



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

LOCATION: CARMARTHEN

LLEOLIAD: CAERFYRDDIN

LEVEL 6

LEFEL 6

EXAMINATION PERIOD

MAY 2024

CYFNOD ARHOLIADAU

MAI 2024

MODULE CODE: BMPE6001
ASSESSEMENT IN PHYSICAL EDUCATION
ASSESSIAD YN ADDYSG GORFFOROL

TIME: 2.5 HOURS

**ANSWER ALL QUESTIONS IN PART 1, TWO QUESTIONS FROM
THREE IN PART 2, AND ONE QUESTION FROM TWO PART 3**

***ATEBWCH BOB CWESTIWN YN RHAN 1, DAU CWESTIWN O DRI YN
RHAN 2, A UN CWESTIWN O DDAU YN RHAN 3***

Equipment or materials required – None

Adnoddau neu ddefnyddiau sydd eu hangen - Dim

Part 1

Answer ALL of the following three questions:

1. Several factors are considered important for teachers to create effective assessments. Outline the key characteristics associated with creating high quality assessments for physical education (10 marks).
2. There are a range of different assessment procedures that teachers can adopt within their programmes of study. Outline a range of different types/forms of assessment in physical education and discuss the advantages and disadvantages associated with each (15 marks).
3. Assessment is an integral part of the teaching and learning process. Discuss the main aims and purposes of using assessment in physical education (15 marks).

Part 2

Answer TWO of the following three Questions

4. When devising assessment procedures in physical education and youth sport, it is important that teachers and coaches do not negatively impact young people's motivation. Drawing upon theory and research related to motivation, discuss the important factors teachers should consider when creating assessment protocols in PE (25 marks).

Note – please ensure work is linked to theory and research related to motivation.

5. Testing of physical fitness within school based physical education is considered a contentious topic. Critical discuss the use of physical fitness testing as part of a physical education programme in schools (20 marks).
6. The use of pedagogical models, or models-based practice (e.g., Sport Education, Teaching Games for Understanding, Cooperative Learning) in physical education is often stated as representing a positive future for the subject. To accompany such approaches, effective and authentic assessment procedures are required.

Using practical examples, critically discuss how teachers could integrate authentic assessments with the use of a models based approach to physical education. Within your answer, consider any potential challenges associated with the implementation of such assessment procedures (20 marks).

Part 3

Answer ONE of the following two Questions

7. The development of physical competence during childhood is considered an important factor associated with engagement in physical activity. Teachers can adopt a range of strategies to assess physical competence. Outline some potential methods used to assess motor competence during **childhood (4-10 year old)** and discuss some of the challenges associated with their implementation by teachers in schools (20 marks).
8. The assessment and monitoring of **adolescent (11-18 year old)** physical competence is an important aspects for physical education teacher or youth sport coach. Outline some potential methods used to assess physical competence during adolescence and discuss some of the challenges associated with their implementation by teachers in schools (20 marks).