

PROFESSIONAL DEVELOPMENT WITHIN HEALTH AND SOCIAL CARE.

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INTRODUCTION

In this presentation, one key skill in Health and Social Care ,how relevant is the skill to professional practice in the context of Health and Social Care and a practical scenario to explain the chosen skills with references would be discussed.



REFLECTION

On this reflection ,I am writing on an Incident that occurred in my workplace as a Health Care Assistant. I will use the GIBB`S REFLECTIVE CYCLE.

On the 7th of July,2021.an incident happened in my workplace at exactly 4pm.I am a medically trained carer and I do medication. On this fateful day, I was given two medications to book in. The medications were given by a staff member who was medically trained .I did not read the prescription either did I check if the medications were the same or not after handed over by the staff. I trusted the staff member thinking everything was right After the booking I realised the medications received were the same but different manufacturers, for example paracetamol Calpol and Panadol from different manufacturers but serve the same purpose . I started giving the medication to the patient and I realised medication error.

I felt so bad and guilty and thought the resident would die though the medication has not long been given. I became confused and emotionally stressed. I rang the General Practitioner for an advice and Patient was saved.

From this experience, I realised that I made an error. I did not check the medication as been trained to do, What I did right was I was able to rectify the error quick and also seek for the attention of the General practitioner to safe the patient.



REFLECTION CONT.

- When the experience was analysed, I learnt that medication errors can be minimised in Health and Social Care settings only if the right procedure is followed
Example checking the five(5) rights: right drug, right patient, right dose, right route and right time.
- Professionalism is very important, not depending on other`s abilities but be able to build self confidence and put into practice mandatory trainings was essential,

ACTION PLAN

First and foremost, medication administration is vital and who administers should be careful. I will make sure when I receive any medication, I will read what ever information written on it. I will check the manufacturer`s information, name of the patient, expiry date and dosage before booking.

Secondary ,I will read the mar chart very well before any medication is given . I will apply the five (5) rights of medication administration, the right patient, the right route, right time, right medication and the right dose. will cross check the mar after every medication administration to make sure the right medication is given and documented..

ACTION PLAN CONT.

- I will cross check the mar after every medication administration to make sure the right medication is given and documented.

CONCLUSION

Reflecting on this experience has solidified my understanding of medication errors and effective way of dealing with it as a Health Care Assistant. I now recognise the need to reflect on to further develop my skills in this area of my chosen carrier and do better in similar situations in the future.

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