Course: BSc (Hons) Health and Social Care

Module: Independent Project (BMHP6020_LON)

Assessment title: Stage 1 - Project Proposal

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Main Project Proposal

Prevention HIV/AIDS and Promoting Sexual Health to Young Adults

Aim

- To be diagnosed
- To encourage early testing
- To reduce further infections
- Promote sexual health to young adults

Objectives

- The main concept of this topic is prevention of HIV/AIDS and promote Sexual Health.
- Examine the UK Policy, Acts, Statistics and more information from literature reviews in the territory of United Kingdom.
- Finding the Articles that will support my topic with resent and reliable information.
- Recommendation will be provided, based on how Globally the science are fighting with HIV/AID. To reduce the number of infected people, and how United Kingdom can learn or can share globally how to deal with this infection that are still growing.

Background

According to, Centre for Disease Control and prevention (2022). The HIV infection came from chimpanzee in Central Africa far back as the late 1800s.

The transmission process started from chimpanzee to human back in time. Are probably when the human where hunting and eating the meat and blood from infected animals.

In fact HIV continues to be one of the major global public health issue, having the larger number of 40.1 million.

In 2021, 650 000 [510 000–860 000] people died from HIV-related causes and 1.5 million [1.1–2.0 million] people acquired HIV. (World Health Organization, 2023)

Investigators found that individuals who completed CBT-AD sessions were more than 2.5 times more likely to achieve undetectable viral loads than those who underwent the usual care.

The study included 161 individuals with AIDS/HIV and clinical depression from 4 public health clinics in the township of Khayelitsha, South Africa.

They found that South Africa only has 0.28 psychiatrists and 0.32 psychologists per 100,000 individuals, though physicians can prescribe antidepressants.(Gallagher, 2021)

Methods:

- The type of project that I chose for my dissertation will be Evidence - focused Project.
- The method will be secondary research method.

Resources

The resources that, I will be using during the adventure of writing my desertion project. Such as:

- Library
- NHS website, GOV.UK, NICE,National AIDS Trust and et.al.
- Legislation, Acts, Policy, and Articles.

Timescale	Date	Month	Year
CHAPTER 1	1	April	2023
CHAPTER 2	10	May	2023
CHAPTER 3	14	June	2023
CHAPTER 4	14	July	2023
CHAPTER 5	14	August	2023

Self-reflection as researcher (any strengths or challenges):

At this stage of my research I have not found any challenges. As I have mention HIV/AIDS is one of the most common public health issue. In global suspect.

References

Centre for Disease Control and prevention (2022). '*HIV'* [Online] Available at: https://www.cdc.gov/hiv/basics/whatishiv.html (Accessed date: 01 March 2023)

World Health Organization (2023). *'HIV'* [Online] Available at:https://www.who.int/news-room/fact-sheets/detail/hiv-aids (Accessed date: 03 March 2023)

Gallagher, A. (2021). '*Cognitive Behaviour Therapy May Help Individuals with Depression, AIDS/HI.'* [Online] Available at:https://www.pharmacytimes.com/view/cognitive-behavior-therapy-may-help-individuals-with-depression-aids-hiv (Accessed date: 04 March 2023)