

Introduction

The topic i have chosen is drug abuse and will talking about the challenges and the impact it has on families, and the health and social care system in the Uk. Drug use is often viewed through criminal justice prospective; it's recognized as critical health issues that require care and support.

The issue why it matters

Substance misuse refers to harmful or high-risk use of psychoactive substances, including controlled drugs and the misuse of prescription medications. Between 2024 and 2025 there was 329,646 adults involved with Drugs and Alcohol. This issue is critical cause this is linked to mental health conditions or even being homeless and has had high drug related deaths. There is also long-term physical health conditions like hepatitis C and Respiratory

Why is chose this topic

I chose substance misuse because i am interested in the complex needs of mental health and addiction. I have seen how people are refused and won't be seen until they are sober, or they might not be equipped to handle the person, i am passionate about understanding people's stories and finding ways to reduce the stigma that prevents people from seeking help

Task 2- Evaluating information source

Reference: Uk Health Security Agency (UKHSA) (2024)

Adult substance misuse treatment statistics 2023 to 2024

Available at <https://www.gov.uk/government/statistics/substance-misuse-treatment-for-adults-statistics-2023-to-2024>

Summary & Credibility This report provides statistics on the number of people in treatment and treatment outcomes. It is highly credible as it is the primary national data source for England, used to inform government policy and funding.

Relevance: It provides the big picture of the scale of the problem. But also relies on the number of data. It also shows women refuse the help because of past trauma and experiences

Reference: Advisory council on the misuse of Drugs. A whole system response to drug prevention in the UK. London: Home office.

Relevance: Its relevant because it argues that addressing housing and employment is important as clinical intervention, supporting a social model of care

Gaps in my research

There are significant gaps in understanding the impact of legal highs on older populations, as most research focuses on youth.

Conclusion

This has shown that drug treatment numbers in the UK are rising, the complexity of the issue requires more than just clinic intervention. Using qualitative research to listen to the lived experiences of service users, health and social care providers can identify and move toward a more compassionate approach to substance misuse

