

EUROPEAN ENGLISH EDITION



Step I

QUESTION BOOK

MYERS-BRIGGS
TYPE INDICATOR®

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opp

unlocking potential



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Step I

DIRECTIONS

There are no “right” or “wrong” answers to these questions. Your answers will help to show how you like to look at things and how you like to make decisions. An understanding of your own preferences and of other people’s preferences can help to identify your special strengths. This understanding can also give you an insight into what kinds of work you might enjoy and be successful doing and how you relate to people with different preferences.

Read each question carefully and mark your answers on a separate answer sheet. **Make no marks on this question booklet.** Do not think too long about any question. If you cannot answer a question, leave it out but make sure that the **next** space that you mark on your answer sheet has **the same number** as the question you are answering.

Read the directions on your answer sheet, fill in your name and the other details required. Unless you are told to stop, work through the question booklet until you have answered all the questions that you can.

MYERS-BRIGGS
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PART ONE

Which answer comes closer to describing how you usually feel or act?

1 Are you

- A easy to get to know, or
- B hard to get to know?

2 In getting a job done, do you depend on

- A starting early, so as to finish with time to spare, or
- B the extra speed you develop at the last minute?

3 Do you

- A talk easily to almost anyone for as long as you have to, or
- B find a lot to say only to certain people or under certain conditions?

4 Would you rather be considered

- A a practical person, or
- B an ingenious person?

5 If you were fundraising in your neighbourhood for something like the Red Cross, would your calls turn out to be

- A brief and businesslike, or
- B sociable and friendly?

6 Are you usually

- A a "good mixer", or
- B rather quiet and reserved?

7 When an unforeseen event forces you to set aside your day's programme, do you

- A feel inconvenienced by a break in the programme, or
- B welcome the unexpected diversion?

8 In reading for pleasure, do you

- A enjoy odd or original ways of saying things, or
- B like writers to say exactly what they mean?

9 Is it a higher compliment to be called

- A a person of real feeling, or
- B a consistently reasonable person?

10 Do you tend to have

- A deep friendships with very few people, or
- B broad friendships with many different people?

-
- 11** Do you more often let
A your heart rule your head, or
B your head rule your heart?
-
- 12** Can you keep a conversation going indefinitely
A only with people who share some interest of yours, or
B with almost anyone?
-
- 13** Does following a schedule
A appeal to you, or
B cramp you?
-
- 14** When you start a big project that is due in a week, do you
A take time to list the separate things to be done and the order of doing them, or
B plunge in?
-
- 15** In talking with friends, do you
A sometimes tell them a personal thing in confidence, or
B almost never tell anything you are not willing to have repeated?
-
- 16** If you were a teacher, would you rather teach
A fact-based courses, or
B courses involving theory?
-
- 17** Are you more likely to speak up in
A praise, or
B blame?
-
- 18** Do you usually
A show your feelings freely, or
B keep your feelings to yourself?
-
- 19** When it is settled well in advance that you will do a certain thing at a certain time, do you find it
A nice to be able to plan accordingly, or
B a little unpleasant to be tied down?
-
- 20** Do you usually get along better with
A imaginative people, or
B realistic people?
-

21 Do you feel it is a worse fault to be

- A unsympathetic, or
- B unreasonable?

22 When strangers notice you, does it

- A make you uncomfortable, or
- B not bother you at all?

23 If you were considering a certain course of action, which of these two arguments in its favour would sound more attractive to you

- A people very much want you to do it, or
- B this is the most logical thing for you to do?

24 Is it your habit to

- A confide in nobody, or at most in one person, or
- B have a number of friends you confide in?

25 Do you prefer to

- A arrange dates, parties, etc, well in advance, or
- B be free to do whatever looks like fun when the time comes?

26 Do you

- A rather prefer to do things at the last minute, or
- B find doing things at the last minute hard on the nerves?

27 Do you

- A think that all the people you like know that you like them, or
- B admire some people for a long time, without letting them know it?

28 In doing something that many other people do, does it appeal to you more to

- A do it in the accepted way, or
- B invent a way of your own?

29 Do you consider it a greater shortcoming in a person

- A to have too much sentiment, or
- B not enough sentiment?

30 When you are with a group of people, would you usually rather

- A join in the talk of the group, or
- B talk with one person at a time?

-
- 31** Do you think that having a daily routine is
- A a comfortable way to get things done, or
 - B painful even when necessary?
-

- 32** In your way of living, do you prefer to be
- A original, or
 - B conventional?
-

- 33** Do you feel it is a worse fault
- A to show too much warmth, or
 - B not to have enough warmth?
-

- 34** Among your friends, are you
- A one of the last to hear what is going on, or
 - B full of news about everybody?
-

- 35** Do you usually
- A value sentiment more than logic, or
 - B value logic more than sentiment?
-

- 36** At social gatherings, do you
- A try to corner somebody you like to talk to, or
 - B mix with the group?
-

- 37** When you have a special job to do, do you like to
- A organise it carefully before you start, or
 - B find out what is necessary as you go along?
-

- 38** Would you be better off if
- A routine came more easily to you, or
 - B variety came more easily to you?
-

- 39** At parties, do you
- A sometimes get bored, or
 - B always have fun?
-

- 40** In your home life, when you come to the end of some undertaking, are you
- A clear as to what comes next and ready to tackle it, or
 - B glad to relax until the next inspiration hits you?
-

PART TWO

Which word in each pair appeals to you more? Think about what the words mean, not how they look or how they sound.

- | | |
|-------------------------------|------------------------------------|
| 41 A statement
B concept | 57 A sign
B symbol |
| 42 A convincing
B touching | 58 A firm-minded
B warm-hearted |
| 43 A speak
B write | 59 A accept
B change |
| 44 A punctual
B leisurely | 60 A who
B what |
| 45 A build
B invent | 61 A scheduled
B unplanned |
| 46 A approve
B question | 62 A known
B unknown |
| 47 A concrete
B abstract | 63 A wary
B trusting |
| 48 A benefits
B blessings | 64 A facts
B ideas |
| 49 A calm
B lively | 65 A gentle
B firm |
| 50 A orderly
B easygoing | 66 A foundation
B spire |
| 51 A literal
B figurative | 67 A justice
B mercy |
| 52 A analyse
B sympathise | 68 A theory
B experience |
| 53 A production
B design | 69 A uncritical
B critical |
| 54 A soft
B hard | 70 A thinking
B feeling |
| 55 A reserved
B talkative | 71 A fluid
B solid |
| 56 A systematic
B casual | 72 A compassion
B foresight |

PART THREE

Which answer comes closer to describing how you usually feel or act?

73 Is it higher praise to say someone has

- A vision, or
- B common sense?

74 Are you more careful about

- A people's feelings, or
- B their rights?

75 When you are at a party, do you like to

- A help get things going, or
- B let the others have fun in their own way?

76 Do you generally prefer to

- A make your social engagements some distance ahead, or
- B be free to do things on the spur of the moment?

77 When you are with a group of your good friends, do you

- A do more than your share of the talking, or
- B do less than your share of the talking?

78 Are you naturally

- A more interested in people than things, or
- B more interested in things and how they work than in human relationships?

79 In a large group, do you more often

- A introduce others, or
- B get introduced?

80 When you go somewhere for the day, would you rather

- A plan what you will do and when, or
- B just go?

81 Do you prefer to think about a matter by

- A talking it over with someone, or
- B mulling it over in your mind?

82 Can the new people you meet tell what you are interested in

- A right away, or
- B only after they really get to know you?

83 With routine chores, do you prefer to

- A polish them off at the beginning of the day, or
 - B work them into the intervals of a more interesting project?
-

84 Do you usually say

- A more than you mean, or
 - B less than you mean?
-

85 Do you

- A get a real satisfaction out of doing a task before it actually has to be done, or
 - B enjoy the speed and efficiency you acquire just before a deadline?
-

86 When you meet strangers, do you find it

- A pleasant, or at least easy, or
 - B something that takes a good deal of effort?
-

87 When you have a suggestion that ought to be made at a meeting, do you

- A stand up and make it as a matter of course, or
 - B hesitate to do so?
-

88 Would you have liked to argue the meaning of

- A a lot of these questions, or
 - B only a few?
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