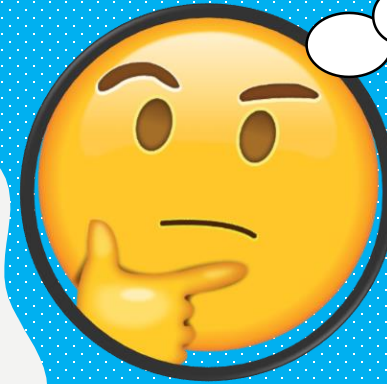


Spot it.....STOP IT!!!!!!

Bullying
can make
people feel
very sad



Stop and think
before you do
something
that may hurt
someone



Feeling
angry,,, take
some deep
breaths



Be a **BUDDY**
Not a
BULLY



Forbes,2018

'Bullying is identified as being deliberately hurtful behaviour that is repeated over a period of time' (Bullying uk, 2020)

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