

Time Management

- Time management is using whatever time that you have available to you effectively in order to get a task done, by having good time management you will also be able to keep control of all your work effectively and your social activities too.
- Time management can also help a lot with deadlines, by managing time correctly you will be able to complete whatever task that you have before the deadline.
- It also makes you feel good about having good time management as it is less stressful when you are organized and are able to have a good schedule and also help in your studies.
- Managing time well can help me in my future career in cyber security as managing time effectively is needed in this area of expertise, It would help me do my work well and effectively by managing my time effectively.

[What Is Time Management and Why It's Important? | Coursera](#)

[Time Management: 10 Strategies for Better Time Management | CAES Field Report](#)

[Benefits of time management \(With definition and tips\) | Indeed.com UK](#)

Critical thinking

Critical thinking is extremely valuable and important as it can help you in various situations, critical thinking consists of being able to sort of think outside the box, being able to analyze information, form reasoned judgements and evaluate evidence effectively.

You can use critical thinking for a numerous amount of things, for example if you and your friend have an argument and your friend claims that a particular food is best for weight loss, a critical thinker would research about those things and have the evidence to back up their point with logic.

Another example would be if there was a problem in the workplace, a critical thinker would think "what's the best thing and most effective thing that I can do in order to solve this problem", They would look into the best solution to that problem and execute it effectively.

It is extremely good for assessing risks in various places, for example there could be a water bottle on the desk and there are computers and electronics on the desk with the water bottle, the water bottle is opened, a critical thinker would take the water bottle off the desk as it can cause big problems if the water gets knocked down on the computers and electronics, so they would think about the solution which would be taking the water bottle down and putting the cap on.

Critical thinking can help me massively in the path i have chosen for my career as cyber security. That's because in cyber security being able to think effectively is very important for example, a person might be trying to hack into the company in which I am working for, as a critical thinker I would find a way to keep the hacker out of the data base, there are numerous things you can do by thinking critically in order to prevent the hack from happening, such as isolating the affected system, notify the incident response team, restore systems and evaluate and improve security measures.

[What to do in case of a hack? Quick and effective response | CyberBusters](#)

[What is critical thinking? | Critical thinking | Library | University of Leeds](#)
[Defining Critical Thinking](#)