

I confirm that I have not used any AI tools in the research and creation of this assignment. I confirm that I have not presented any AI generated materials as my own work. I confirm that I have copies of my drafts, notes, and other resources I used, which I may be asked to provide in evidence.

In-depth Analysis:

This is an in-depth analysis of a programme planned to be carried out in my Level 5 placement. This will include an analysis of a session that I led in a sixth form class with young people, aged sixteen to nineteen. Looking at aspects that went well and that could be improved will help to develop my planning and my practice going forward.

Firstly, the session that I led in the sixth form class was focused on wellbeing and empowerment (Youth Work Wales Review Group, 2022). The plan was to create affirmation jars with the young people. This included sticking affirmations that they had chosen or written to multicoloured lollipop sticks; the pre-prepared affirmations were short and easy to understand sentences, such as, I am creative, I am loved, I am kind, I am friendly, and I learn in my way and that is awesome (see Appendix 1). I also encouraged the young people to think of their own affirmations and/or things that they are proud of. Each young person also had a paper gift bag to decorate with colours and stickers for safekeeping and easy transportation. This whole process made the end result unique, individual and personal to each young person. During the feedback at the end of the session, the majority of the young people said that they really enjoyed the opportunity to be creative, and a couple of young people approached me afterwards and told me that they really enjoyed the lesson. I also got feedback from my learning mentor from the session, who enjoyed the session and gave me a few things to improve going forward. The two main things were to make sure that every student was doing something at all times, and to give more instructions to the staff in the class on how they

can support the young people during my session. The latter of these two improvements I am not really used to doing, especially in a school/classroom setting, but this is something I will aim to work on in the future. Another thing that I need to work on is my confidence in facilitating a session and holding a room, but that will hopefully become more natural with practice, and it is something that I am aiming to work on going forward.

Other aspects of my planning and preparation for being in placement included discovering new and innovative ways to help the young people with a range of additional learning needs to learn, for example, maths and numeracy, and literacy. For maths and numeracy, this could be using a twelve and twenty four hour clock visual for learning about time and how to read a clock. Another example from the maths and numeracy lessons is a combination of physically using my hands and showing the young person/people the number and the use of number blocks as a visual representation of addition and subtraction. Another example I can give is during expressive arts lessons, which have mostly been focused on arts and craft, is finding ways to adapt and support the young people in a way that makes the task more accessible to them. As a practitioner, some of these things were a process of trial and error, in a new environment like Canolfan Elfed.

In conclusion, this placement has challenged me in programme planning and carrying out leadership skills within the environment, as it is completely different from anything I

have done before. However, it has given me experience and skills that are transferable to other settings that I take forward to improve my practice.

Reference List:

Youth Work Wales Review Group. (2022, pg 5-6). *Youth Work Wales: Principles and Purposes*. Education Workforce Council.

Appendix 1:

Affirmations:

I AM CREATIVE	I AM BRAVE	I AM STRONG
I AM LOVED	I AM KIND	I AM FRIENDLY
MY FEELINGS MATTER	MY OPINIONS MATTER	I AM INTELLIGENT
I AM SMART	I AM VALUABLE	I AM CONFIDENT
I AM TALENTED	I DESERVE RESPECT	I ALWAYS TRY MY BEST
I AM COURAGEOUS	I AM POLITE	I AM PROUD OF MYSELF
I LEARN IN MY OWN WAY AND THAT IS AWESOME	I CAN OVERCOME MY CHALLENGES	I ASK FOR HELP WHEN I NEED IT