

Psychology for Health and Social Care

Rukshana Begum

1808389

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Introduction

- I have chosen to talk about young age lifespan ages 8-11years
- Erickson and Piaget theory
- Related theories
- Behavior
- Cognitive
- Emotions
- Recent studies
- Conclusion
- References

Erickson's and Piaget theories

- Eric Erickson outlined 8 phases of child development the phase that I studied was the 4th phase which was industry versus inferiority where the child becomes more competent with their formal life skill.
- Piaget based his theory around his own children, he came out with 4 stages the stage that I focused on was the 3rd stage which is concrete operations age

Related theories

- Kenneth Wilber was an American Psychologist who related Piaget's theory into his own expansion of theories.

Behavior

- . Children aged between 8 and 10 will have increased experience in their growth and emotion in every day social interactions.
- . Examples of this can be seen through ones negotiation skills and attitude towards being seen as independent, intelligent and knowledgeable.
- . Defiant and argumentative to get their point across
- . At home and with their friends they apply their highly developed thinking skills.
- . At this stage we need to support children by remaining on their side and actively listening to their goals.

cognitive

- Through Piagets Cognitive Theory we understand that children
- Not just small adults.
- They think different to adults.
- Not necessary any less intelligent
- they become more emotionally aware and caring of others.

emotions

- Personal setbacks may cause negative emotions such as anxiety, nervousness which could lead to a lack of confidence
- . They can be reasoned with therefore they are less dependent on routines.
- Children at this stage are more stable and are able to choose their friends and understand the role of conflicts within friendship.
- One's desire for positive quality such as trustworthiness and kindness can give one the ability to make the right decisions.

Recent research studies

[. https://www.scholastic.com/parents/family-life/creativity-and-critical-thinking/development-milestones/cognitive-development-8-10-year-olds.html](https://www.scholastic.com/parents/family-life/creativity-and-critical-thinking/development-milestones/cognitive-development-8-10-year-olds.html)

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5803568/>

Conclusion

- Psychological development involves observation and understanding of the world around them.
- Teachers can understand the development of the child by the psychological development.
- with cognitive development the mental abilities could be enlarged in a child.
- Erickson's theory of 8 stages can provide support to understand the psychological involving different age groups.
- Piaget's theory of psychological development explains about the rapid increment in the psychological development of a child, children can think about social and political issues.

Reference

- (Scholastic.com, 2019 Scholastic.com. (2019). *The Emotional Lives of 8-10 Year Olds*. [online] Available at: <https://www.scholastic.com/parents/family-life/social-emotional-learning/development-milestones/emotional-lives-8-10-year-olds.html> [Accessed 5 Dec. 2019].
- Verywell Mind. (2019). *What Are Piaget's Four Stages of Development?*. [online] Available at: <https://www.verywellmind.com/piagets-stages-of-cognitive-development-2795457> [Accessed 5 Dec. 2019].