

Reflection 7

Last week, I presented my work about the role of job I want to do in future that is midwives, and in this reflection, I will explain what I have learned by sourcing, what went well during my presentation, and what I could do better in the future.

To understand what midwives do, I checked websites like the NHS, WHO, and the Royal College of Midwives sources that know their stuff. Those pages gave a clear idea of what midwives do on the job while showing how vital they are during pregnancy and birth. Instead of guessing if info was good, I ran it through the CRAAP method that I have learned in class, judging timeliness, fit, credibility, truthfulness, and intent. That way, picking resources felt easier since I could tell the facts came from legit groups keeping up with today's practices.

Certain aspects of my study went well. I was able to see how midwives take care of moms during pregnancy and birth thanks to educational videos and the clear explanations found on the NHS and RCM websites. But I also had difficulties. Many sites talk about general maternity care more than specifically addressing midwives, and some articles were overly technical. To verify accuracy, I had to compare data from other websites to see the difference, which added time but helped the comparison of my research.

For my presentation, I prepared by organising the information into different parts, practising my explanation, and identifying the most important views of my work. What went well was my ability to summarise the role and importance of midwives in a simple way. What I found difficult was deciding which information to include, because the topic is broad. Next time, I would create stronger visual aids to support my presentation.

I feel confident using good sources and explaining what I find. However, I still struggle summarising long texts. Feedback on structuring presentations would help me improve. Before next term, I want to develop better note-taking habits, manage my time more effectively, and strengthen my presentation skills. For Task 3, I plan to focus on evaluating sources carefully, organising ideas clearly, and practising delivery so I can achieve a clear view and get a good result.