

I confirm that I have not used any AI tools in the research and creation of this assignment. I confirm that I have not presented any AI generated materials as my own work. I confirm I have copies of my drafts, notes, and other resources I used, which I may be asked to provide in evidence.

Adam Pawlak, 2508253, Guest Speaker

Introduction

In university we were lucky enough to get a guest speaker named Micheal O'Brien to come speak to us about his miscarriage of justice back when he was wrongfully convicted of the murder in 1987. The Gibbs Reflective Cycle is an excellent way of writing my reflection and sharing my overview. Adeani, Febriani, Syafradin (2020).

Description

I was fortunate enough to attend a very good guest speaker Micheal O'Brien who had been wrongfully convicted of a murder back in 1987. Micheal shared all of his experience leading up to this event, what had happened all the legal processes and his initial outcome. Micheal was kind enough to share all his struggles within prison which made me feel uneasy and shocked by how easy it is to be misinterpreted. He had also talked to us all about how he tried battling this case trying to get his freedom back of what he was wrongfully convicted of. We were allowed to ask any questions, and he was open and honest as much as he could be when answering them.

Feelings

Before the initial session had occurred, I did not have high hopes or any sort of understanding. We were given a brief review of what it would be about but nothing in depth so I wasn't expecting much. However, that all changed when I was sat down and talked to. Everything changed. I began to feel extremely shocked as he was describing his experience with everything. I did not understand the seriousness of what had happened and how he was wrongfully convicted. Throughout the session my feelings were all over the place as he got more in depth with his experience, I was truly understanding everything that he unfortunately had to go through. Towards the end I was just in utter shock hearing what the police had done, his experience in jail, what he was doing. Overall, Micheal has made his point clear and made my feelings clear to.

Evaluation

I thought that the session provided to us by Micheal O'Brien was excellent and majorly impactful. He provided us with good and valuable information about his experiences. I found it really interesting the fact that it was a real-life experience with

such detail and I was really engaged with the speaker. I learn a lot more through real life experience as I get a lot more involved and engaged with the topics Goethe (2019).

Although Micheal was great at explaining everything, I was not incredibly sure on a lot of the legal aspects that he was explaining so I was struggling to understand it fully but other than that I had developed a lot of awareness and gained a lot of knowledge.

Analysis

One major key realisation I have gained from this speaker is that a major weakness that I had struggled with is my confidence and asking question. I struggled as I wasn't sure if I was about to ask a stupid question so I constantly sat there with my thoughts and kept quiet whereas I should have spoken up. McClimans (2011) help us explain that asking questions is important and helps us understand that there is no dumb questions that's why we should always ask them.

On the other hand, I felt like I was incredibly interested in this speaker he was open and honest about everything and was providing us with such insightful information. My listening skills and just being able to concentrate were extremely high as it was just a genuinely interesting thing to listen to and it opened my eyes to the world a bit more and how things on the news are shown as if it's all okay but behind the scenes it is truly a whole different story. Alzamil (2021) states that listening skills are extremely important to day-to-day life even if it's hard to learn.

Lastly, to touch up on direct experience Wright, Lynch (1995) explains that its extremely important as direct experience leads to a better understanding not only that, but it makes it more trustworthy as your there experiencing it therefore you know its reliable.

Conclusion

In Conclusion, this speaker experience helped me understand more of how corrupt the system can get with pure evidence being shown. Also, on top of that I would think about getting his book as it was interesting and would love to know more. To further the conclusion, I would like to point out that I certainly do concentrate and have better interest with direct experience as I feel that I do not have any distractions which helps me concentrate on the main purpose.

Action Plan

For the future I would take this approach with another guest speaker a lot more differently. For example, I will try to do a little more research if I am able to so that I have more of an understanding going into it. Not only that but I would also be a lot more confident when being seated around a lot of people. Asking questions is important to get more knowledge of the topic so for future references I will need to change that.

References

Adeani, I, S, Febriani, R. B. Syafryadin. (2020). Using Gibbs reflective cycle in making reflections of literary analysis. *Indonesian EFL Journal*, 6(2), pp 139-148.

<https://doi.org/10.25134/ieflj.v6i2.3382>

Alzamil, J. (2021). Listening Skills: Imporant but Difficult to Learn. *Arab World English Journal*. 12. <https://dx.doi.org/10.2139/ssrn.3952957>

Goethe, O. (2019). Learning Experiences in Real Life. *Gamification Mindset*. Pp 49-58, https://doi.org/10.1007/978-3-030-11078-9_5

McClimans M. L. (2011). The Art of Asking Questions. *International Journal of Philosophical Studies*. 19(4), pp 521-538.

<https://doi.org/10.1080/09672559.2010.540022>

Wright, A. A., Lynch, J. G. (1995). Communication Effects of Advertising Versus Direct Experience When Both Search and Experience Attributes are Present. *Journal of Consumer Research*. 21(4), pp 708-718. <https://www.jstor.org/stable/2489726>