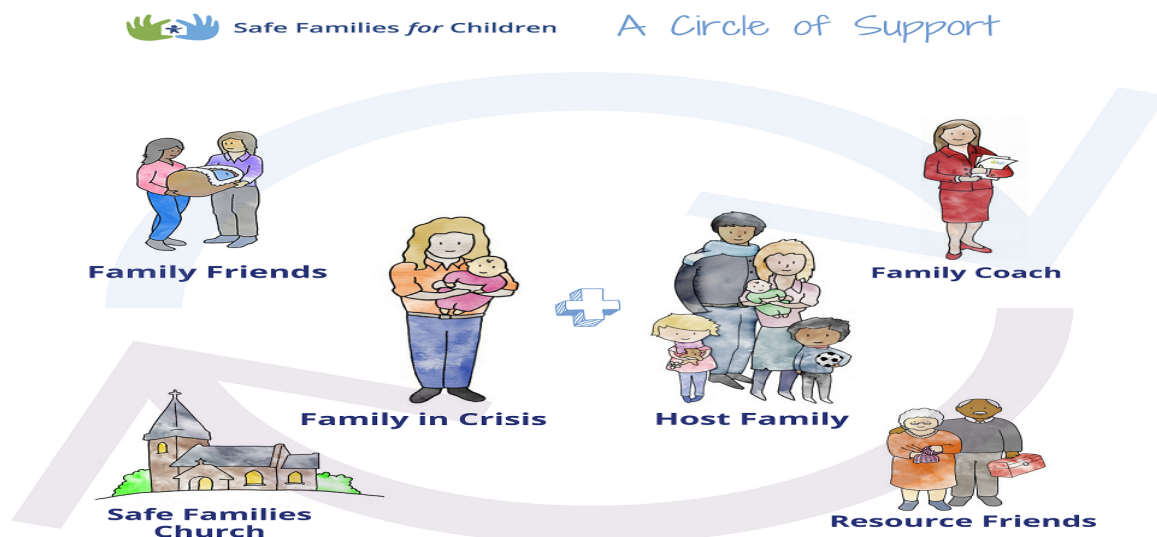


Children, Young People and Families

Individual Supporting Paper



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Introduction

This individual support essay discusses the family's wellbeing as it relates to the case study in group B. This example draws attention to the numerous agencies that need to be involved because this family is dealing with numerous issues.

I will first critically analyse and summarise what I have learned about the case study, the concept of children's wellbeing, social service organisations, and policy evaluation before coming to some recommendations and drawing a conclusion to round up the work.

Understand Case Study Group B

The primary participants of our case study are a mother and her four children. a primary school daughter, two teenagers, and a daughter who is 17 years old. Mother's mental health problems, such as her anxiety and sadness, are apparently having an impact on how the entire family behaves at home.

The family is being referred to the parenting division of the adolescent offending team as well as a few other pertinent organisations, including CAMHS, police school liaison personnel, forensic family therapists for youth in need, and specialists in anti-social behaviour.

Numerous organisations are already working with the family in this situation to support them and provide solutions to their problems. CAMHS, Youth In Need Team, Neighbourhood Services, Anti-Social Behaviour Team, Support Panel, Jobcentre Plus, Kinara Family Resource Centre, and Connexions were the organisations previously involved.

Group Collaboration

We had a case study that we've had to read and understand to comment on for one of our assignments. It was a group effort, therefore we had to elaborate before presenting it. The situation was difficult to understand at first, but once we became familiar with it, it became clear.

Group projects are designed to illustrate the significant advantages of social interaction. We should be required to compare, contrast, and absorb the various perspectives that we hear from our peers into our own thought processes.



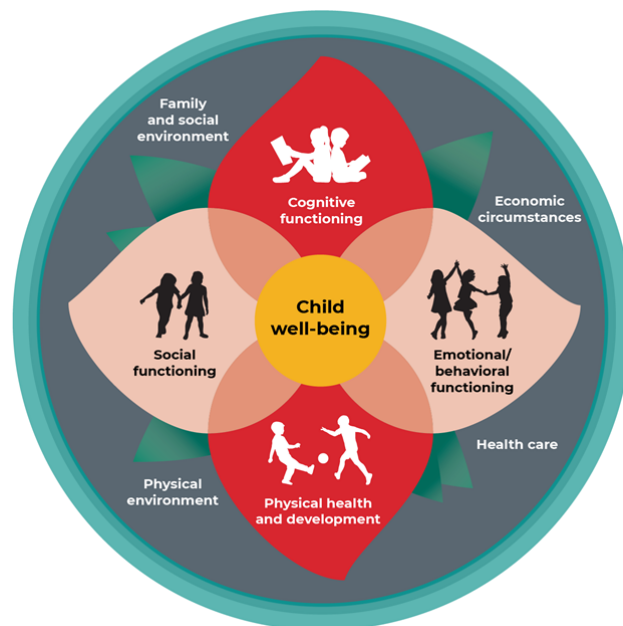
Key Components of Family Wellbeing

In relation to this case study, I could say that the wellbeing was quite uncomfortable because, in this circumstance, children's safety must be taken into consideration. In addition, if you look at family C, the kids are still suffering from the mother's mental illness.

Supporting children and young people's well-being is essential for ensuring their safety, promoting their development, and ensuring their success as adults (Public Health England 2021).

This mother's mental health issue may adversely affect the general wellness of these children for several reasons, including:

- Environment
- Stress
- A family's situation
- Abuse and neglect.



- (Mathematica.org, 2022)

Be mindful that a child's mental health can be affected in various ways by both good and bad experiences. In this case study, we discovered unmistakable proof that the mother's mental illness had an impact on the children's behaviour.

They might also become scared of novel surroundings, and perhaps aggressive in the future.



Viewpoints, Professional Guidance, and Interventions

The mother was not fully well because of her psychological Health issues, which prevented her from attending the parenting and personal development classes to which she was invited. Then, this may be the cause of how it has impacted every member of the family at home.

The mother can benefit from a variety of specialised mental health supports and treatments, including:

- Team for community mental health (CMHTs)
- Care for the social or community
- Residential care
- Crisis intervention
- A hospital treatment

The CMHTs oversee helping mothers who are depressed or anxious, nevertheless. They also provide medical care, including treatments and drugs.

Support from social services might assist with home repairs or benefit applications. Leave the children at school and protect them (Mind, 2019).

As 2 separate adult daughters living in residential care, they would benefit from furnished housing and the assistance of a mental health support specialist should they require it. There is a number (999) that people can contact to request mental health support in relation to crisis intervention, and this team (CRHT) can aid during a crisis at home by providing solutions to domestic issues.

Finally, the hospital might be the mother's best option for treating her issues. There, she could engage in a conversation circle with others to share her issues and find the recommended treatment (Mental Health Act 1983).



If we look at the action plans, we can see that policies were put in place to encourage kids to participate in extracurricular activities and to behave better. Counselling helped the mother control one of her children's rages and manage the daily nursery drop-off of her small daughter (Zweifler and De Beers, 2002).

The mother's involvement with the organisations helped her realise that the family environment she and the kids would create would serve to connect them from join the activities and encourage them to stay at home.

Since the children are so vulnerable in this situation, professionals have a huge responsibility and are required to take part and accompany the kids.

Recommendation

Even though there are currently certain agencies participating in the case, there should be professional oversight to investigate the matter, because we are dealing with a situation that is already having an impact on the behaviours, and attendance of children in school.

The frequency with which social workers visit families' homes is another issue I believe must change. In addition, it argues that the well-being of children must be considered and protect them from everything.

To protect the family's wellbeing, they should be moved into a temporary residence while the house was being repaired.



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