

Module Code	ECCY7007
Title	Understanding trauma and the mental health needs of the child
Date	28/10/2022
Level	7
Credits	30
Pre-Requisites	None

AIM(S)

- To enable students to critically understand the complex nature of childhood trauma and the influence of ACEs and attachment on child development and their relationship to trauma.
- To enable students to gain a critical understanding of the social, emotional, and mental health needs of children.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate a critical understanding of trauma-informed practice and cultural sensitivity;
- demonstrate a critical understanding of the contemporary rhetoric surrounding ACEs and Attachment theory;
- evaluate and identify a range of strategies and interventions that can be used to support the social, emotional, and mental health needs of children;
- take responsibility for their own learning and skill development, including effective personal planning, self-reflection, and project management skills.

INDICATIVE CONTENT

- Factors that influence the social, emotional, and mental health needs of children
- Identifying risk and resilience factors
- Exploring key issues such as anxiety, bereavement, emotional reactivity
- Enhancing peer support
- Developing effective communication with children
- Neurobiology and Childhood trauma
- Trauma-informed practice and practical interventions
- Adverse Childhood Experiences and building resilience
- Examination of the contemporary discourse surrounding Attachment theory
- Exploring specific client groups and the impact of trauma
- Identifying appropriate creative interventions
- Exploring professional roles and boundaries

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	10%
Independent learning	270	90%
Placement learning		
TOTAL	300	100%

ASSESSMENT

Assessment Component 1

☐ Written exam ☒ Coursework ☐ Practical

Mode of assessment	Volume	Weighting
Written assignment: Case study and Reflective account	4,000 words	50%

Assessment Component 2

☐ Written exam ☐ Coursework ☒ Practical

Mode of assessment	Volume	Weighting
Presentation	20 minutes	50%

Assessment Summary

Activity type	Percentage
Written exam	
Coursework	50%
Practical	50%
TOTAL	100%

INDICATIVE READING LIST

Students will be expected to identify and engage in extensive use of appropriate primary source materials in the form of academic journals, specialised texts and policy documents of relevance to their chosen topic.

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Module Title	Understanding trauma and the mental health needs of the child	
Classification	Reading List entry	Electronic*

Essential	Burton, Pavord, E., & Williams, B. (2014). <i>An introduction to child and adolescent mental health</i> . London: SAGE.	☐
Essential	Laver-Bradbury, C, Thompson, MJJ, Gale, C, & Hooper, CM (eds) (2021). <i>Child and Adolescent Mental Health: Theory and Practice</i> , Taylor & Francis Group, Milton.	☒

Essential	Malchiodi, C. (ed) (2015). Creative Interventions with Traumatized Children. 2nd Edn. New York: The Guildford Press	☐
Essential	Holmes, J. (2014). John Bowlby and Attachment Theory. 2nd Edn. Routledge	☐
Further	Geldard, & Geldard, D. (2017). Counselling children: a practical introduction (5th ed.). London: SAGE.	☒
Further	Glazzard, J. & Bligh, C. (2018). Meeting the Mental Health Needs of Children 4-11 Years (Positive Mental Health). Critical Publishing Ltd	☒
Further	Prever. (2010). Counselling and Supporting Children and Young People: A Person-centred Approach. SAGE Publications.	☐
Further	Shotton, G, & Burton, S 2018, Emotional Wellbeing: An Introductory Handbook for Schools, Taylor & Francis Group, Milton. Available from: ProQuest Ebook Central.	☐
Further	Brooks, R. (2019). The Trauma and Attachment-Aware Classroom: A practical guide to supporting children who have encountered Trauma and Adverse Childhood Experiences. Jessica Kingsley Publishers	☐
Further	Burke-Harris, N. (2020) Toxic Childhood Stress: The Legacy of Early Trauma and How to Heal. Main Market Edition.	☐
Further	Moore, J. E. (2021). Developing Secure Attachment Through Play: Helping Vulnerable Children Build their Social and Emotional Wellbeing. Routledge.	☐
Further	Treisman, K. (2016). Working with Relational and Developmental Trauma in Childhood and Adolescents. Routledge.	☐
Journal	Child and adolescent mental health.	☒
Journal	Journal of child & adolescent trauma.	☒
Journal	Journal: Attachment & human development.	☒
Journal	International journal of emotional education.	☒
Website	https://www.healthcaretoolbox.org	☒