

WHY IS PSYCHOLOGY IMPORTANT WHEN WORKING AS A YOUTH OFFENDING TEAM LEADER

PSYCHOLOGY FOR HEALTH AND SOCIAL CARE

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"Unexpressed emotions will never die they are buried and will come forth later in uglier ways"

-Sigmund Freud

FREUDS PSYCHODYNAMIC APPROACH

By applying Freud's psychodynamic approach to youth who are known for offending behaviour, their behaviours will have meaning. Their behaviour is not random or due to their nature but may be due to their unconscious processes. Freud's psychodynamic approach allows team leaders to look at the background of an individual and other factors in the individual's life which may be contributing towards their offending behaviours, giving a better understanding of the behaviours and why they are happening.



THE ID, THE EGO AND THE SUPER-EGO

- ▶ THE ID: The id is present in the unconscious and contains the libido which is the energy created by reproductive instincts. And the id operates based on pleasure principle
- ▶ The ego: the ego is what mediates between what the id demands and the reality of the real world. For example if the id requires gratification, the super ego may delay this until there is a more appropriate time to satisfy the id
- ▶ The super ego: the super ego is found in both the conscience and the ego-ideal. The conscience is what follows the rules of society. It is what determines which behaviours are suitable and creates a feeling of guilt when rules are broken



How a professional, in this role, can use their understanding of psychology to support a service user?

- ▶ Freud's theory of psychoanalysis can be applied when working as a team leader for offending youth aiding leaders to be practical in the way they tackle the problem at hand. It provides a conceptual structure for understanding seemingly inexplicable patterns of behaviour (OnlineMswPrograms, 2020)
- ▶ Team leaders can use the psychodynamic theory to get to the root of the emotions and thoughts which lead to these behaviours. Team leaders can use techniques such as:
- ▶ Transference--> A person's feelings and expectations for one person are redirected to another
- ▶ Free association--> the youth leader can encourage the individual to write down all their thoughts and feelings
- ▶ Dream analysis--> this will allow us to understand more of the person's unconscious and may lead to a greater understanding of why they commit the behaviours they do

For more knowledge on Freuds theory watch the video on this slide, Thank you for listening!



REFERENCES

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