

2018352Alexandra Bizga

by Alexandra Bizga

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FAMILY C

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INTRODUCTION

Family C

Mother
Mental health

Young women aged 17

2 young adolescent boys
Bad behaviour of one of the boy

Nursery School aged daughter

2 adult daughters living
independently

Mother mental health



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Many parents with mental health problems are able to give their children safe and loving care, without their children being negatively affected in any way (learning,2021)

Parents with mental health problems need support from family members, friends, neighbors, and/or professionals to help them care for their children.

Parents with mental problems need help to care for their children when:

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- The impact of parental mental health problems on family life.
- Signs that a child or their family might need support.
- A summary of the relevant legislation and guidance from across the UK.
- National support online and over the phone
- Giving patients and their families the support to identify and access services, information, and resources in their community.

Family support for the mother



- The mum can ask the ³ children for extra help around the house
- Need to feel safe to ask for help, people may see a person with mental health less capable to be a parent.
- ³ Managing in a crisis, when the person starts to become unwell and can't carry out the usual parenting responsibilities or having to go to the hospital can cause practical issues, stress, and worry for the family.
- Family needs to be with the mother the majority of the time, the 2 adult girls can help her with the other kids and they need to support the mother with family problems.
- According to Child Abuse Review (2006), the type of responsibility which children can take from the mother, depends on the nature of the mother's illness.
- Research tells us that a child can take on a variety of tasks, for example like domestic duties (washing up, housework). It also depends on the child's age the older he is the more he understands what he has to do.

HOW THEY AFFECT THE CHILDREN



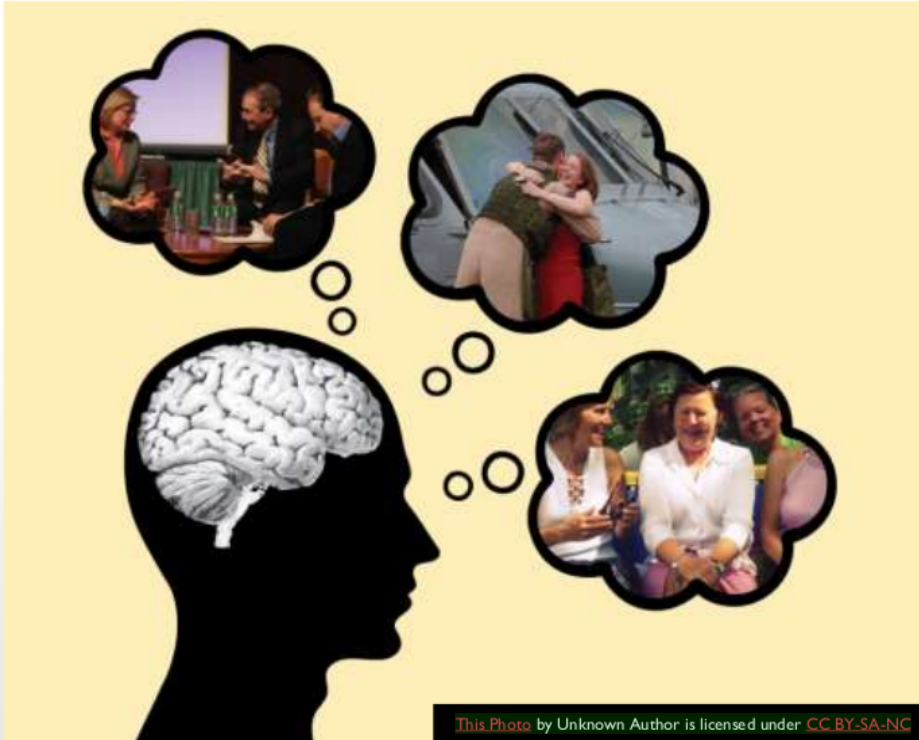
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- According to Maslow's(2023), introduction explains the importance of fulfilling the lowest need for food, shelter, and clothes which is part of psychological needs. Growing up with a parent who is a wish behavior issue can be unstable and unpredictable.
- Children may not learn proper coping skills, which affects them to improve themselves, and the children will be victims of bullying and all that frustrate them.

RISK OF BEHAVIOR

According to NHS (2023). As the mother has mental issues this can affect the children as she can't handle the teenager properly Being aggressive and violent. Violent at home and community. The media violence on the internet, movies, games etc. Using alcohol and drugs. Being the victim of abuse or ⁵sexual abuse



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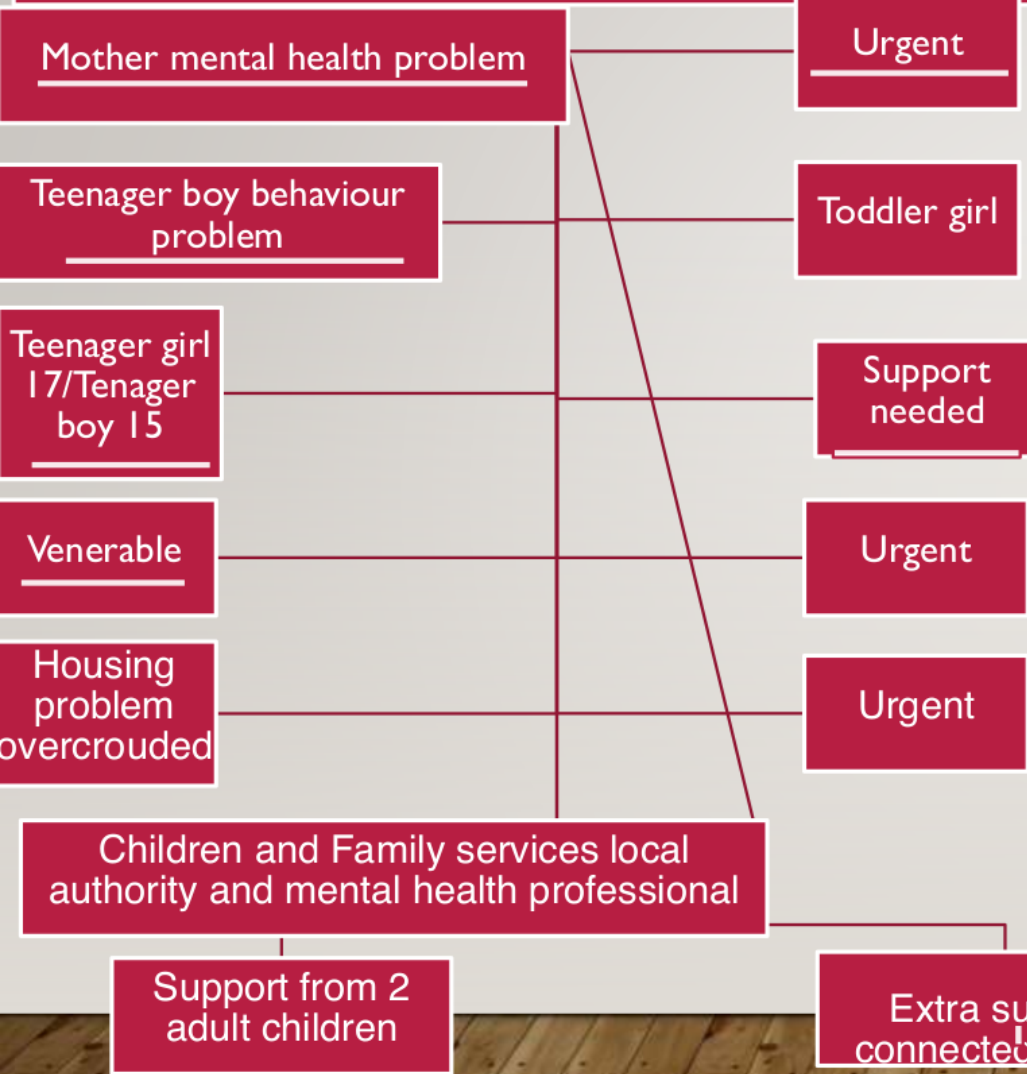
HOW THE 17 YEARS OLD CAN HELP MOTHER'S



- Educate yourself.
- Accept your parent's Mental illness.
- Set Boundaries With your Parent:
- Take a Break.
- Find Meaning in your pain.
- Surround yourself with supportive Friends.
- Discover Self-soothing.
- Practice Mindfulness

Family C Mother with 4 children Assessment

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Maslow's Hierarchy Of Needs(Accessed 17 June 2023)

Intervention

According to Maslow's hierarchy of needs, children and families must meet their basic needs to thrive. However, Bronfenbrenner's theory emphasizes the influence of a multi-level environment on children, which some say overlooks social emotional development. While Working with collaboration with others organisation. simplypsychology.org.(accessed 18 June 2023)

- Early Prevention, CAF is a central element to help families make a judgment, plan, and intervene. And the EHA plan for family C . NewhamScp.org.uk.(Accessed 19June 2023)
- According to the EHR report reducing prejudice and building relationships and different policies can make a change in family C's life. (JRF,2016)
- Basic human needs self-efficiency and discrimination social exclusion need to be met.

www.unicef.org.uk (Accessced (15 June 2023)

RECOMMENDATION AND CONCLUSION

- The local authority has the responsibility, according to the health care act 2014, to help safeguard advice and protect the family. The mother with mental health so that she can look after her children. Local authorities have the duty of care, To help the family, support workers can provide valuable assistance to those in need. It is also es for a teenage boy to undergo therapy to understand his behavior better.
- Assessment should be done in an emergency with the family and the adult sibling who is connected with them to determine if they can assist their mother, particularly with the vulnerable toddler girl in the nursery.
- www.unicef.org.uk (Accessced (15 June 2023))
- [Student id 1907752 Parveen Atchia](#)

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