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Module Code: LCHS4001

Module: Academic and Employability Skills

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Submitted on: 26/10/26

Complete the template below (use the prompts in the Task 2 information document to help)

- Take your time, there is no limit – you have until Friday of Week 9 to submit
- Use any notes you have already made to help
- The boxes will expand when you type

Section	Your response (Use your own words!)
1. Research	To prepare for my presentation, I researched the responsibilities and skills required of a substance misuse worker. I learned about the importance of empathy, communication and person-centred care. My research also challenged my assumption that a medical qualification was necessary for this role. Using the CRAAP test helped me understand the importance of evaluating information rather than simply accepting it.
2. Presenting	Initially, I felt nervous because I wanted to demonstrate my understanding without reading from a script. However, as I continued, I became more comfortable and found that my thoughts flowed naturally. This increased my confidence and showed me that understanding the subject is more effective than memorising information.
3. Challenges you faced with your presentation	My biggest challenge was comparing the NHS webpage with information from the Cochrane Library. I struggled initially because the sources presented information differently. Evaluating their relevance, reliability and purpose required more critical thinking than I expected. I also worried about communicating everything clearly within the five-minute presentation.

4. Actions to improve	Moving forward, I need to improve how I organise and communicate information within a limited timeframe. Practising beforehand and identifying key discussion points will help me feel more prepared. I also want to strengthen my ability to critically evaluate academic sources and explain why particular evidence is appropriate.
5. Further steps needed to Prepare for Task 3	For Task 3, I intend to review the requirements carefully, begin researching earlier and organise my findings more effectively. I will continue using reliable academic sources and applying the CRAAP test where appropriate. I also hope to build on my presentation experience by developing my confidence, academic writing and ability to communicate ideas independently.