

## Module Plan 2022 - Facilitating Adventurous Activities – BMOE4003

| Week | Weekly Theme                                    | Morning                                                                            | Content & Focus                                                                                                                                 | Afternoon                                                                          | Content & Focus                                                                                                                                                |
|------|-------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1    | Introduction                                    | 28 <sup>th</sup> Jan<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH1  | Module Introduction and Structure<br><br>Assessments outline                                                                                    | 28 <sup>th</sup> Jan<br>13.00 - 15.00<br><br>Face to face Lecture<br><br>Room RH 1 | Facilitated outdoor experience<br><br><b>May involve some practical activities outside, please come prepared</b>                                               |
| 2    | Physical Literacy                               | 4 <sup>th</sup> Feb<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH 1  | An introduction to Physical literacy                                                                                                            | 4 <sup>th</sup> Feb<br>13.00-15.00<br><br>Face to face Lecture<br><br>Room RH 1    | Physical Literacy Continued....<br><br><b>May involve some practical activities outside, please come prepared</b>                                              |
| 3    | Affordances                                     | 11 <sup>th</sup> Feb<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH 1 | The Theory of Affordances                                                                                                                       | 11 <sup>th</sup> Feb<br>13.00-15.00<br><br>Face to face Lecture<br><br>Room RH 1   | How can the theory of Affordances be applied to the Adventurous Environment?<br><br><b>May involve some practical activities outside, please come prepared</b> |
| 4    | Where does adventures sit within the curriculum | 18 <sup>th</sup> Feb<br>10.00 – 12.00<br><br>Face to Face Lecture<br><br>Room RH 1 | Where does adventure sit within the curriculum? - Early Years<br><br><b>May involve some practical activities outside, please come prepared</b> | 18 <sup>th</sup> Feb<br>13.00-15.00<br><br>Face to face Lecture<br><br>Room RH 1   | Where does adventure sit within the curriculum? - Key Stage 2<br><br><b>May involve some practical activities outside, please come prepared</b>                |
| 5    | Facilitation                                    | 25 <sup>th</sup> Feb<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH 1 | What is Facilitation?<br><br><b>May involve some practical activities outside, please come prepared</b>                                         | 25 <sup>th</sup> Feb<br>13.00-15.00<br><br>Face to face Lecture<br><br>Room RH 1   | Facilitation Continued....<br><br><b>May involve some practical activities outside, please come prepared</b>                                                   |

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| 6                                                                                                                          | Models based Approach              | 28 <sup>th</sup> Feb – 4 <sup>th</sup> March.<br><b><u>No lecture this week</u></b> | <b>Online directed study.</b><br><b><u>No lecture this week</u></b>                                                                                               | 28 <sup>th</sup> Feb – 4 <sup>th</sup> March.<br><b><u>No lecture this week</u></b> | Pre-recorded videos to watch at any point in the week – Models Based Approach to teaching PE.                                                                 |
| 7                                                                                                                          | Learning Styles                    | 11 <sup>th</sup> Mar<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH 1  | Putting Learning Styles theory into practice<br><br><b>May involve some practical activities outside, please come prepared</b>                                    | 11 <sup>th</sup> Mar<br>13.00-15.00<br><br>Practical Lecture<br><br>Sports Hall     | Outdoor learning Cards – <b>Team Building</b><br><br><b>May involve some practical activities inside/outside, please come prepared</b><br><br>@Sports hall    |
| 8                                                                                                                          | Study Skills                       | 18 <sup>th</sup> Mar<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH 1  | Study skills session.<br><br>Revision session “What have we covered and why”<br><br>Referencing<br><br>Assessment 1 – “Unpick the title”<br><br>Essay Structuring | 18 <sup>th</sup> Mar<br>13.00-15.00<br><br>Practical Lecture<br><br>Sports Hall     | Outdoor learning Cards – <b>Bouldering</b><br><br><b>May involve some practical activities inside/outside, please come prepared</b><br><br>@Sports hall       |
| 9                                                                                                                          | Lesson Planning & Risk Assessments | 25 <sup>th</sup> Mar<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH 1  | How to create a lesson plan?<br><br>The risk assessment process.                                                                                                  | 25 <sup>th</sup> Mar<br>13.00-15.00<br><br>Practical Lecture<br><br>Sports Hall     | Outdoor learning Cards – <b>Shelter building</b><br><br><b>May involve some practical activities inside/outside, please come prepared</b><br><br>@Sports hall |
| <p align="center"><b>Assessment 1 (Essay)</b></p> <p align="center"><b>Due 3pm – Friday 25<sup>th</sup> March 2022</b></p> |                                    |                                                                                     |                                                                                                                                                                   |                                                                                     |                                                                                                                                                               |

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| 10                                                                                        | Teaching Styles | 1 <sup>st</sup> April<br>10.00 – 12.00<br><br>Face to face Lecture<br><br>Room RH 1 | A self-guided exploration into the<br>Spectrum of Teaching Styles                                                                                                                                          | 1 <sup>st</sup> April<br>13.00-15.00<br><br>Practical Lecture<br><br>Sports hall    | Outdoor learning Cards – <b>Orienteering</b><br><br><b>May involve some practical activities<br/>inside/outside, please come prepared</b><br><br>@Sports hall       |
| <b>EASTER BREAK</b>                                                                       |                 |                                                                                     |                                                                                                                                                                                                            |                                                                                     |                                                                                                                                                                     |
| 11                                                                                        |                 | 29 <sup>th</sup> April<br>10.00 – 12.00<br><br>Practical Lecture<br><br>Sports Hall | Peer teaching session.<br><br><b>May involve some practical activities<br/>inside/outside, please come prepared</b><br><br>Try out lesson plans prior to submission<br>& tutorials to review lesson plans. | 29 <sup>th</sup> April<br>13.00 – 15.00<br><br>Practical Lecture<br><br>Sports Hall | Peer teaching session.<br><br><b>May involve some practical activities<br/>inside/outside, please come prepared</b><br><br>Try out lesson plans prior to submission |
| <b>Assessment 2 (Lesson plans)</b><br><br><b>Due 11.30pm – Friday 29th April<br/>2022</b> |                 |                                                                                     |                                                                                                                                                                                                            |                                                                                     |                                                                                                                                                                     |