

University of Wales Trinity of Saint David London

Academic and Employability Skills
BMSW4001

PRESENTATION

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About me :



My name is Aleksandra. I'm 27 years old.
I'm originally from Bulgaria. I live in London ,United Kingdom from 5 years .
My previously education is English classes and Beauty therapist basic level.
My previously job is in hospitality and beauty industry .I am married and I have two kids . My hobbies are photography and hiking. At this moment I'm full time student at University of Wales in London .

The Beginning :

The module Academic and Employability skills start on a 17th July with lecture Mr. Gregory Cowan .This was the first time we meet each other -virtually .At the first class we all introduce our-selves . My first impression when I started this module was very positive. The first lesson Time management was very interesting for me .

I will be honest and I will say that I was feeling a bit scared and confused about some technical issues and not understanding words.

After every class I was feeling myself more and more confident ,because I learn a lot of new academic words .That's how we start every class /meaning of academic words/

I improve my academic writing and update my CV. Also started to use time management tools /Scoro app/ Now I can say that I know where am I going. I have a clear vision of what I want and I need.



Intended
career:

I would like
after
finishing
this course
to start
working as
a teaching
assistant in
nursery or
school .

Future
Plans :

I choose
this course,
because is
related to
my future
plans. I
wish to
continued
my study
with another
management
course .

Career
Objectives:

With these
two
qualifications
and
experience as
a teaching
assistant I
have plans to
achieve a
leader
position in
nursery or
school.

Dreams :

My dream
is someday
to have my
own private
children
centre.

Most impressive:

1. Time management , because “Time management” refers to the way that you organize and plan how long you spend on specific activities . Benefits from time managements is :

- Greater productivity and efficiency
- A better professional reputation
- Less stress
- Increased opportunities for advancement
- Greater opportunities to achieve important life and career goals

2. CV writing , because CV is the first impression when applying for job. With good CV you can get the dream job.

3. Academic writing is very important skill because well structured arguments and information in your writing is the key factor for career development.

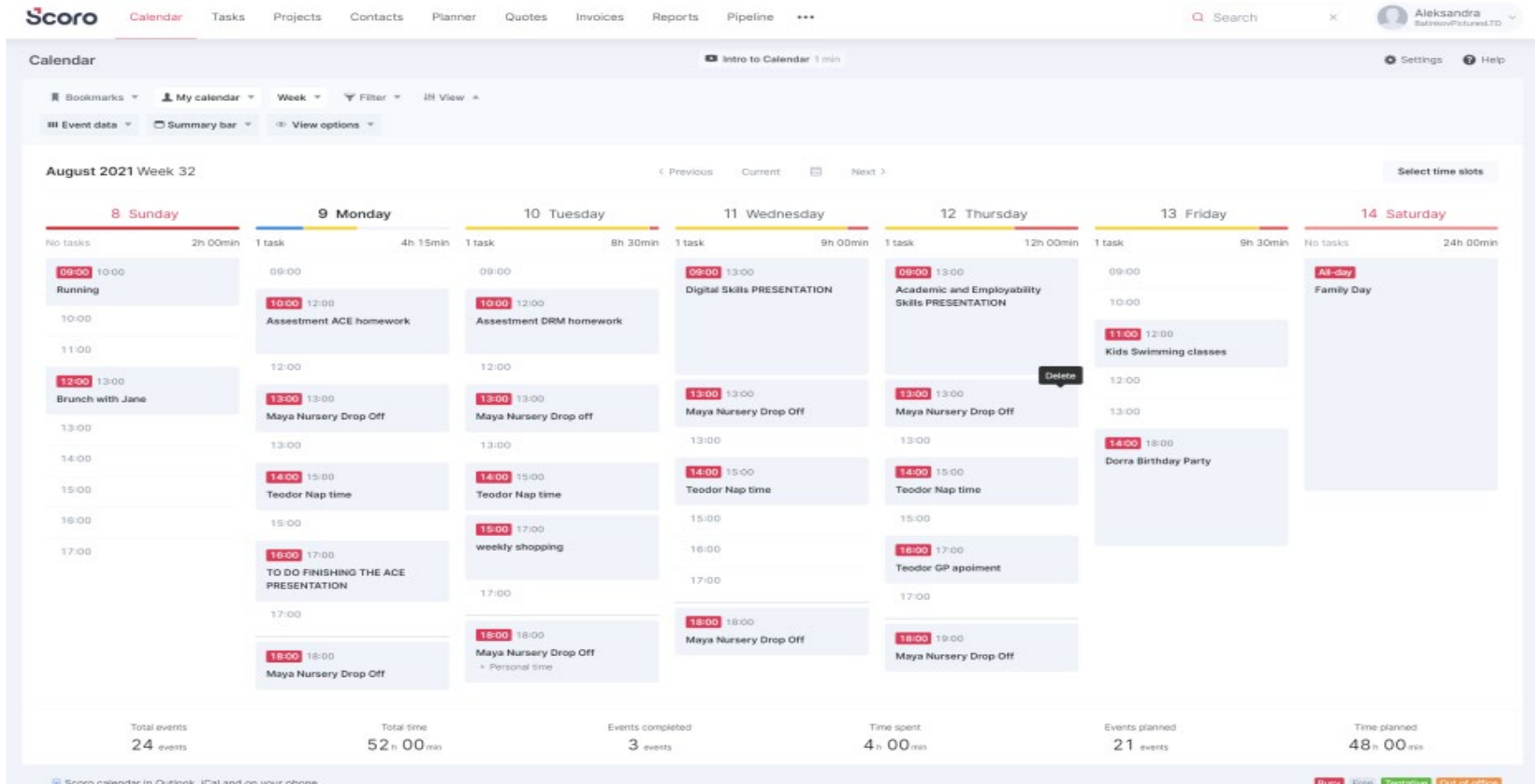
4. Public speaking is gonna be very helpful for me in my career as a teaching assistant ,because I must to captivate the students attention first and get them respond to me ;to show confidence and well speaking.

Personal challenge

My personal challenge during this class was the **TIME**

The Time —our biggest enemy. My study time was limited , because I'm parent and I need to looking after my two kids and in the same time to be student . That was the biggest challenge for me .

We have no control over time, but we have control over ourselves. We can make a choice how to use our time . After learning about time management I made my own schedule. And then the time became my biggest friend not my biggest enemy .I become more productivity in personal and professional aspect.



SWOT ANALYSIS



Swot Analysis - understanding yourself ,who you are and what you want !

