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This research talks about organisational and resilience in a care homes by ross et al (2022) and how members of staff deliver high quality care rather than focusing on mistakes and how staff members solve problems in everyday practice using the resilience healthcare (RHC) and care model and make better life for residents and different changes every day and provide safe and effective care for older people despite working in complex and a challenging environment residents in care homes face many multiple health condition, dementia or reduce mobility meaning their care needs can change quickly staff are required to balance these changes needs.

the research investigates how care home staff adjust to these changes and continue to provide good quality centred care.

The research focuses on understanding how health care professionals successfully adapt to changes rather than focusing on mistakes or failures instead of using what went wrong this examines how staff make decisions and priorities task and work as team together at achieve positive outcomes the study also uses the (care concepts for applying resilience's engineering) model to explore how resilience's can be improved within care home setting.

The study by ross et al (2022) was to explore how care homes staff provide safe and effective care for elderly people while working in complex and challenging environment rather than focusing only on errors or poor outcome the researchers wanted to understand how members of staff adjust to challenging situations and making better outcomes and maintain high quality care using resilient healthcare framework and care model the research examines everyday practise identify the factors that support organisational resilience the findings were intended to inform future improvement in

care homes, practise staff support and high quality care provide to the elderly residents.

Ross et al (2022) used qualitative research to investigate how care home staff provide safe and effective care for elderly residents in every day practise in this study the researcher wanted to understand how staff adjust to different changing situation a qualitative approach allowed them to explore these experience in detail and understand the reason behind staff actions.

The researcher collected data over a period of 24 months which gave them opportunity to observe care over long period rather than relying on a single visit spending time in the care homes give researchers to build a better understanding off every day routines and the challenging faced by staff

The researcher used purpose sampling to recruit participants purposive sampling involves selecting individual who have knowledge or experience off the topic being studied in this study care homes managers, carers, nurses, inspectors, allied health professionals, residents and family members were included because they could provide valuable sight into organisation of care

An important strength off the study was large amount off qualities data collected the researchers completed 68 hours off observation 33 hours individual interview and several focus group and workshop discussions.

The data were analysed using NVivo software alongside the care (concepts for applying resilience Engineering) model NVivo helps researchers organise and manage large amount of qualities information but does not analyse the data itself.

In conclusion Ross et al (2022) provides a helpful and well layout qualitative study that helps explain how care homes staff manage the demands of caring for elderly people in complex environments. The research was appropriate because it explored real life experiences, staff decisions making and practical challenges of delivering care. Use of observations, interviews, focus group and workshops discussions gave the researchers a broad and detailed understanding of everyday practise this made finding more credible and useful for health and social care practise.

The study shows that good care in care homes depends on staff being flexible and working together and responding to changing resident's needs. It also highlights areas for improvement such as reducing paperwork improving communication and supporting person centred care. Although the study has limitations including small voluntary sample it still gives valuable insight into care homes practise overall it it's a strong example of how qualitative research can help improve health social care.

References

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