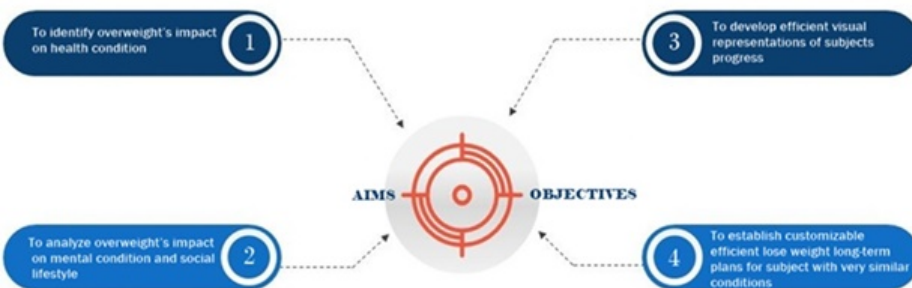


Excess Bodyweight Management

Android Application

The aim of this project is to develop a mobile application using Android platform for identifying the effects that being overweight can have on lifestyle and mental health.

The subjects are able to create long-term customizable plans for reducing the bodyweight.



RESEARCH METHOD

In this research project, **secondary data collection** method is used and **public records** are analyzed.

TIMETABLE - incremental model

September - November	Search workouts Measure workout	February - May
Prototype	Version 1	Version 2
Manager User profile Vizualize Workouts Workout plans for user profile	November - February	Workout notifications Workout statistics Workout template migration Workouts reporting



Tools & Software



android



LITERATURE

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Haslam, D. (2016).
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