

Introduction

What is critical thinking

Critical thinking is an essential twenty-first century skill to develop as a higher education student. {Haber, 2020}. Critical thinking is not everything that is read, seen, or heard it is about finding evidence to back up an argument by observing, listening, asking questions and evaluating it {Cottrell, 2017}. According to Macat (2016) building these skills will help one access evidence, evaluate arguments and adapt the way one thinks and give one the ability to stay switched on and engage in different situations.



[Source: Deposit photos, 2021].

Presentation about Critical thinking

Time management.

Glading, (2014) suggests that planning your daily, weekly routine is the key to success. Time is precious use it well put time slots for studying, exercising, home life anything that needs doing in your daily tasks, Learn how to work your planner and stick to it let it become a habit {Glading,(2014) stay on track.

However, Cottrell { 2019 p.125} .also suggests " time management = study success". Therefore, It depends on the time is given to studying , more time increases the quality of the work . Furthermore , effective time management allows for work life balance. {Cottrell,2019 p.128} therefore suggests the need to "work out how best to manage time ".. .

Conclusion.

To bring things to a close my opinion is that there are many skills that can be achieved through critical thinking, I think that the skills that I have chosen for my assignment are important for students to gain for their academic work as it helps them to have control, less stress and more positive thinking in their studies aswell as home life.

Taking notes:

Kokemuller,(2019) suggests that note taking is important whilst studying in secondary school, college or university, It is the key to studying, writing or anything that you need to remember that will help with education studies, events or even meetings, as a student myself my notes is what I reflect on in my studies without these it would be a disaster. Cottrell, (2017). Suggests taking notes makes it easier to remember information only select what to write like key words do not write everything down it could cause confusion, writing key words helps avoid accidental plagiarism as your assignments will basically be written in your own words.

Research and referencing.

When doing an assignment theres a lot of research goes into it you must look for various sources aswell as a references to use in your work, university of otago,(2017). When researching other people's work, You are looking for evidence to support an argument when using the evidence , you should always accompany it with the source surname and date in brackets or it will be classed as plagiarism University of Kent, (2012). According to (Unsw Sydney 2019) states " As a student or academic, you can draw on any of the millions of ideas, insights and arguments published by other writers, many of whom have spent years researching and writing. All you need to do is acknowledge their contribution to your assignment." .

Cottrell, s (2017). *Critical thinking skills*. London. Sage 3rd ed. Bloomsbury publisher PLC.

Cottrell, S (2017). *Critical thinking skills: effective analysis, argument and reflection*. 3rd ed. London. Sage: Palgrave Macmillan.

Depositphotos, (2021). *Critical thinking*. Available at: [Critical thinking Stock Photos & Royalty-Free Images | Depositphotos](#) (Accessed: 12th October 2021)

Glading, B (2014). *Time management*. United States. Sage; Candid career.com.. [Academic Video Online: Premium - Outside North America](#).

Haber, J (2020). *Critical thinking skills*. London. Sage: 3rd ed. Bloomsbury publisher PLC.

Kokemuller, N. (2019). *The importance of note taking skill*. [The Importance of Note Taking Skills \(theclassroom.com\)](#). Accessed: 9th February 2019.

.Macat, (2016). *What is a critical thinking*. {video}. Available at : <https://youtu.be/HnJ1bqXUnIM>. (Accessed: 2nd February 2016).

University of Kent. (2012). *Academic integrity*. Available at: [referencing style guides \(kent.ac.uk\)](#) (Accessed 25th October 2012)

University of Otago, (2017). *What is referencing and why is it important*, Available at: [otago615365.pdf](#).

Unsw Sydney, (2019). *Why is referencing important*. [Why is Referencing Important? | UNSW Current Students](#) Available at: (Accessed at: 28th October 2019).