

MODULE CODE: ECAP6005
TITLE: Mental health and Development in later life
DATED: 26/04/2018

LEVEL: 6
CREDITS: 20

JACS CODE: C810

AIM(S)

- To develop student's theoretical and applied understanding of old age.

LEARNING OUTCOMES

Upon the successful completion of this module, the student should be able to:

- demonstrate a critical understanding of the theories and empirical evidence that underpin the developmental and cognitive processes of ageing;
- demonstrate a critical understanding and evaluation of the social transitions involved in ageing;
- critically reflect on the impact of mental health in later life;
- take responsibility for their own learning and skill development; including effective personal planning, self-reflection and project management skills.

INDICATIVE CONTENT

- Critical examination of the historical perspectives, ideas and theories relating to ageing.
- An exploration of the cognitive and developmental processes involved in ageing, such as changes in cognitive skills, memory, attention and intelligence.
- A critical exploration of mental health in later life, including dementia and depression.
- A critical examination of societal views of older adulthood, and the resulting behaviours and care for people in late adulthood.
- A critical exploration of theories and empirical research relating to retirement and bereavement.

LEARNING AND TEACHING STRATEGY

Lectures will introduce students to the evidence base and key areas of critical debate surrounding the lecture topic. At level six, the use of seminars will focus on encouraging students to use their scientific reasoning and critical evaluation skills to develop a critical understanding of mental health and development in later life. Students will be expected to engage in directed reading prior to each seminar.

The study time for the module is divided as follows:

Activity type	Hours	Percentage
Scheduled learning	30	15%
Independent learning	170	85%
Placement learning	0	0%

TOTAL	200	100%
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ASSESSMENT

Assessment Component 1

☒ **Written exam** ☐ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Written exam	2.5 hours	50%

Assessment Component 2

☐ **Written exam** ☒ **Coursework** ☐ **Practical**

Mode of assessment	Volume	Weighting
Portfolio	3,000 words	50%

Assessment Summary

Activity type	Percentage
Written exam	50%
Coursework	50%
Practical	
TOTAL	100%

This module is a core requirement for Graduate Basis for Chartership (GBC) accreditation with the British Psychological Society (BPS) as set out in documentation to the BPS February 2018.

READING LIST

Please note that at Level Six students will be expected to engage significantly with empirical journal articles in addition to the reading list below.

Module Code	ECAP6005	
Module Title	Mental health and Development in later life	
Classification	Reading List entry	Electronic*
Essential	Christopher, G. (2014). <i>The psychology of ageing: From mind to society</i> . Basingstoke: Palgrave Macmillan.	☐
Essential	Higgs, Gilleard, & Gilleard, C. J. (2015). <i>Rethinking old age: Theorising the fourth age</i> . London: Palgrave Macmillan.	☐
Essential	Medicine, I., Blazer, D., Yaffe, K., & Liverman, C. (2015). <i>Cognitive aging: Progress in understanding and opportunities for action</i> . Washington: National Academies Press.	☒
Essential	Schaie, K., Willis, S., Knight, K., Levy, S., Park, B., Levy, Becca, & Park, Denise C. (2015). <i>Handbook of the psychology of aging</i> (8th ed., Handbooks of Aging). Elsevier Science.	☒
Essential	Stuart-Hamilton, I. (2012). <i>The psychology of ageing: An introduction</i> (5th ed.). London: Jessica Kingsley.	☐
Essential	Warner Schaie, K., & Willis, Sherry L. (2016). <i>Handbook of the psychology of aging</i> (8th ed.). London: Elsevier.	☐

Further	Bamberger, P., Bacharach, S., Briggs, K., & Ben-Gad, M. (2014). Retirement and the hidden epidemic: The complex link between aging, work disengagement, and substance misuse-- and what to do about it.	☒
Further	Bèorsch-Supan, Axel, Börsch-Supan, Axel, & Kneip, Thorsten. (2015). <i>Ageing in Europe: Supporting policies for an inclusive society</i> .	☒
Further	Cabeza, R., Nyberg, L., & Park, D. (2017). <i>Cognitive neuroscience of aging: Linking cognitive and cerebral aging</i> (Second ed.).	☐
Further	Erber, J. (2013). <i>Aging and older adulthood</i> (3rd ed.). Chichester: Wiley-Blackwell.	☐
Further	Phillipson, C. (2013). <i>Ageing</i> (Polity Key Concepts in the Social Sciences series). Cambridge, U.K.: Pol	☒
Further	Santrock, J. (2014). <i>A topical approach to life-span development</i> (7th ed.). New York: McGraw-Hill.	☐
Further	Segal, D., Qualls, S., & Smyer, M. (2011). <i>Aging and mental health</i> (2nd ed. / Daniel L. Segal, Sara Honn Qualls, and Michael A. Smyer. ed., Understanding aging). Malden, MA: Wiley-Blackwell	☒
Further	Walker, A. (2014). <i>The New Science of Ageing</i> (New dynamics of ageing). Bristol: Policy Press.	☐
Journal	Advances in gerontology	☒
Journal	Age and ageing	☒
Journal	Ageing and society	☒
Journal	Ageing & Development	☒
Journal	Aging & mental health	☒
Journal	Ageing international	☒
Journal	Ageing research	☒
Journal	Contemporary gerontology	☒
Journal	European journal of ageing	☒
Journal	Experimental gerontology	☒
Journal	Gerontology	☒
Journal	Mechanisms of ageing and development	☒
Journal	International journal of gerontology	☒
Journal	Journal of aging studies	☒
Journal	Journal of applied gerontology	☒