

A STUDENT PLACEMENT WITH “THE FAMILY AND THERAPY PLACE”

About us

We are a small and passionate team of Counsellors and Play Therapists, dedicated to providing low cost/free counselling to meet the mental health needs of all ages.

You can help us do this

- Our aim is to provide children, young people and adults with a safe and understanding space in order to alleviate distress.

We are a ‘not-for-profit’ Community Interest Company (CIC), created to serve the mental health needs of the Swansea community, with a strong focus on families and strengthening relationships. Funds are very limited as we rely mostly on grants and so your input is crucial in helping us help more individuals in our communities.

Take a look at our leaflet to find out more and see our website for further details
www.familyandtherapy.co.uk



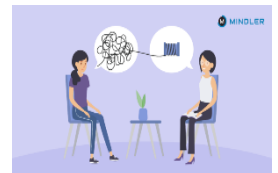
Our Team



Our Directors: Katie is a qualified play therapist and adult counsellor. Natalie is a qualified play therapist and Aileen is a qualified counsellor for Adults and Children and also works with teens. We have a team of about 15 **wonderful** part-time fully qualified experienced counsellors/play therapists and 5 **lovely** student volunteers. **We truly love our work and you will find a very warm welcome with us !!!! We are all very nurturing and pride ourselves on having a very happy team ☺**

Clients and location

- The majority of our referrals come from GP surgeries in Swansea but we also accept private referrals. We offer short term (6-8 week) face to face / online counselling and longer term play and creative/talking therapy for children.
- Partnership is key to positive change and we work closely with surgeries and other support services in the community.
- We mainly deliver within surgeries, but also therapy rooms in the community including our own dedicated play therapy room.
- We provide a range of different emotional support, such as 1:1 Counselling, Play Therapy, parent support, Theraplay and DDP.



Therapy is provided within the surgery working hours of 8.30 – 6pm during weekdays

Support for students

- ✚ We value volunteers as an integral part of our organisation and will support our mutual needs through a well-planned student induction and supervision process.
- ✚ We have a number of students currently on placement and are experienced in taking care of them

We appreciate that there are costs associated with volunteer involvement and want all our work to be of the highest calibre and understand how important adequate supervision is and so **we make a monthly financial contribution** towards students' clinician supervision costs.

We also provide **our own in house-support** which provides the opportunity for monthly **peer group support and whole TEAM meetups every 6 weeks**

We really want you to feel part of our team and also welcome your sharing of your up to date knowledge from your University course with us

Every volunteer is assigned a placement supervisor who supports them fully through their time with us, including through paperwork for their course, and assisting with assignments and resources.

Students can expect:

- To have clear information about what is and is not expected of them.
- To receive adequate support and training.
- To be treated with respect and in a non-discriminatory manner.
- To have opportunities for personal and professional development.
- To be recognised and appreciated.
- To be able to say 'no' to anything which they consider to be unrealistic or unreasonable or which makes them feel uncomfortable.
- To know what to do if something goes wrong or they have a concern.



What other students have said about us...

"The team at The Family and Therapy place have given me the most supportive placement opportunity. Immediately I felt part of this wonderful team and I feel that I am continuously developing with their support and guidance!."

We do so hope you will join us to share our counselling journeys together

Katie, Aileen and Natalie

If you would like to know more contact Aileen: 07759 094879 or aileen@familyandtherapy.co.uk

