

BMHP5003_BIRM

by Omar Darboe

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INDIVIDUAL ACADEMIC POSTER

MODULE NAME: BMHP5003_BIRM

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WHAT IS LYMPHATIC SYSTEM

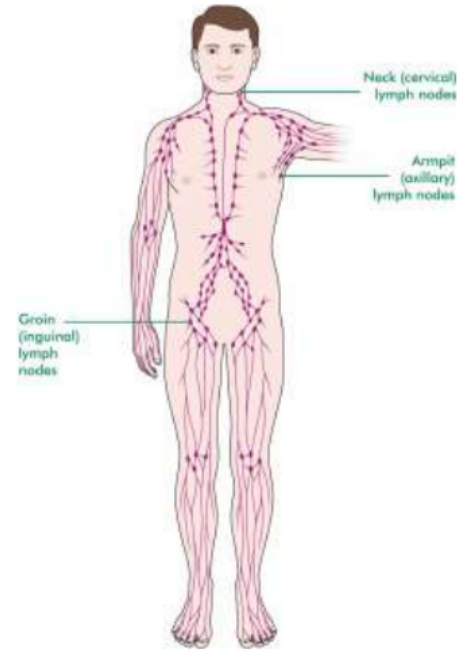
It is part of our body system that protect us from disease and infection

It is where the Lymph fluids passes through the lymph nodes

It moves fluids from the body tissue into the blood circulation

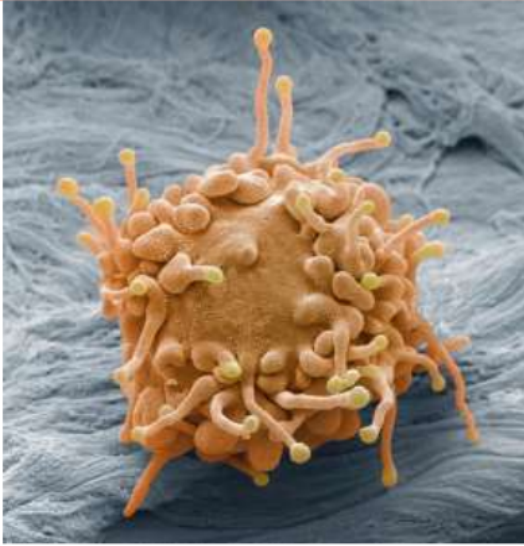
It also get rid of the waste that make up a cell

It contains the Lymphocytes which contains white blood cells that fight infection.



How the Lymphatic system works.

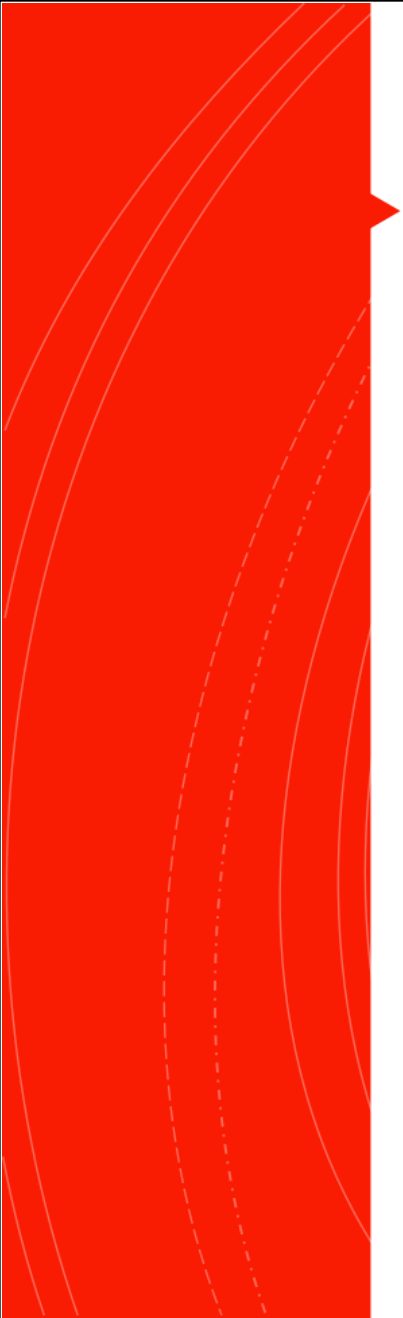
- Through the network of lymph vessels, the lymph fluid flows.
- The node will trap and filter any harmful to the body and destroy it.
- The waste product that is carried from the lymph fluid destroy bacteria back into the blood stream.
- Lymph nodes sometimes trap viruses and bacteria that cannot be destroyed straight away



LYMPHOMA

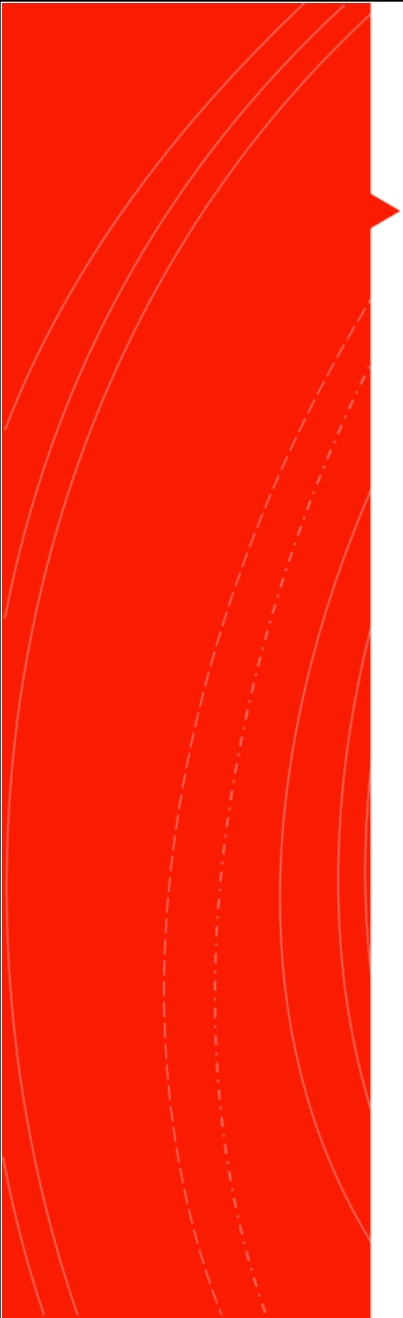
- Lymphoma is a type of cancer that starts in the lymphatic system due to the white blood cells becoming abnormal.
- The two types of lymphoma are: Non-Hodgkin lymphoma and Hodgkin lymphoma.
- Symptoms are ,weight loss, itching or rash, swollen lymph nodes, tiredness, sweat abnormally at night, bleed easily etc
- Diagnosis are done using blood test, (CT) scan, biopsy, MRI scan.
- Treatment depends on type and stage and how far it spread.





Care plan for lymphoma

- Regularly monitoring the patient temperature.
- Assessing the patient for any sign and symptoms of infections regularly.
- Always check the patients white blood cell count, serum albumin and serum protein.
- Promote adequate and enough rest.
- Encourage the patient to do some exercises.
- Patients should be encouraged to take enough fluid intake.



Referances

1. [Lymphoma - what is it, symptoms and treatment | Blood Cancer UK](#)
2. Jiang. M, et al. (2017). *Lymphoma classification update: T- cell lymphomas, hodgkin lymphoma, and histiocytic/dendritic cell neoplasms*. Expert Rev Hematol. PMID:28133975 free PMC article. Review.
- 3 Kuppers. R. (2009). *The biology of hodkins lymphoma*.
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- 5 Taylor. K. et al (2016). *Protocol for care After lymphoma (CALY) trial: a phase 11 pilot of a lymphoma nurse-led model of survivorship care*. BMJ Open.2016. Free PMC article.