

ECPS4014 History of Counselling - Scheme of Work 2025-26**Time: 13:00 – 16:00****Venue: Room IQ 002**

Date: Monday	Topic
Week 1: 29th September 2025	Module Introduction: The aims of this session are to introduce the module aims, learning outcomes and provide an overview of the module structure, content and assessment. Within this session we will explore the Greek understanding of madness, the sacred disease and some of the prehistoric views of the brain and reflect on some of the core ideas that shaped psychological understanding for centuries to come.
Week 2: 6 th October	Religious traditions and how madness was interpreted over the centuries
Week 3: 13 th October	Early hospitals and the Medieval Mind
Week 4: 20 th October	Melancholy and Mental Health in Middle Ages
READING WEEK: 27th to 31st October 2025	
Week 5: 3 rd November	The Great Confinement
Week 6: 10 th November	Madness to Mental Illness
Week 7: 17 th November	Global and Multicultural perspectives of Mental Health
Week 8: 24 th November	Psychoanalysis and the work of Freud *This session will be delivered on MS Teams
Week 9: 1 st December	Existentialism and Humanism
Week 10: 8 th December	History of Psychiatric Medicine
CHRISTMAS BREAK: 15 December 2025 to 4th January 2026	