

Module code	ECPS3002
Title	Exploring People`s Thinking and Behaviour
Date	15/10/2025
Level	3
Credits	20
Pre-requisites	None
DBS Check	May be required ☐ Not required ☒

AIM(S)

- To develop students' understanding of the scope of psychology, and its capacity to explain aspects of human life and develop strategies to support human experience and functioning within society.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- understand ways in which psychology can explain thought and behaviour;
- appreciate the scope of psychology and its applications.

INDICATIVE CONTENT

- Introduction to the basic differences between the main psychological approaches.
- Exploration of different psychological explanations for human behaviours; examples could include stress behaviours; addictive behaviours.
- Consideration of a range of influences on thinking and behaviour; examples could include sleep and dreaming; personality; interactions between groups and cultures.

Study Time Allocation

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%
TOTAL	200	100%

ASSESSMENT

Assessment Component 1

☐ Written exam

☒ Coursework

☐ Practical

Mode of assessment	Volume	Weighting
Written assignment	1500 words	50%

Assessment Component 2

☐ Written exam

☐ Coursework

☒ Practical

Mode of assessment	Volume	Weighting
In-class Test	1 hour	50%

Assessment Summary

Activity type	Percentage
Written exam	0%
Coursework	50%
Practical	50%
TOTAL	100%

This module is not linked to a Professional, Statutory and Regulatory Body (PSRB).

INDICATIVE READING LIST

Module code	ECPS3002	
Module title	Exploring People`s Thinking and Behaviour	
Classification	Reading list entry	Electronic*
Essential	Banyard, P., Norman, C., Dillon, G., & Winder, B. (2024). <i>Essential psychology</i> (4th edition.). Sage Publications.	☐
Essential	Gross, R. D. (2020). <i>Psychology : the science of mind and behaviour</i> (Eighth edition.). Hodder Education.	☒
Essential	Holt, N., Bremner, A. J., Vliek, M., Sutherland, E., Passer, M. W., & Smith, R. E. (2024). <i>Psychology : the science of mind and behaviour</i> (Fifth edition). McGraw-Hill.	☐
Further	Griggs, R. A., & Jackson, S. L. (2020). <i>Psychology: a concise introduction</i> (Sixth edition.). Worth Publishers.	☒
Further	Gross, R. D. (2012). <i>Key studies in psychology</i> (6th ed.). Hodder Education.	☒

