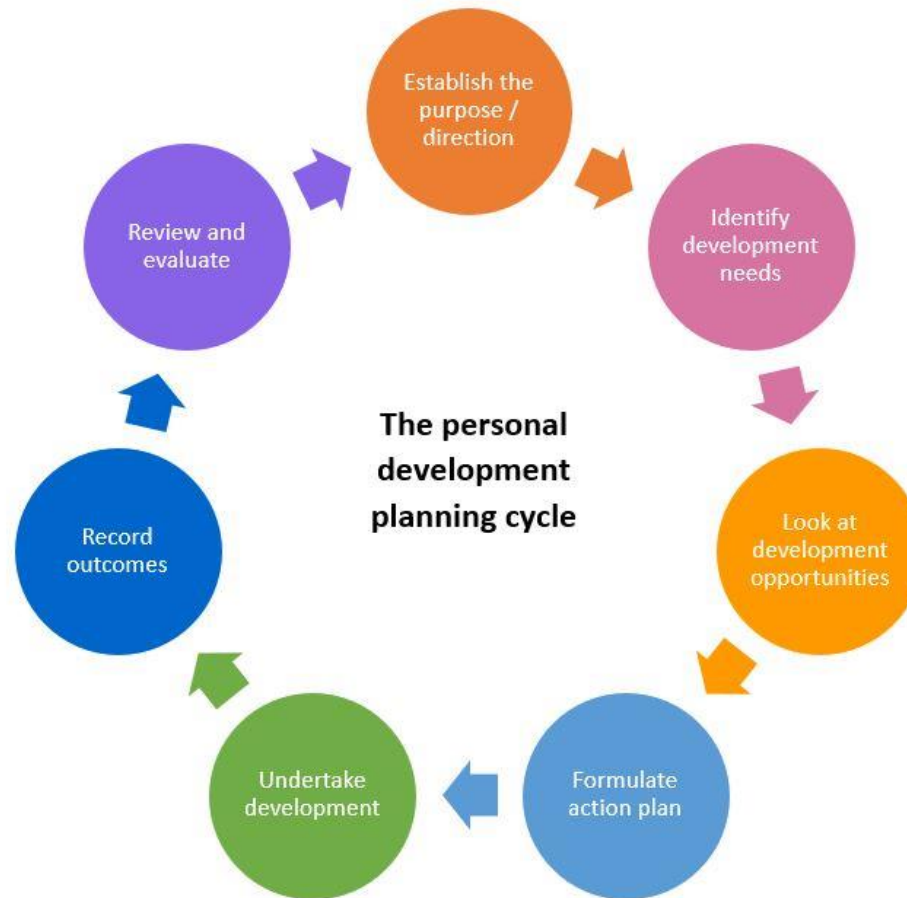


Academic and Employability Skills

- ▶ **Module Code: BMSW4001**
- ▶ **Student: Ferline Danqua**
- ▶ **Student number: 2030736**
- ▶ **Lecturer: Gregory Cowan**

Personal Development Plan

Is the process of creating an action plan based on awareness, values, reflection, goal and planning for personal development regarding a career or self-improvement.



Action Plan

- ✓ Goal: Be graduated in adult nursing course
- ✓ Action: Develop and improve more my communication and interpersonal skills
 - Work in institutions to earn more practical experiences
- ✓ Resource: Find University and institutions with requirement I need
 - Start adult nursing course
- ✓ Measurements: Satisfaction of the big achievement
- ✓ Target date: By mid-2025

SWOT

As it is an analysis and development tool, I define my strengths as being positive, open minded to new ideas and perspectives and communicative; weaknesses as being anxious and doubting my abilities; opportunities to keep studying and working on my self efficacy and the threats are negative environment around myself.



Time management tools

It permits me to know how much and how well I use my time on my daily activities.

Academic writing: I have to think in an analytical way by collecting and analysing information and then communicating it in a manner that makes sense to the reader.

Reflective writing: Is a way of processing my practice-based experience to produce learning.

Employability: Is a series of skills, knowledge and personal qualities that will make me more employable in my future career.

Future Career

In this module, I have learned that to be a good nurse, I will need to learn and improve many skills such as academic skills, critical thinking, decision making and problem-solving. I have also learned that communication and interpersonal skills are essential elements in nursing. My role as an adult nurse will be to listen and communicate with patients; care about them; when facing problems, use my judgment; teach, advise and manage my time well.

References

Pearce, C. (2007) Ten steps to carrying out a SWOT analysis. *Nursing management*, Harrow, London, England. 14 (2), 25-25.

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Any
questions?

