

Well Being

Lucy Grimshaw



Subjective Wellbeing is considered A individuals overall evaluation on their life and whether they gain satisfaction from their individual life's.

Social Capital is known influence Of Well being by individual factors such as:

- The Community you live in
- Education
- Family innfluences
- Social circle

Then there are other influences such as :

- Health
- Mental health
- Age
- Gender
- Circumstances
- Behaviour or influnces

For individuals living in Wales there are many Welsh government Initiative and Charitable Ones, to increase wellbeing in children and adults within Wales, Such As:

- Flying start initiative
- Communities First / Communities for work
- Welsh Government Childcare offer
- Healthy Child Wales Programme
- NHS Wales
- Warm Homes Programme
- National Exercise Referral Scheme
- Park Lives
- Age Cymru
- Mind
- Inclusion services
- Support Groups

Wellbeing was first highlighted within a act in 2000 ,Within -The Local Government act (2000) Which Prompted local authorities to make improvements to the way they delivered their services. Which can effect or benefit wellbeing such as services within the community ,The way social services Delivered services and Environmental Factors such as lack of green spaces.

Acts Which help improve Wellbeing for Welsh Citizens:

Social Services and wellbeing(Wales)Act 2014

Wellbeing of Future generations act 2015

Children's and families act 2014

European convention of human rights Act 1998

UN Convention of rights of the Child 1991

The housing (Wales) Act 2014

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