

Drawing on Backs

How to play / Teaching points

In pairs pupils take turns to draw a body schooling action, shape or position on one another's backs.

Pupils either choose which action they draw or be given a data resource sheet by the teacher.

Encourage pupils to draw the action as slowly and as large as they can.

Their partner tries to guess the action.

Once they have guessed correctly both pupils perform the action together.

Ensure both pupils have an opportunity.

Adapting the activity

Enable

- Give pupils a choice between two contrasting actions, for example Angry Cat and Dish
- Limit the number of actions that the action could be
- Prompt cards to have pictures/drawings/diagrams and the name of the activity on. Consider using data resource sheets from module 1 CD Rom
- Limit the activities to a group of basic actions, for example Rolling or Jumping

Challenge

- Prompt card to have words only
- Activities/actions could be any that they have covered

Health Related Exercise benefits

- Relaxation activity in no action involved

Links to future learning

- > Helps develop pupils' movement memory and recall

