

University of Wales Trinity Saint David
Programme: BA Business Management
Module: Community Engagement

Module code: LCBB4002

Module Lecture: Dr. Gregory Cowan

Assignment Title: Assessment 1 Community Engagement

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Introduction

The Muslim Women's Network in England will be highlighted in my Professional Community Engagement plan (MWN). In the 16th century, Muslims from all over the world began immigrating to the United Kingdom. Since then, the community's Muslim population has grown thanks to a considerable percentage of Muslim women.

The Muslim women's community adores me not only because it is an important part of my life, but also because my future career as a psychiatrist will allow me to assist women in this community who are having difficulties in life and will enable me to provide professional assistance. Both inside and outside the building, other communities and individuals, regardless of nationality or origin. The community provides a strong sense of belonging and helps meet the needs of others. This particular community includes the British Women's Association, but women who do not live in urban areas are always welcome. This report continues to provide readers with an opportunity to understand the history, challenges, needs, and goals of the community.

The Body

The census of the year found that 5.3% of the population in England was Muslim (Brunton et al., 2017). The MWN was started in 2003 by a group of immigrant Muslim women who wanted to help one other with day-to-day issues as well as other Muslim women. Communication occurs between persons who share similar interests, as Brunton (2017) proposes. In all efforts that support Muslim women, the MWN's proposed aims reflect their Islamic doctrine of equality and justice.

As part of Islam's fundamental teachings, the MWN invites all women to participate and participate in social activities. MWN meetings and events usually take place in parks, cafes, restaurants, or public places, and no formal membership is required. When all discussions and meeting schedules take place, the public keeps in touch through social media. However, the community includes a "president" and a "vice president", who begin with the establishment and administration of the MWN to provide all the services that help people in need.

MWN members come from a variety of cultural backgrounds, ranging in age from 16 to over 60. As a result of the 2016 census, the number of Muslims in England increased by 2%, from 3% in 2011 to 5.3% (Cantone and Wiener, 2017). As half of this country is made up of Muslim women, especially immigrants, they are more vulnerable to social isolation and need white people, understanding, and goodwill. However, as MWN does not accept donations and many women need help, helping these women can be a challenge.

MWN demands justice and equality. However, some women in society face the risk of prejudice and non-community discrimination in the workplace, public places, public transport, and the media. According to reports, 14% of complaints from the UK Human Rights Commission (2017-2018) were made under the Discrimination Act. These women's mental and spiritual well-being are frequently harmed by such activity. Shame, despair, dread, and anxiety are some of the most common consequences they confront (Di Napoli, Dolce, and Arcidiacono, 2019). Although MWN organizes social media events for women to share their concerns and joys, women fighting racism and xenophobia have no confidence or fear that they can share this experience.

Another major challenge facing many MWN women is the lack of education. Most of these immigrant women did not have the opportunity to complete their education before the age of 12,

but they got married to do homework. In the 2016 census, 21.8% of people said that 12 years had the highest level of education, and 13.5% were unemployed (Hollebeek, Juric and Tang, 2017). As a result, they lack the knowledge and skills to find work and language barriers. Because there are many women from different cultures and languages in MWN, these women can easily communicate with other people from the same background in their mother tongue, but they still have difficulty with other people from different backgrounds or backgrounds.

There are many requirements within and outside the MWN for the main challenges to be addressed. One of the main needs is the successful financial support of MWN. This point is very important

MWN is open and accepts community donations and contributions to help outsiders facing social exclusion. As mentioned above, due to the growth of communities and their resilience, MWN must be able to provide financial support. It enables members to grow and grow and strengthens communication between members in order to achieve social well-being. Therefore, it highlights the benefits of community development, as these women are supported by spending to promote community meetings.

Racial discrimination against these women outside society is another major challenge that needs to be addressed. Such behavior can affect a person's emotional and mental health. As Pedersen said, "... cultural commitment to human society directly benefits mental health ..." (Lefevor, Park and Pedersen, 2018). Women who fight this type of abuse must take a holistic approach and seek help from members of the community, as this not only affects them but also weakens society. MWN may also focus on providing professional support counseling, such as counselors, psychologists (Martinez et al., 2020), and to ensure that community members feel

comfortable in the MWN environment. In general, it ensures the well-being of these women, their integration into society and society.

Another challenge facing MWN members inside and outside the community is the lack of education and knowledge that needs to be addressed. Education is an important part of life and important for everyone. To enable women to understand and receive basic education, MWN can provide educational courses that enable the public to understand the value of education, as well as encourage the younger generation to continue their education. It also gives them the opportunity to apply for areas of interest. These needs not only make the language barrier work but also give them the confidence to improve their relations with society.

MWN is able to achieve many goals in order to overcome and meet the needs and challenges of society. To help women who are not in trouble, MWN can provide events that are both economical and open to the public. For example, they may have a "family BBQ Sunday," plan a variety of paid activities for adults and children, begin sending messages and text messages, and seek donations through websites such as "GoFundMe." Therefore, these activities and applications set community goals, and funding improves financial support for those in need.

Women must seek assistance from trusted members of society in order to overcome the impacts of racial prejudice. This can be done by arranging face-to-face meetings with trusted members who can help them further. MWN can also organize activities such as "compassionate activities" to give community members the opportunity to show each other better and give encouraging speeches about the importance of mental health and energy. MWN can also organize community events to promote entertainment and give the community a holistic understanding of the Muslim community. It, therefore, evokes extremism and gives these women

the opportunity to express themselves and overcome the tragic consequences of this disgusting behavior.

Finally, in order for community members to overcome the lack of education, employment and language barriers, MWN can, above all, run affordable English language courses. It allows women to overcome language barriers and the MWN to fund the community to help its members. Counseling services can be provided to encourage and assist women in their job search. Therefore, it not only increases the number of people participating in and contributing to the MWN community, but also helps and enables women in a multicultural society to overcome these barriers.

Conclusion

In short, donations and fundraising are necessary for MWN to provide powerful women with financial and personal struggles. Because of their positive performance, it enables and benefits the community, and the public and community members are more willing to help MWN. Promoting mental health and inner strength is important for the well-being of women who have experienced racism. Well-paid English lessons and careers can boost women's confidence and help them overcome language barriers and unemployment. It is necessary MWN attracts a wider audience and community members. Overcoming these challenges is crucial to MWN's success in building relationships and meeting peers. Commitment to these goals will provide MWN with a bright future in helping women and strengthening the core of Islamic teachings.

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