpose before/during the study?)

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is a vertical margin line on the left side, creating a narrow left margin. The paper appears to be from a notebook or a standard writing template.

Briefly describe your experience of taking part in an online research study and how this experience differed from a lab based study (positive aspects/issues that may have impacted your participation)

[illegible]

Online Study Study Code:

1) Was the BPS Code of Human Research Ethics followed? (E.g. was informed consent gained? Were you aware of your right to withdraw? Was confidentiality upheld?)

Yes ☐ No ☐

If not, which guidelines were not followed?

Describe how the ethical guideline were followed?

This image shows a single sheet of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

Note:

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is a margin at the top, and the paper is otherwise blank.

Study Two Study Code: Swan_credit_EC

Study Code: Swan_credit_EC

1) Was the BPS Code of Human Research Ethics followed? (E.g. was informed consent gained? Were you aware of your right to withdraw? Was confidentiality upheld?)

Yes ☒

No ☐

If not, which guidelines were not followed?

Describe how the ethical guideline were followed?

A consent form was given to read and sign which briefly outlined the purpose of the study also indicating any circumstances to consider before participating and informing me of my right to withdraw from the study at any time.

Note:

[illegible]

How were you fully debriefed after completing the study? Were you given opportunity to discuss with the researcher after completion?

Are there any areas of improvement for this research study? (think about the materials used in the study and how the researcher carried out the study)

Name (PRINT): _____

Sign: _____

Date: _____

Briefly describe/outline the study you participated in (What were you asked to do? Did you understand the purpose before/during the study?)

The study explored if stress and meditation can influence memory recall after a directed forgetting task. I was shown a number of words via power-point and subsequently instructed to forget them. There followed a meditation task on screen lasting a few minutes. Following this I was asked to recall and write down in one minute as many of the words I could remember viewing earlier.

Briefly describe your experience of taking part in this research study (positive aspects/issues that may have impacted your participation)

While viewing the words earlier in the study I had attempted to memorise them, so was surprised when asked to forget them. I quite enjoyed the meditation task, and was quite relaxed but was surprised again when asked to try and recall as many words as possible.

How were you fully debriefed after completing the study? Were you given opportunity to discuss with the researcher after completion?

The researcher thanked me, gave me a debrief sheet explaining more about the study and invited me to contact her if I had any questions or concerns.

Are there any areas of improvement for this research study?
(think about the materials used in the study and how the researcher carried out the study)

I think the research had been well thought out and did prompt me to think about it later.

Name (PRINT): Judith Guy_____

Sign: Judith AGuy

Date: 20/02/2018

Briefly describe/outline the study you participated in (What were you asked to do? Did you understand the purpose before/during the study?)

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is a vertical margin line on the left side, creating a narrow left margin. The paper appears to be from a notebook or a standard sheet of stationery.

Briefly describe your experience of taking part in this research study (positive aspects/issues that may have impacted your participation)

This image shows a single sheet of white paper with horizontal blue ruling lines. The lines are evenly spaced and run across the width of the page. There is a vertical margin line on the left side, creating a narrow left margin. The paper appears to be from a notebook or a standard ruled document.

Study Three Study Code: SWAN_credit_AB

Study Code: SWAN_credit_AB

1) Was the BPS Code of Human Research Ethics followed? (E.g. was informed consent gained? Were you aware of your right to withdraw? Was confidentiality upheld?)

Yes ☒

No ☐

If not, which guidelines were not followed?

Describe how the ethical guideline were followed?

A consent form was given to read and sign giving information on the aim of study including a warning of its potentially upsetting nature. I was advised of my right to withdraw from the study at any point.

Note:

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

How were you fully debriefed after completing the study? Were you given opportunity to discuss with the researcher after completion?

I was thanked by the researcher and given a debrief sheet, It not only invited me to contact the researcher if I had questions but also contained useful website addresses and even a telephone helpline no.

Are there any areas of improvement for this research study? (think about the materials used in the study and how the researcher carried out the study)

None but the additional information was helpful.

Name (PRINT): _____ Judith Guy
Sign: _____ Judith A Guy
Date: _____ 09/02/2018

Briefly describe/outline the study you participated in (What were you asked to do? Did you understand the purpose before/during the study?)

There was a questionnaire to complete which tested my knowledge and understanding of Sudden Infant Death Syndrome but, also sought to establish how I felt unconsciously about the blame and responsibility surrounding this issue.

Briefly describe your experience of taking part in this research study (positive aspects/issues that may have impacted your participation)

I was surprised at the feelings some of the questions aroused in me and questioned why I thought in that way.