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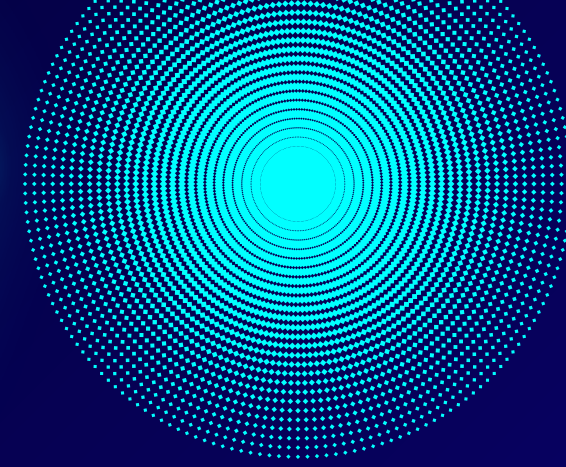
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Module code : LCLM4002

Lecturer : Mohammad Shaijee

**Title : Digital skills - Digital Safety
Informative Poster**

DIGITAL SAFETY



What is Digital Safety ?

Digital safety is preventing hackers, phishers and other cyber criminals from accessing your computer, mobile devices and any other internet connected gadgets.

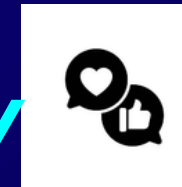
(Vigderman & Turner, 2022)

Password security



- Use strong and unique passwords that don't include personal information such as your name or date of birth. (CISA, n.d.)
- Enable a two-factor authentication as an extra precaution. (CISA, n.d.)

Social media safety



- Consider the content you post and the people who can view it. You should set up the privacy settings so that only the individuals you wish to see it can access it. (National Cyber Security Centre, 2019)
- To carry out a variety of fraudulent actions, scammers will create fake accounts or hack legitimate ones. Avoid oversharing personal details. (National Cyber Security Centre, 2019)

Keep Software Up to date

- Insecure software is used by cybercriminals to access your devices and data.
- Update your operating system, browsers, and apps frequently to guard against vulnerabilities in security. (National Cyber Security Centre, 2019)



Avoid Phishing scams

- Don't click on suspicious links in emails or texts. (Federal Trade Commission, 2022)
- Look out for poor grammar or unfamiliar senders.

References

1. CISA (n.d.). Use Strong Passwords | CISA. [online] www.cisa.gov. Available at: <https://www.cisa.gov/secure-our-world/use-strong-passwords>
2. Federal Trade Commission (2022). How to Recognize and Avoid Phishing Scams. [online] Consumer Information. Available at: <https://consumer.ftc.gov/articles/how-recognize-and-avoid-phishing-scams>.
3. National Cyber Security Centre (2019). Social Media: how to use it safely. [online] www.ncsc.gov.uk. Available at: <https://www.ncsc.gov.uk/guidance/social-media-how-to-use-it-safely>.
4. Vigderman, A. and Turner, G. (2022). A 2021 Guide to Digital Security & Cybersecurity | Stay Safe Online. [online] [Security.org](https://www.security.org). Available at: <https://www.security.org/digital-safety/>.