🧠🧠🧠 SCHIZOPHRENIA 🧠🧠🧠

Understanding the Disorder: Classification, Symptoms, Diagnosis and Evidence-Based Treatment

💜 Early diagnosis, evidence-based treatment and community support improve quality of life and recovery.

🧠 DEFINITION

Schizophrenia is a **severe and chronic mental disorder** that affects how people think, feel and behave. It may cause hallucinations, delusions, disorganised thinking and reduced emotional expression. Symptoms usually begin in late adolescence or early adulthood and require lifelong management.

🧠 💭 😠

❗ SYMPTOMS

- 👂 Hallucinations (hearing or seeing things)
- 💭 Delusions (false beliefs)
- 🗣️ Disorganised speech
- 🚶 Disorganised behaviour
- 😴 Lack of motivation
- 👥 Social withdrawal
- 😶 Reduced emotional expression

📒 ICD-11 Code: 6A20

👩‍🎓 Sandra Gomes | 🆔 C00247089
🏫 BSc (Hons) Health and Social Care
📚 BMHP6029 – Psychological Classifications and Provisions
🏛️ University of Wales Trinity Saint David

🗓️ July 2026

🧬 CAUSES & RISK FACTORS

- 🧬 Genetic predisposition
- 🧠 Brain chemistry imbalance
- 🤰 Pregnancy complications
- 🍃 Cannabis or drug misuse
- 😰 Childhood trauma or stress
- 🏙️ Urban living
- 👥 Social isolation

🩺 DIAGNOSIS

✅ Clinical assessment by a mental health professional
✅ ICD-11 (6A20) and DSM-5 criteria
✅ Mental State Examination
✅ Symptoms present for at least **1 month**
✅ Functional impairment
✅ Other medical conditions ruled out
✔️ 📋

📊 PREVALENCE

🌍 Around **24 million people** worldwide live with schizophrenia.
📈 Approximately **1 in every 300 people**.
👨 Slightly more common in males.
🎂 Usually develops between **15–35 years**.
👥👥👥👥👥👥👥👥👤
🟢 **1 in 300 people**

📈 GLOBAL PREVALENCE

Estimated people affected worldwide

- Schizophrenia — **24 million**
- Bipolar Disorder — **5.8 million**
- Autism Spectrum Disorder — **2.6 million**
- Dementia — **2.1 million**

📊 🌎

💡 KEY FACTS

⭐ Recovery is possible with early treatment.
⭐ Early intervention improves long-term outcomes.
⭐ Stigma may delay diagnosis and treatment.
⭐ Ongoing treatment reduces relapse.
🧠❤️☀️

💊 TREATMENT

- 💊 Antipsychotic medication
- 💬 Cognitive Behavioural Therapy (CBT)
- 👨‍👩‍👧 Family intervention
- 🏥 Community Mental Health Team
- 💼 Supported employment
- ❤️ Recovery-focused care

⏳ TIMELINE

👶 **15–35 years**
Symptoms usually begin
⬇️
🩺 **Assessment**
Mental health evaluation
⬇️
📄 **Diagnosis**
ICD-11 (6A20)
DSM-5 criteria
⬇️
💊 **Treatment**
Medication + Therapy
⬇️
❤️ **Recovery**
Community support

📚 REFERENCES

1.World Health Organization (2022)
2.American Psychiatric Association (2022)
3.National Institute for Health and Care Excellence (2014)
4.NHS England (2023)
5.McCutcheon et al. (2020)
6.van Os et al. (2019)
7.Owen et al. (2016)
8.Stahl (2021)
9.Royal College of Psychiatrists (2023)
10.ICD-11 for Mortality and Morbidity Statistics (WHO)

🔗 MORE INFORMATION

🔗 Scan the QR Code to learn more about
🧠 Schizophrenia
💊 Treatment
❤️ Support services
🌍 NHS resources
➡️