

Professional Carer Development:

Cristina Daniela Lisac

Module Code:BMSW4005

Lecture:Rita Ukachi-Lois

Assignment Title: Professional Carer Development

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Personal details

Surname: LISAC	Title: (Mr/Mrs/Miss/Ms/Dr/Prof) MRS	First names: (for official purposes) CRISTINA
Current Address: CROWBOROUGH	Previous Surname: Barbu	Preferred Name: (name you wish to be known as) CRISTINA
County EAST SUSSEX	Post Code: TN6 2BV	
Date moved into this address: 10 10 2021	Home telephone number: N/A	
E-mail address: cristina.barbu@gmail.com	Mobile telephone number: 07711566613	

Care UK make detailed checks on the background of all new staff and it is a requirement that we hold a full working life history that begins from the date you left school or full time education to present day. Please start by entering the period you were in Secondary Education including the date you left school. Then Add another history type of Further Education (Including membership to any Professional Bodies), Previous Employment, Current Employment or Gaps In Employment until you have a full history to the present date. Please note that you will not be able to submit your application until a full history is captured and if you are not currently working you are required to enter a gap in employment for this period.

Previous Employment

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Start Date	End Date	Job Title/Student	Name of Employer/School	Reason for Leaving
<i>For example: September 1988</i>	<i>July 1994</i>	<i>Student</i>	<i>St Marys High School</i>	<i>Finished Secondary School</i>
2000	2006	nurse	Emergency Hospital Romania	Relocate to Uk
2006	2012	Team Leader	St Anthony Care home	Experience to Nursing Homes
2012	2018	Senior Care Assistant	Pinewood Manor	Closed down
2018	present	Floor Manager	Heather view	Still working

Employment (if applicable)

Do you give permission for us to contact your current employer? *YES *Delete as appropriate

Please provide names and addresses of 2 personal referees who must have known you for more than 2 years, these cannot be family members.

Name and Address 1. Mihaela Sas Tunbdrige well tn4 3dt This is a Personal Friend	Telephone Number : 01892678554	Email Address : mihaelasas@yahoo.com
Name and Address 2. Trudy Blackman This is a Personal Friend	Telephone Number : 01892 665544	Email Address : trudy@gmail.com

Professional Membership/Registration

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Are you registered with the Nursing & Midwifery Council? Y No

Issuing Body	Registration Number	Date Gained	Expiry Date

DECLARATIONS

Rehabilitation of Offenders Act 1974

The nature of the work for which you are applying involves working with vulnerable adults or children. Therefore, the post is exempt from the provisions of Section 4 (2) of the above Act and all applicants who are offered employment will be subject to a criminal record check from the Disclosure and Barring Service before the appointment is confirmed. Applicants are not entitled to withhold information about convictions which are considered spent under the provision of the Act. Having a criminal record will not necessarily prevent you from working with us; this will depend on the nature of the position and circumstances and background of your offence.

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Have you at any time been convicted of an offence, spent or unspent? NO *Delete as appropriate
 Have you ever received any cautions, reprimands, final warnings or convictions? *NO *Delete as appropriate

Independent Safeguarding Authority

You are also required to declare if your name is included on the register maintained by the Independent Safeguarding Authority (previously, The Protection of Children Act List, The DfES List 99 and the Protection of Vulnerable Adults List).

Has your name been added to the Independent Safeguarding Authority Register? * NO *Delete as appropriate

Have you ever been dismissed from a previous employer? *NO *Delete as appropriate

Professional Conduct

Have you been subject to any investigation into your professional conduct by any licensing, regulatory or professional body in the UK or any other country where the outcome was adverse? * NO *Delete as appropriate

Have you been removed, contingently removed or suspended from, refused admission to, or conditionally included in any list or equivalent list kept by a PCT, NHS Trust or equivalent professional or regulatory body, or are you currently suspended from such a list in the UK or any other country? *NO *Delete as appropriate

Are you currently the subject of any investigation by any professional organisation in the UK or any other country, which might lead to your removal from any of their lists? *NO *Delete as appropriate

At the same time I agree to inform Care UK immediately if any such investigation should be initiated. This includes issues, which may lead to such an investigation and/or have any bearing on my suitability to this post.

*If you have answered YES to any of the above questions please give details on a separate sheet. Any information supplied will remain confidential and will be considered only in relation to your application for this post.

Please read and sign:

I confirm that the information given on this form is, to the best of my knowledge and belief, true and complete. I understand that Care UK is not legally allowed to employ persons who are deemed "not fit" to work with vulnerable adults or children and that if any of the information I have given is found to be false and misleading, Care UK can withdraw their offer of employment to me, or cancel their agreement with me. I understand that if this is discovered at a later date, I may be dismissed. I also give my consent to the processing of my personal data by computer or other means in relation to my job application and possible future employment. I also give my consent for Care UK to contact the UK Visa and Immigration Office to validate my eligibility to work in the UK if required, at any time.

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Signed.....C IISAC..... Date 25.03.2022

Professional Career Development
Task 1

Role play(Interviewee and Interviewer)

Cristina(interviewee) and Olesia(Interviewer)

Olesia: Cristina please ,briefly introduce yourself.

Cristina: Good morning, my name is Cristina,im 30 years old ,just finished nursing School,as my hobbies are ,reading walking ,cycling,i have a sister,and we live together,and i'm very exited about the interview.

Olesia When in charge of the unit/floor what would be your priority and how do you organise the carers?

Cristina:Ensure the ongoing safety of residents,staff and visitors through systematic assessment,monitoring and reviewing processes,to maintain skills and knowledge to latest guidelines and best practice.

Olesia:What measures as a nurse can implement if a person in their care loses weight?

Cristina:Conduct and document care and risk assessments and develop care plans related to the assessed needs and choices of individual .

Olesia:What achievement in your nurse trying are you most proud of?

Cristina:Support new nurses and care staff in the induction programs,training and competency assessment.

Olesia: How will you maintain a good practice?

Cristina:To attend all statutory and mandatory training as required by the Company ,Act at all times within my own skills and competence in according with NMC Code

Olesia: How you have encouraged your staff to develop themselves and take on new challenge?

Cristina:Yes,I have ensured my team has the skills to succeed,i have encouraged them to contribute towards business success.

Job Description-Registered Nurse

Skills and Knowledge for the Job Role:

- Maintain skills and keep up to date with clinical developments and best practice in areas relevant to care delivery in the home.

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- *Undertaken training appropriate to the roll, as agreed with the home manager, and ensure learning is shared and transferred in to practice.*

- *Review the daily delivery of care, including pressure area prevention, nutrition and infection prevention and control procedures. Ensure high standards of care delivery are maintained.*

- *Be aware of company policies and procedures and ensure requirements are incorporated into practice.*

- *Ensure effective and clearly documented handover systems are maintained to facilitate the effective information between staff and shifts.*

- *Attend and participate in nurse and staff meetings as arranged by the home manager/ clinical lead.*

- *Understand the requirements of the Mental Capacity Act (2005) and Deprivation of Liberty Safeguards (2008) in relation to consent and best interest decision making.*

- *Provide information to residents and relatives in relation to care delivery, being mindful of data protection and Caldicott requirements.*

- *Ensure high standard of record keeping are maintained in accordance with NMC, Health and Social Care Act (2008) and Essential Standards of Quality and Safety (2010) and company requirements.*

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- *Ensure that residents are encouraged and supported to remain as independent and active as possible. Promoted the philosophy of activity based care.*
- *Ensure the safety and comfort of all residents, whilst encouraging a happy, homely atmosphere.*
- *Be knowledgeable about Safeguarding Vulnerable Adults Policies and Procedures and report any untoward events in accordance with Care UK and Local Authority requirements.*
- *Ensure that clinical equipment is maintained in a safe, clean and fully functional state. Report any equipment failures or damage to the home manager.*
- *Be responsible for the care and protection of resident and their property.*
- *To maintain standards of infection control within the home and to assist residents to maintain their own infection control needs.*

Specific Responsibilities and Duties :

- Provide leadership and support for care staff and act as a champion for residents' safety and dignity.*

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To be responsible for the safe and appropriate management, administration and recording of medication, including controlled drugs and oxygen, in accordance with NMC requirements and Care UK Policies and Procedures.

Act at all times within your own skills and competence in accordance with NMC "The Code"

- To attend all statutory and mandatory training as required by the Company in order to fulfil your duties.

Conduct and document care and risk assessments and develop care plans related to the assessed needs and choices of individual residents.

- Ensure that areas of identified risk are appropriately monitored and outcomes recorded and acted upon e.g. fluid and nutrition charts, turning regimes, blood glucose monitoring.

- Report all accidents and incidents promptly in accordance with Care UK Policy. Ensure accident/incident reports are written clearly and concisely and that any remedial action or learning is incorporated into care delivery.

- Co-operate with their employer to ensure compliance with Health and Safety legislation and the Health and Safety policies and procedures of the organisation, not intentionally or recklessly interfere with, or misuse, anything provided in the interests of health, safety, or welfare, in pursuance of any of the relevant statutory provisions.

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- To ensure that adequate measures are taken to protect the health and safety of all staff including the maintenance and upkeep of a safe environment .

The Gibbs' theory of reflective learning provides a model that could be utilized by individuals in order to address numerous types of situations that arise in their professional or personal life. In fact, the model provides a way to critically examine any situation that took place in the past, concretely define the positive and negative sides of it, and determine whether it has been possible to act in a better way, and if yes, then how. Of course, the theory has a number of disadvantages; for instance, it is stated to be fuzzy and conceptually opaque (Potter, 2015, p. 338). However, it is possible to compensate for these cons by simultaneously employing other models of analyzing events (Potter, 2015).

Reference:

Careuk policy.

Gibbs, G. (1988). Learning by doing: A guide to teaching and learning methods. Oxford, UK: FEU.9