

Module: Living with Care: The older Person

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Assessment 2: Debate & Supporting paper

This a supporting paper that surrogates and cooperates withing the debate.

The aim of this supporting paper is to critically evaluate the historical prospective future on. What touches grounds of health and wellbeing of the older adult. Also, this paper consists into examine the current initiatives and policies for the prospective future of the older person.

To initiate the debate, one topic was chosen among my colleagues in which present strong structure of standpoints and arguments as the outcome to defend and surrogate our researched facts. The chosen topic question for the debate was: *“Does population ageing pose challenges for the health and social care systems?”*. It was agreed on the group debate that we would surrogate facts, statistics that prove that the ageing population does not poses challenges in the health and social care systems. It is important to freeze as stated at our introduction that ageing should be looked as a life stage where we live life gracefully and be thankful for the learning experiences and knowledge path that life as taken us to. In a vague description old age, according to Britannica encyclopedia, is defined as: *“Old age has a dual definition. It is the last stage in the life processes of an individual, and it is an age group or generation comprising a segment of the oldest members of a population.”*

According to the Health world organization the size of population and how old people are, are both affected by three demographic processes which are: births, migration and death.

Also, it is known that there's no universal age that is considered old, however countries in the Europe and other western countries, between 60 and 65 is the age where there is an eligibility for retirement. There also many factors that influence old age such as: biological, chronological, appearance and mental age.

During the debate we had enough standpoints that is valid to surrogate the fact that ageing population does not poses challenges in health and social care systems. The main one was contribution of old people into the health and social care sectors and systems. It is well known that the health social care sector is a business that exchanges care for jobs. This standpoint proves that old people do require person centered approach, which means focusing on elements of care that support the care required by the patient this including their family members, this helps to define and identify priorities according to patient needs.

Economically ageing population also do contribute health and social care systems, having more people in the health and social care systems it helps population in general to have more jobs offers or funded care service from friends and family. According to Age Uk *“ Older people account for around two thirds of recipients of care provided, or arranged by, a local authority, and around half of total public spending on adult social care. However it is worth noting that the majority of care overall is actually delivered by friends and family, or through privately funded services.”* This surrogate there are many jobs opportunities in the health

social sectors that can be good for immigrants who are looking for jobs in this way they are putting input in what touches to more employment within the health sector. Also, it is known that funds from ageing population do contribute financially to health and social care systems, for example care homes. Elderly people contribute and fund in some positive way for the health when paying their taxes.

Another form that ageing population do pose challenges within the health and social care systems, now the nursery is giving more expenses, parents do not have who to leave their kids to provide financially for the ageing population pay positive contributions for the health and social care systems by staying with their grandchildren and taking care of them and provide all the support required. In another perspective ageing people contribute into children education, knowledge, and development. As they have accumulated life experience it is normal that learn way quicker as they get to spend leisure times together, this gives the ability of being the ideal mentor for the family and for the children who surrounds them. These kids will have a knowledge that they will not strange nor differ to what they have learnt at home when going to educational establishments.

According to Age UK "Now around 9 in 10 people will see their 65th birthdays (King's Fund 2014). At this point a man can expect to live at least another 19 years on average, while a woman can expect to live another 21 years (ONS 2018d). Increasing longevity is a major success story, and one in which the health and care system has played an important part" *Age UK, 2022*. These statistics only prove of how important elderly people are and how much they input for the health social care systems

In relation to other views on the debate it was understandable that the group opponent to us had different perspectives as they to defend according to their facts and it was critically looked that old people pose challenges. Some of the facts and standpoints picked up from the debate were:

The increase of health care cost among the health care settings and service, which is understandable, as you age it is normally that you pick common illnesses therefore that's why nurses and healthcare assistant are being trained and supported to learn how to medicate and deal with specific individual, therefore cost is incoming from pensioners who one contributed with their tax pay. This factors also contributes for the shifts to the economy. This also only proves that ageing population in some way to input help to fill labor gaps within the health sector.

The COVID 19 sadly an impact in elderly people specially the isolation. People who had access to health and social care systems like care homes, also to mention that not also facilities were opened at the time, in a way were favored as they were able to communicate

and socialize from a distance to their peers. Unfortunately, mental health was more affected in younger generations compared to older adults.

In conclusion with these debate it was clear that old people are needed in our society as they come with better life experiences and human values. The arguments mentioned in the debate it surrogates that elderly people are essentials humans with good knowledge of life

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