

Similarity:
Look
Beyond
the Score

Ask students to work in pairs to evaluate each of the Turnitin reports shown. Sort the cards into three categories: Safe, Check and Change before submission

Safe

Check

Change

1. Assignment title matches the assessment brief

This screenshot shows a Turnitin Similarity Report for an assignment titled "Exploring the impact of social isolation on older people". The report indicates an overall similarity of 24%. The document content includes an introduction, a definition of social isolation, and a conclusion. A 12-word definition is highlighted in red and marked with a red square icon. The top sources list includes "www.kingsfund.org.uk" (8%), "World Health Organization" (6%), "www.nice.org.uk" (4%), "Student paper" (3%), and "www.nhs.uk" (2%).

Exploring the impact of social isolation on older people

By Student A | Submitted: 12 Sep 2024 10:24

Similarity Report | Flags | AI Writing (Beta)

Overall Similarity 24%
The combined total of all matched sources.

Top Sources

Rank	Source	Similarity
1	www.kingsfund.org.uk Internet source	8%
2	World Health Organization Publication	6%
3	www.nice.org.uk Internet source	4%
4	Student paper Submitted to University of Wales Trinity Saint David	3%
5	www.nhs.uk Internet source	2%

[View all sources](#)

Page 1 of 4 | 1543 words | Text-only report | 100%

2. A correctly quoted 12-word definition with citation.

This screenshot shows a Turnitin Similarity Report for an assignment titled "The importance of person-centred care in health and social care". The report indicates an overall similarity of 6%. The document content includes an introduction, a definition of person-centred care, and a conclusion. A 12-word definition is highlighted in red and marked with a red square icon. The top sources list includes "www.health.org.uk" (3%), "www.nhs.uk" (1%), "Student paper" (1%), "books.google.com" (<1%), and "www.kingsfund.org.uk" (<1%).

The importance of person-centred care in health and social care

By Student B | Submitted: 14 Sep 2024 15:27

Similarity Report | Flags | AI Writing (Beta)

Overall Similarity 6%
The combined total of all matched sources.

Top Sources

Rank	Source	Similarity
1	www.health.org.uk Internet source	3%
2	www.nhs.uk Internet source	1%
3	Student paper Submitted to University of Wales Trinity Saint David	1%
4	books.google.com Internet source	<1%
5	www.kingsfund.org.uk Internet source	<1%

[View all sources](#)

Page 1 of 3 | 987 words | Text-only report | 100%

3. A 90-word paragraph closely matching a journal article with only the author's name added at the end.

**The benefits of physical activity for mental health**
By Student C | Submitted: 16 Sep 2024 11:08

Similarity ReportFlagsAI Writing (Beta)

The benefits of physical activity for mental health

Introduction

Mental health is an important part of overall health and wellbeing. Many people use physical activity to help manage stress, anxiety and low mood.

Regular physical activity has been shown to improve mental health and wellbeing by reducing symptoms of anxiety and depression, improving self-esteem and mood, and increasing feelings of social connection. Exercise can also help to reduce stress levels, improve sleep quality and increase cognitive function. The benefits are seen across different age groups and in both clinical and non-clinical populations. Physical activity is therefore an important and effective way to support good mental health and should be promoted as part of a healthy lifestyle for all. Smith

Conclusion

In conclusion, physical activity can have a positive effect on mental health and should be encouraged in health and social care settings.

Page 1 of 31,216 wordsText-only report100%

Overall Similarity 68%
The combined total of all matched sources.

Top Sources

1	Taylor & Francis Online Publication	62%
2	Student paper Submitted to University of Wales Trinity Saint David	3%
3	www.nhs.uk Internet source	1%
4	www.who.int Internet source	1%
5	www.kingsfund.org.uk Internet source	<1%

[View all sources](#)

4. Reference-list entries match other students' reference lists.

**The role of nutrition in older adults**
By Student D | Submitted: 18 Sep 2024 13:42

Similarity ReportFlagsAI Writing (Beta)

References

Age UK (2023) Nutrition and hydration in later life. Available at: <https://www.ageuk.org.uk/information-advice/health-wellbeing/eating-well/> (Accessed: 10 September 2024).

NHS (2022) Eat well in later life. Available at: <https://www.nhs.uk/live-well/eat-well/food-and-nutrition-for-older-people/> (Accessed: 10 September 2024).

NICE (2015) Older people: independence and mental wellbeing. NICE guideline NG32. Available at: <https://www.nice.org.uk/guidance/ng32> (Accessed: 10 September 2024).

Public Health England (2018) A quick guide to healthy eating for older adults. Available at: <https://www.gov.uk/government/publications/healthy-eating-in-later-life> (Accessed: 10 September 2024).

World Health Organization (2021) Healthy ageing: nutrition. Available at: <https://www.who.int/news-room/fact-sheets/detail/healthy-ageing> (Accessed: 10 September 2024).

Page 4 of 41,543 wordsText-only report100%

Overall Similarity 18%
The combined total of all matched sources.

Top Sources

1	Student paper Submitted to University of Wales Trinity Saint David	6%
2	Student paper Submitted to University of Wales Trinity Saint David	5%
3	Student paper Submitted to University of Wales Trinity Saint David	4%
4	Student paper Submitted to University of Wales Trinity Saint David	2%
5	Student paper Submitted to University of Wales Trinity Saint David	1%

[View all sources](#)

5. A paragraph copied from the student's previous assessed assignment.

turnitin Supporting older people to live independently
By Student E | Submitted: 20 Sep 2024 09:17

Similarity Report Flags AI Writing (Beta)

Supporting older people to live independently

Introduction

Living independently is important for many older people. It can help them stay healthy, active and connected to their communities.

Older people may face a range of challenges that can affect their independence, including changes in physical health, long-term conditions, reduced mobility and the loss of family or friends. These challenges can make everyday activities such as shopping, cooking and managing at home more difficult. Support from health and social care services, along with help from family, friends and the local community, can make a big difference. By working together, it is possible to help older people maintain their independence and improve their quality of life.

Conclusion

There are many ways to support older people to live independently. A person-centred approach is important so that support meets the individual's needs and choices.

Page 2 of 4 1,102 words Text-only report 100%

Overall Similarity 28%
The combined total of all matched sources.

Top Sources

1	Student paper (your previous submission) Submitted to University of Wales Trinity Saint David	18%
2	www.nice.org.uk Internet source	4%
3	www.nhs.uk Internet source	2%
4	books.google.com Internet source	2%
5	www.scie.org.uk Internet source	1%

[View all sources](#)

6. A paraphrase in which only four words have been replaced with synonyms.

turnitin The role of nutrition in healthy ageing
By Student F | Submitted: 22 Sep 2024 14:11

Similarity Report Flags AI Writing (Beta)

The role of nutrition in healthy ageing

Introduction

Good nutrition is important for older people. It can help them to stay healthy, maintain their independence and enjoy a better quality of life.

The benefits of a healthy diet

A balanced diet is essential for older adults because it can help to maintain good physical and mental health, reduce the risk of chronic diseases such as diabetes and heart disease, support a healthy weight and strengthen the immune system. Eating a variety of nutritious foods, including fruit and vegetables, whole grains, lean proteins and healthy fats, can provide the vitamins and minerals needed for good health in later life.

Conclusion

In conclusion, nutrition plays an important role in healthy ageing. A balanced diet can help older people to stay well and live independently for longer.

Page 1 of 3 987 words Text-only report 100%

Overall Similarity 42%
The combined total of all matched sources.

Top Sources

1	www.who.int Internet source	38%
2	www.nhs.uk Internet source	2%
3	books.google.com Internet source	1%
4	Student paper Submitted to University of Wales Trinity Saint David	1%
5	www.nice.org.uk Internet source	<1%

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