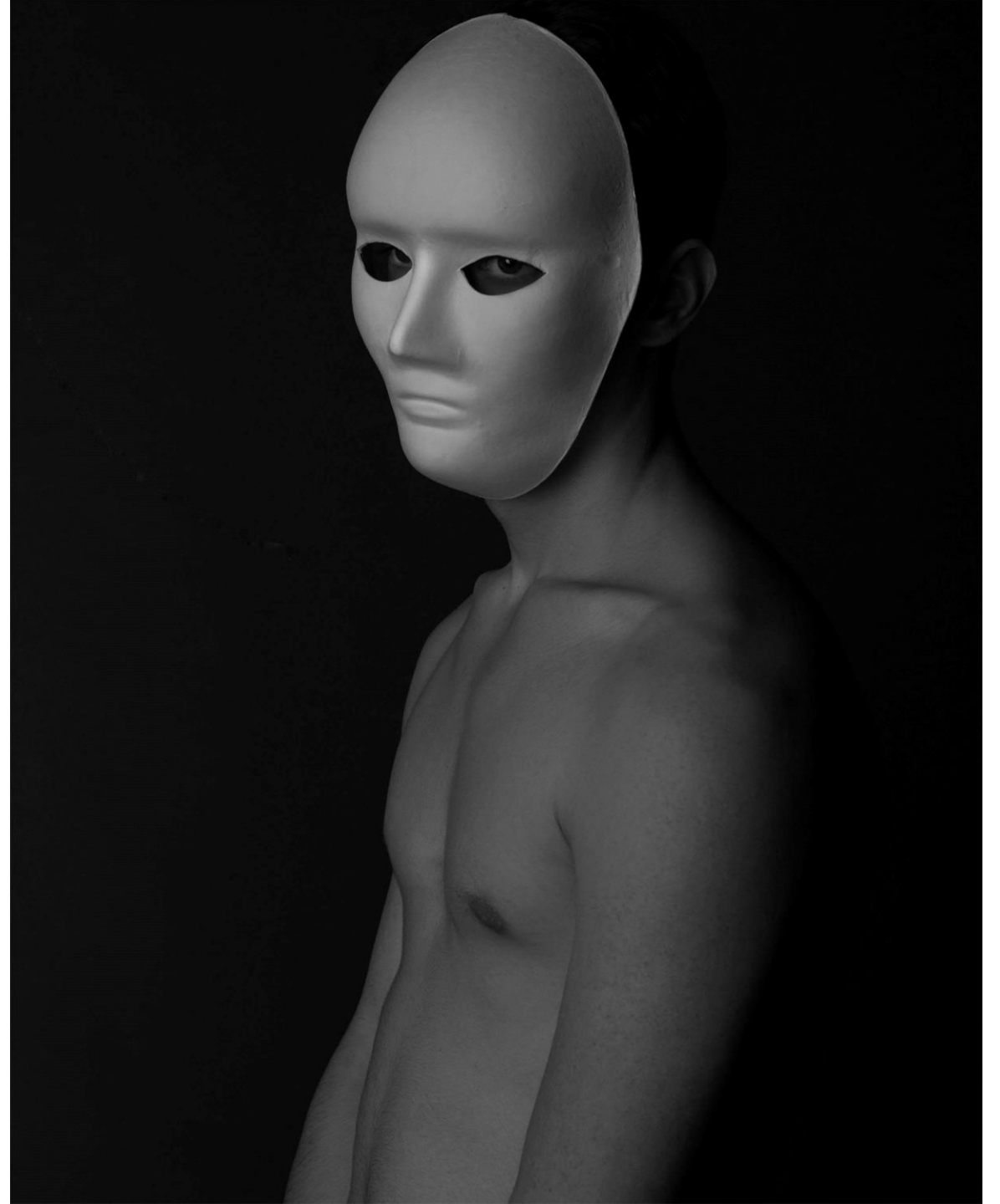


My proposed area and concept are something that I visited in the first year and felt very passionate about it and really had fun working on. I started looking into male loneliness and the effect feeling lonely has on males, so I ended up taking to different male figures and I found out that a lot of males struggle with feeling lonely want to expand on this concept and turn it into a mixture of everyone but as a starting point for now I am going to revisit the men that I captured in my first lot of images and see how they are doing with the lockdown as feeling lonely is one thing but being forced into a situation where you are alone is two different things all together and have two very different effects and I want to see the effect it has had on them. I wanted to do this because I want to prove how far I have come from the first year when I started of doing photography to now and then to how I have grown in the third year and the techniques I have learnt and how my practice has changed. I know for a starting point I don't use the studio as much.

Starting point images from year1



Learning points from first shoot

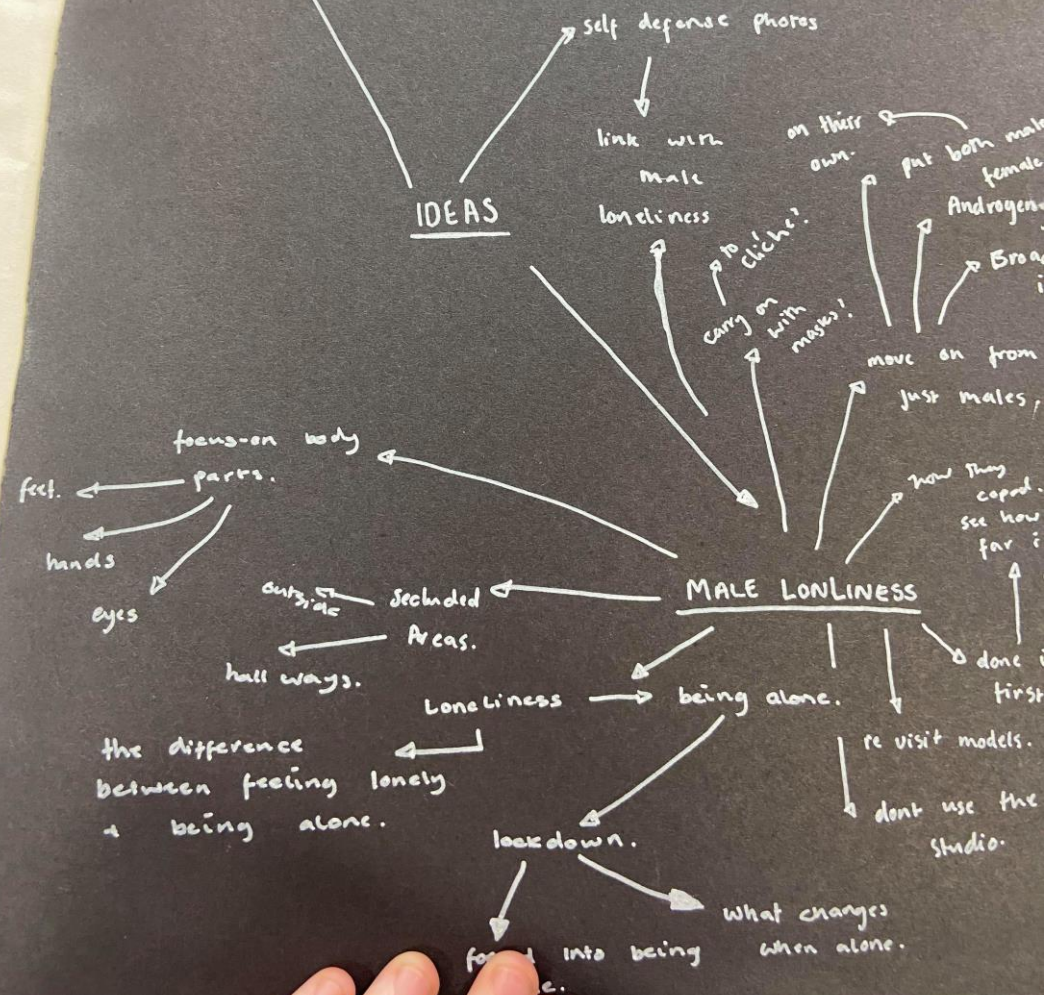
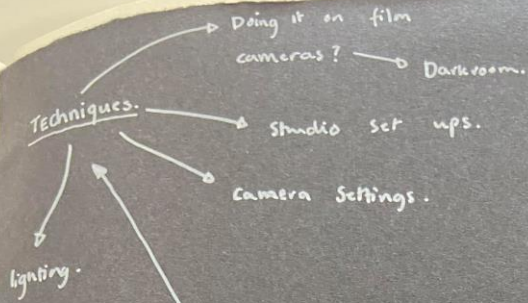
- In the original photos I took for male loneliness the images were too dark and I did not know how to use the studio lighting properly so I need to learn how to use the lighting kits and how to set up the studio
- Needs to be wider range of people
- Not just males
- Try outside
- Try a film camera to push out of comfort zone

Loneliness is a universal human emotion that is both complex and unique to each individual. Because it has no single common cause, the prevention and treatment of this potentially damaging state of mind can vary dramatically.

Contributing factors to loneliness include situational variables, such as physical isolation, moving to a new location, and divorce.² The death of someone significant in a person's life can also lead to feelings of loneliness. Additionally, it can be a symptom of a [psychological disorder](#) such as depression.

One study suggests that loneliness may actually be contagious. In a 10-year study, researchers examined how loneliness spreads in social networks. The results indicated that people close to someone experiencing loneliness were 52% more likely to become lonely as well.

1. Because of this I want to move onto doing both female and males but making the images androgenous and simple so that its not something people cant relate too



Camera

ISO

- 100 - Sunny
- 200 - partly cloudy
- 400 - Overcast
- 800 - indoor
- 1600 - super dark lighting
- 3200 - night

Aperture (f/stop)

- $f/1.8 - 2.8$ = one subject, or multiple subjects on one plane.
- $f/3.2 - 4.0$ = multiple subjects on two different planes.
- $f/5.0 - 8.0$ = multiple subjects on three different planes.

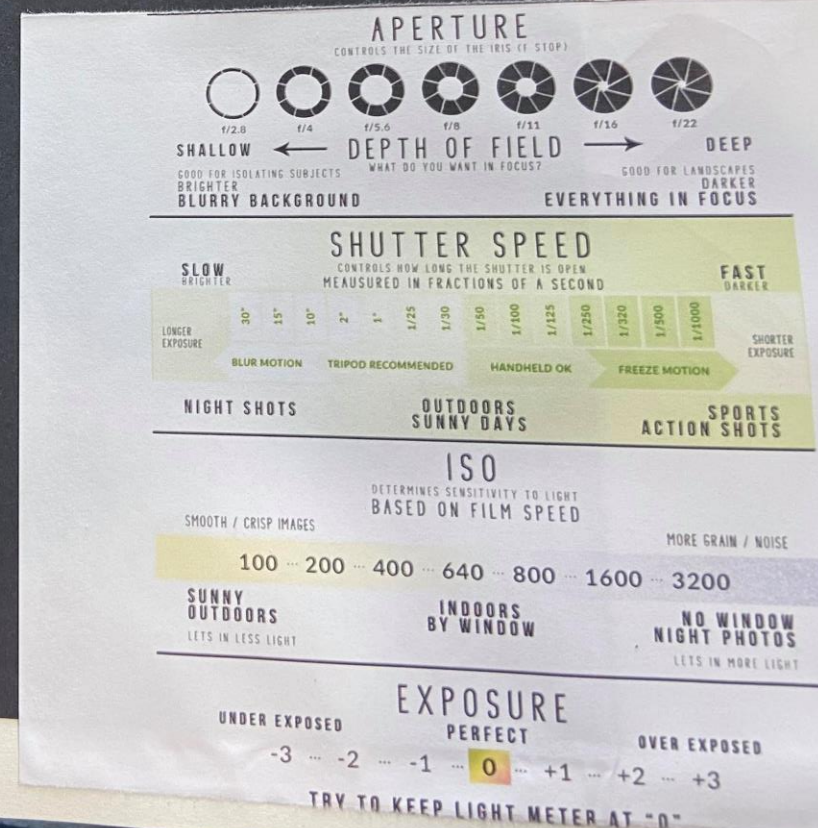
Shutter speed

if your shutter speed is up high your shutter speed is opening and closing so fast not much light can get in. if its too low, light gets in more.

Settings

Check the exposure.

- watch the meter in the bottom of the viewfinder.
- adjust exposure settings to keep meter at 0.
- use exposure compensation ± 1 for minor adjustments.
- review the image on the LCD & check the histogram to see the tones are evenly distributed.

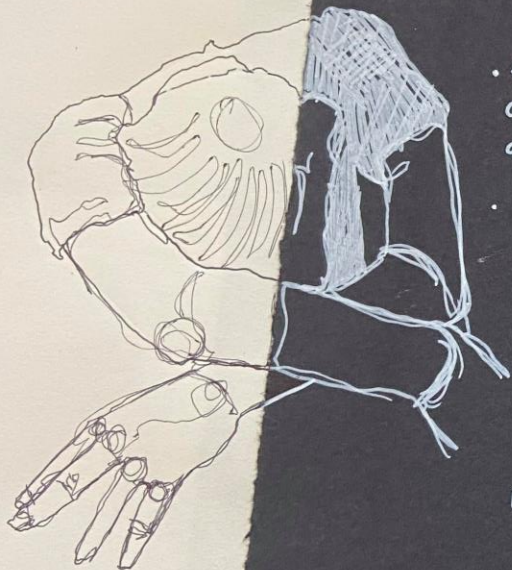


Idea 1. - covering face + shoulders.

• is it too cliché.

• when feeling lonely it doesn't seem to nearly 1 in 3 feel lonely. but to try and showing loneliness 1. Need to

look like it affects a lot of people but actually and move on from feeling lonely move onto emotion.



• try taking on a film camera to push out of comfort zone.

• learn how to develop film.

• stay away from studio but create ambient lighting.

• try in a series as a series might show emotion more.



Artist inspiration.

Edward Hopper.

Technique 1. to improve on for next year.

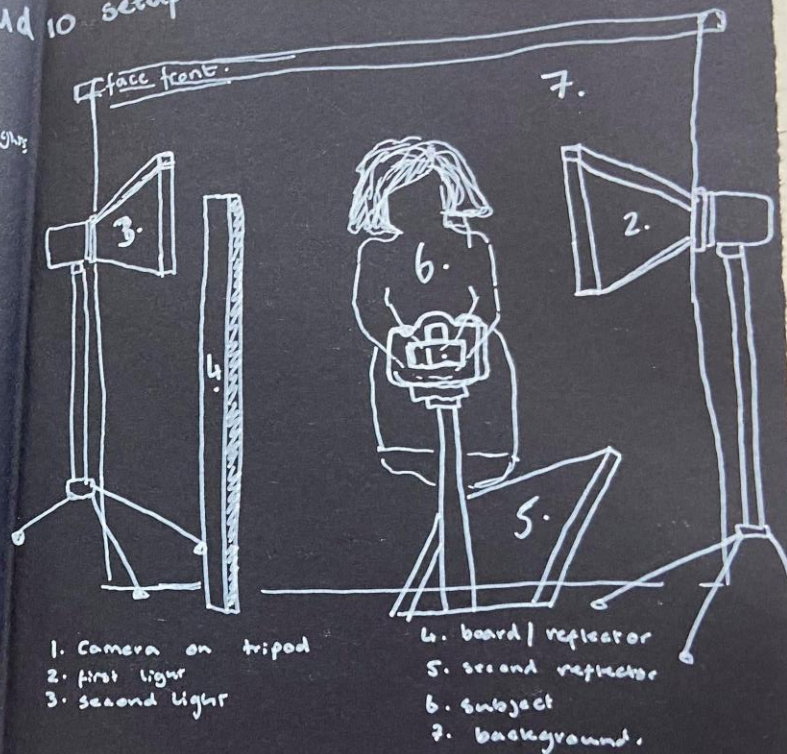
Basics.

lights - - - - - D Led lights, Speedlights, Strobe lights,
fresnel lights,
flash trigger -
light modifiers - - - D Reflectors.
light stands - umbrellas.
Background - Soft boxes / octaboxes.
grids.
gels.
flags.

Tips.

1. fill lights:
fills in shadows created by key light,
eliminates dark shadows on the subject.
2. Key light.
main light on which placement of all
others is based. Usually the brightness
3. Background light.
illuminates the background of the scene.

Studio setup.



product.

Jewelry

Small objects.

food.

Shoes

Distance from object to camera

10 - 15 cm

20 cm

20 - 30 cm

30 cm.

Artist research

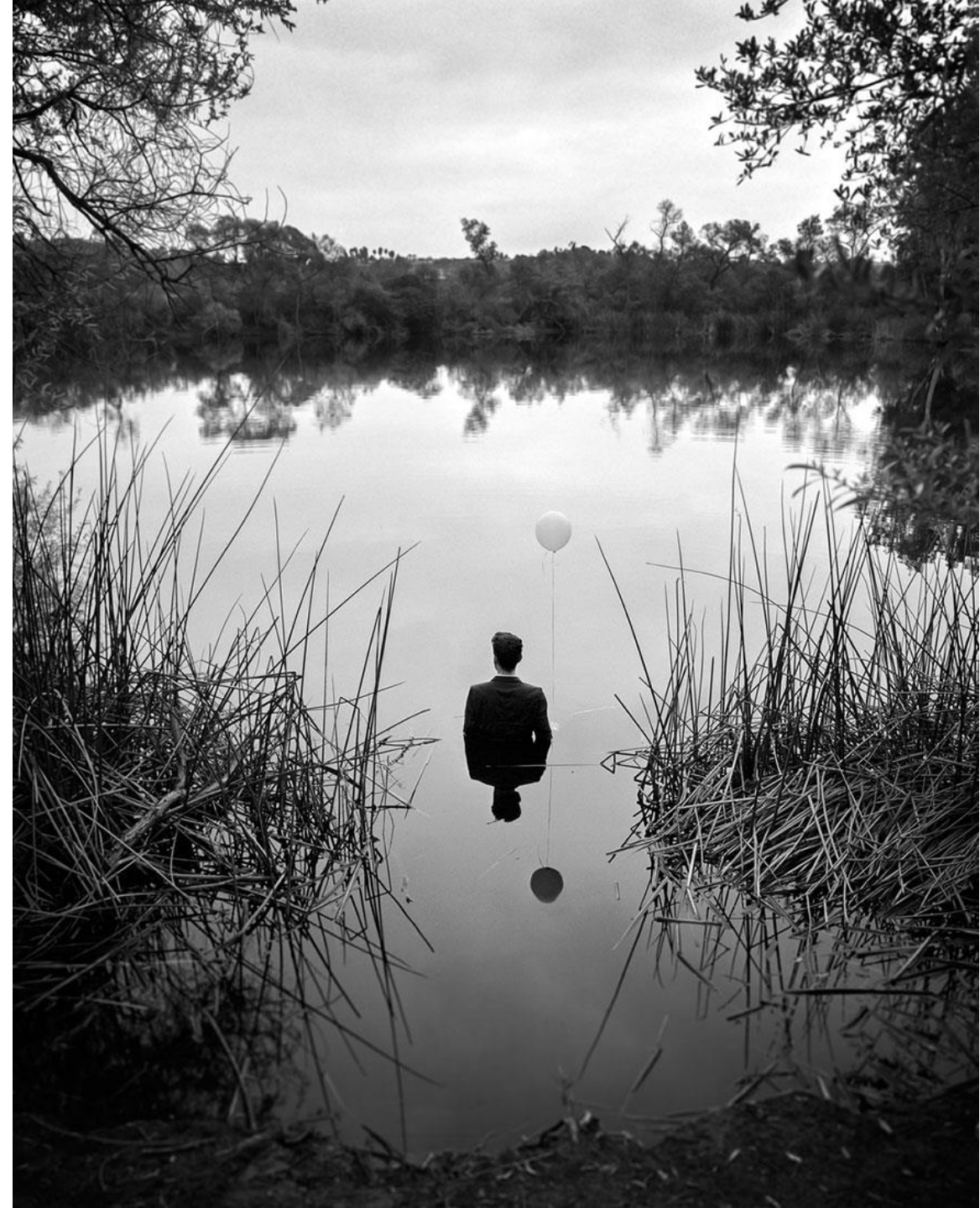
Photographer Edward Honaker, was diagnosed with a mood disorder at the age of 19. He was experiencing a persistent feeling of sadness, creating an overwhelming obstacle in his day-to-day life.

To convey his inner thoughts and feelings, Edward turned to his camera and tried to combat his depression and anxiety via his Photography. He documented his personal experiences with a surreal series of black and white harrowing self-portraits.

The photographs portray the helplessness felt by someone who is battling a depressive disorder. Edward's face is blurred or covered in all of the black and white photos, a powerful symbolism of his feelings of suffocation and drowning.

Each black-and-white image is as artistic as it is revealing, turning his depression into something that can be seen and better understood. Edward said, "It's kind of hard to feel any kind of emotion when you're depressed, and good art can definitely move people".

Distortion and immersion in water are common themes in his work, as well as a literal loss of face. Edwards portfolio acts as a beacon of empathy, and we can learn a lot from his creative's tellings.



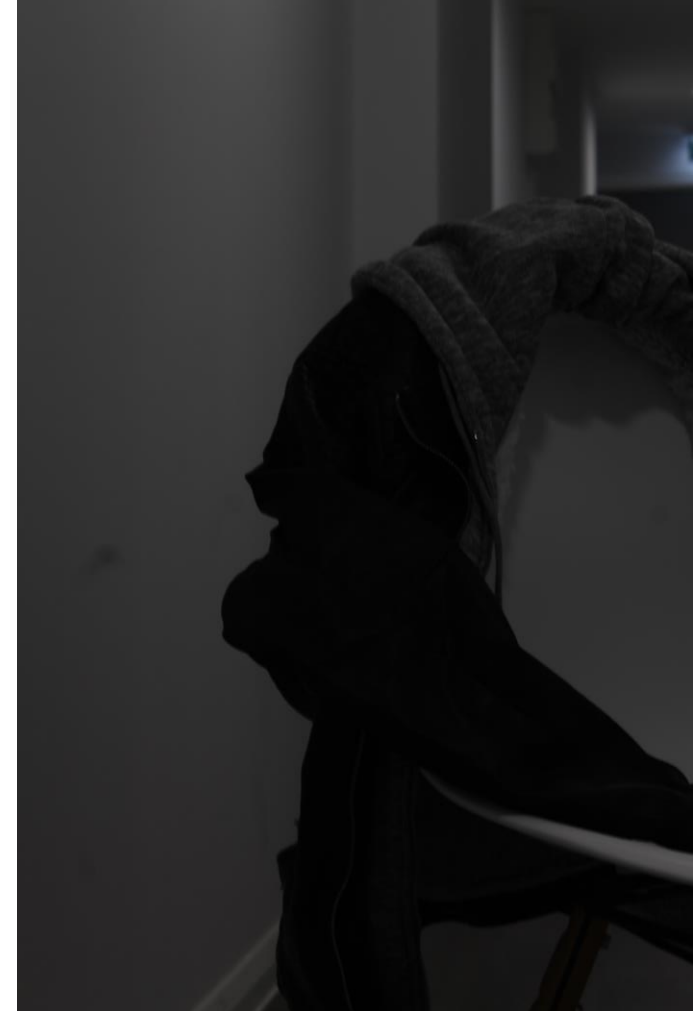
Artist research

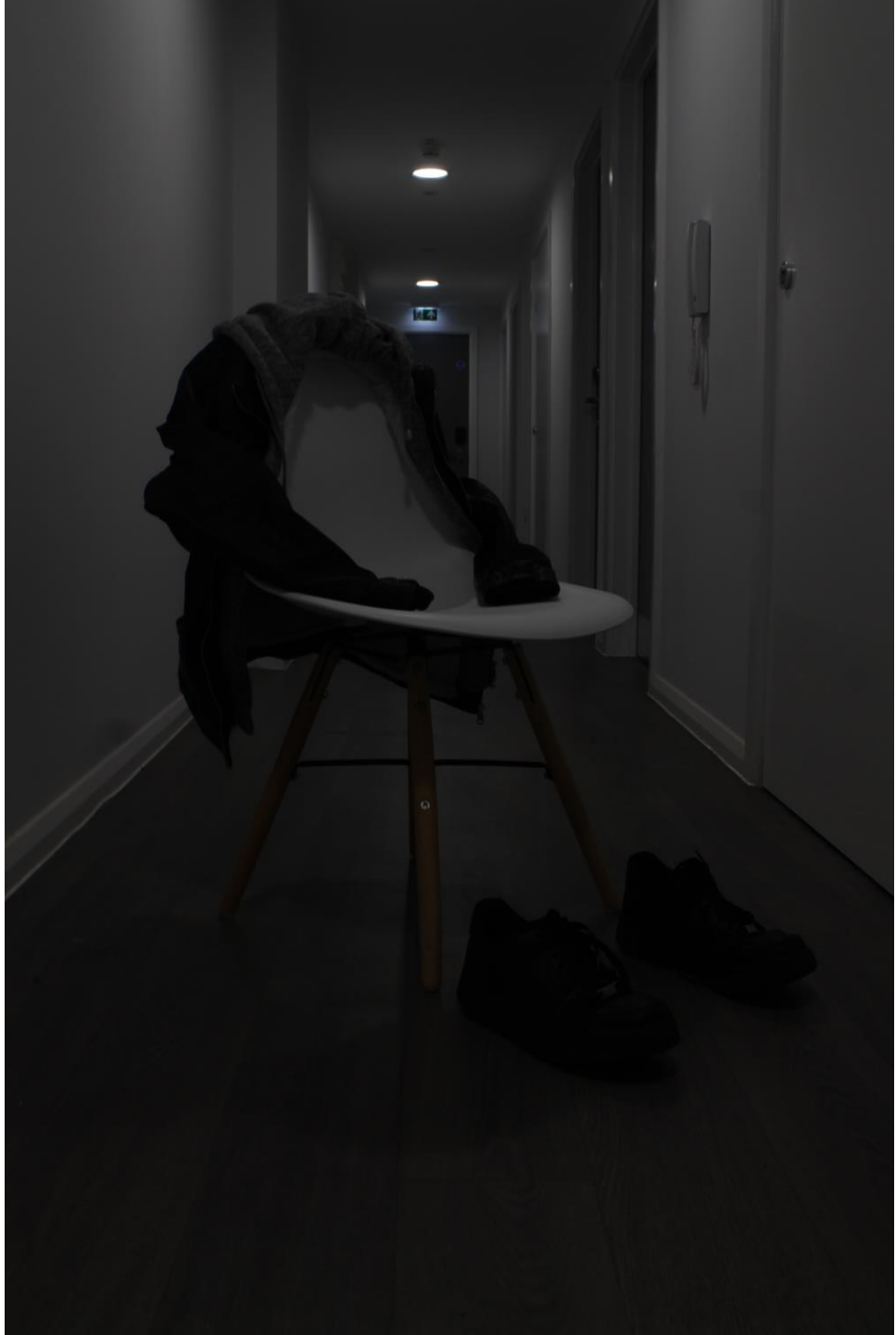
I can't find much on this artist, but his name is f. javier toldos , his work inspires me because it is very emotional, and he uses light and dark in an incredible way



Proposed new images inspired by male loneliness and turning it into not just male loneliness but about being alone

Images taken in proposal to moving onto feeling and being alone – starting with males - do I illuminate the people all together or do I do it with people in – do a different background



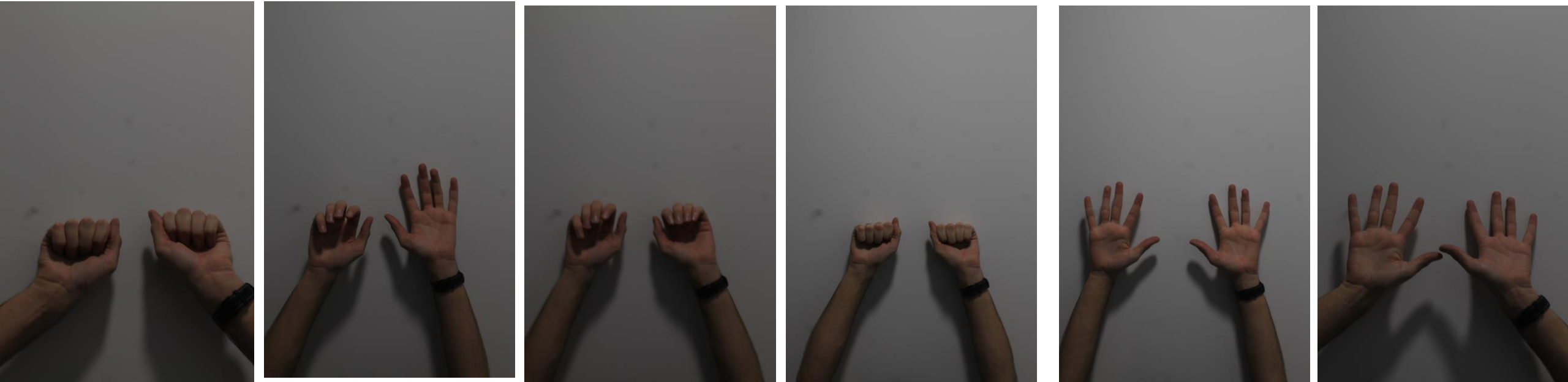


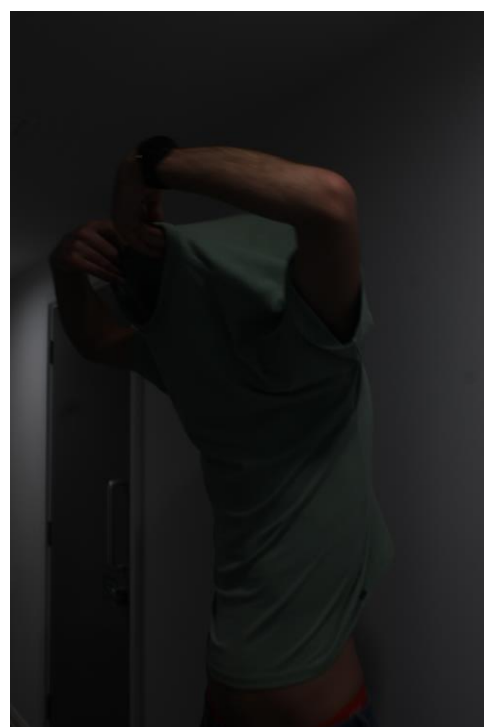
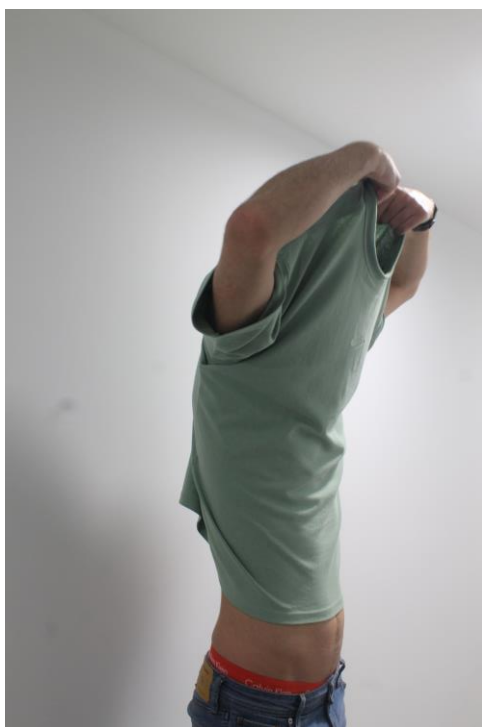
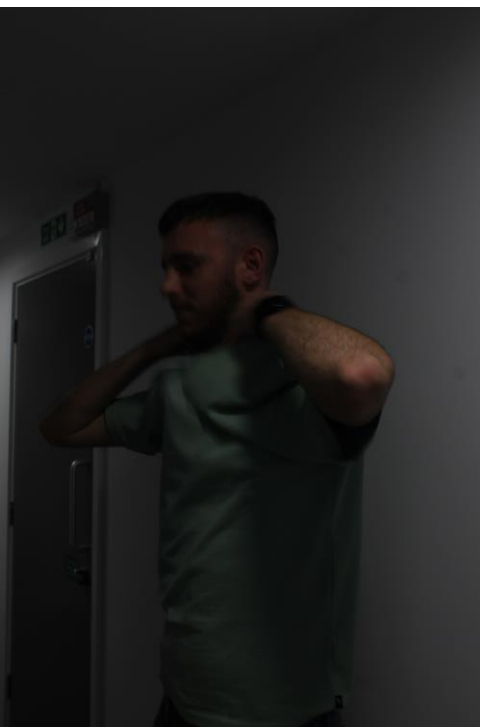
Does doing it on polaroid's make it seem something special

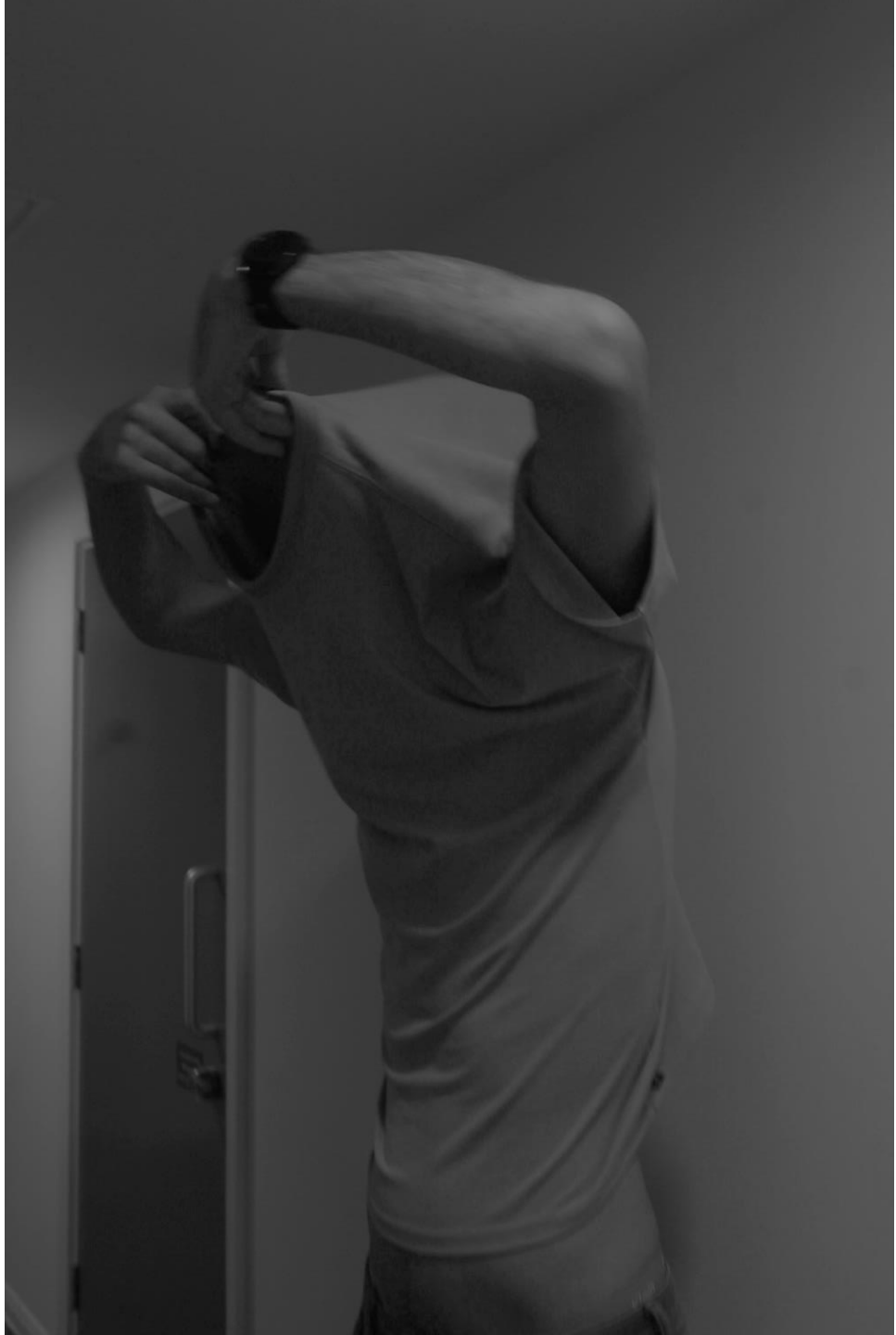


Image 1

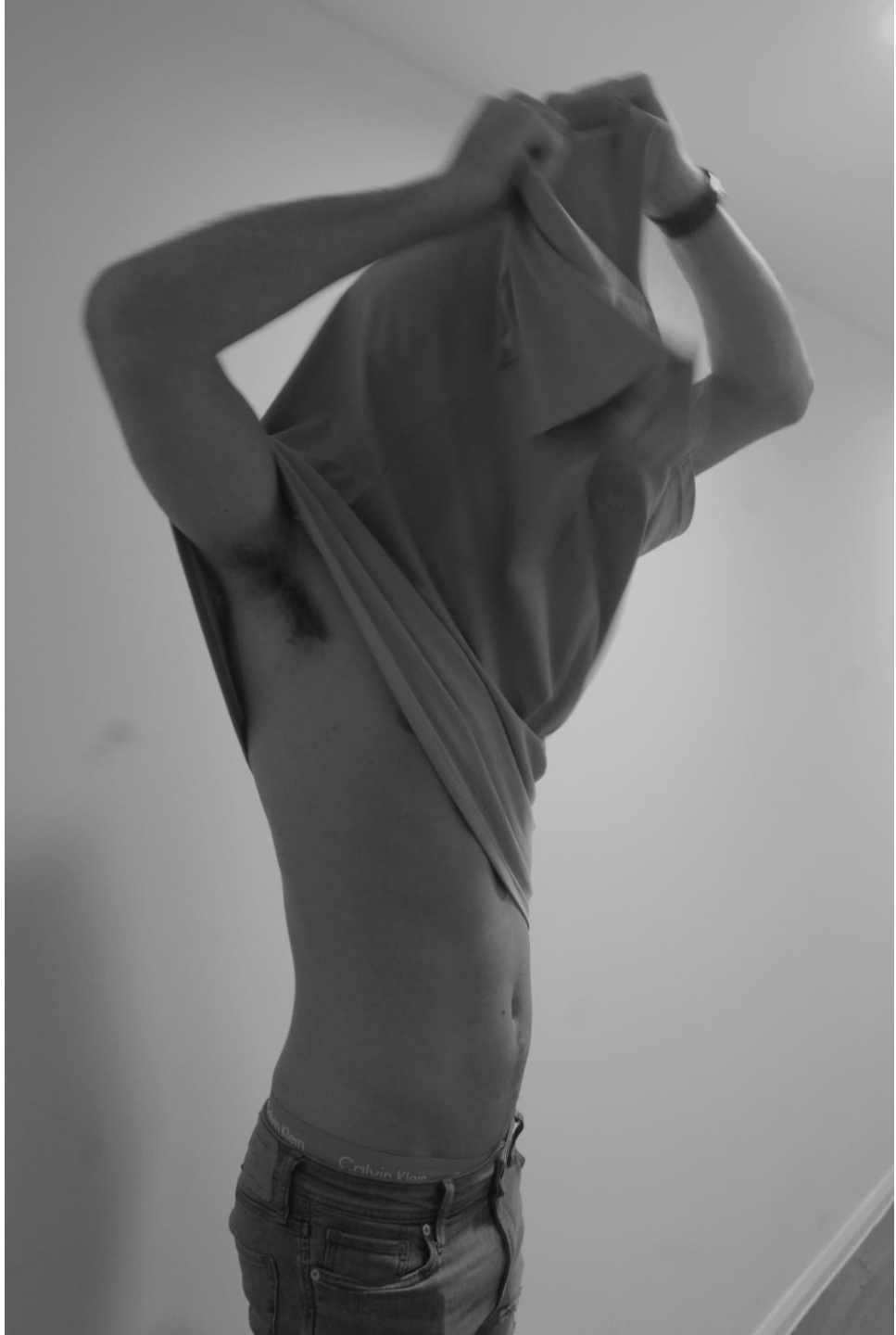
Proposed new images inspired by male loneliness and turning it into not just male loneliness but about being alone











In the photos I have taken I chose to focus on the hands and the torso because when lonely you miss that human touch and those are the main places the you miss someone else's touch i wanted to do them in black and white to add emotion

They are not the best quality photos or the best composite because I was in a rush but I like the idea of feeling touch and being rekindled with that feels when missing it