

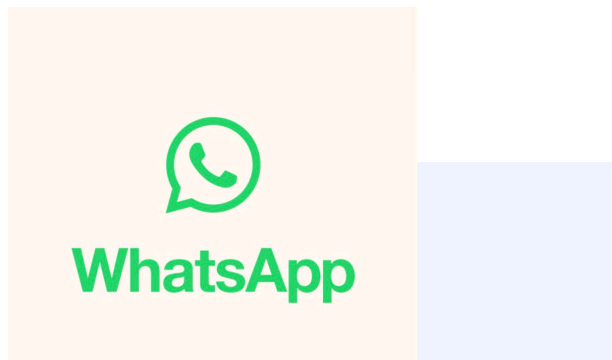
DS 1 Template

My Screenshots/Photos

- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.

Screenshot/Photo 1

[Insert Photo/Screenshot below]



This is WhatsApp on my phone i use it to send messages and talk to my family and friends.

[Write what this shows of your digital life]

Screenshot/Photo 2

[Insert Photo/Screenshot below]

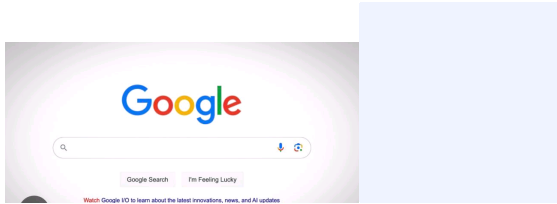


This is YouTube I use it to watch videos and learn new things.

[Write what this shows of your digital life]

Screenshot/Photo 3

[Insert Photo/Screenshot below]

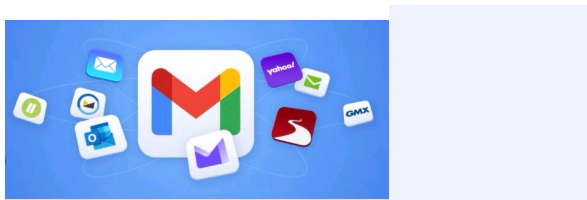


This is Google I use it to search for information and answers to questions.

[Write what this shows of your digital life]

Screenshot/Photo 4

[Insert Photo/Screenshot below]

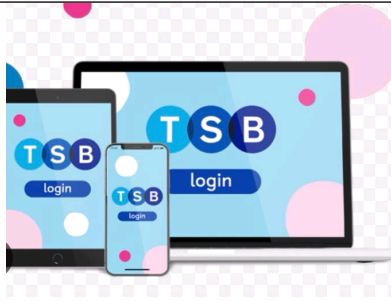


This is my email account i use it to send and receive important messages.

[Write what this shows of your digital life]

Screenshot/Photo 5

[Insert Photo/Screenshot below]



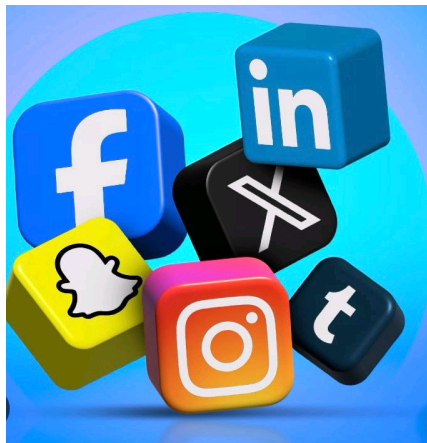
This is my banking app i use it to check

my balance and manage my money.

[Write what this shows of your digital life]

Screenshot/Photo 6

[Insert Photo/Screenshot below]



This is a social medias app i use it to keep in touch with people and see updates.

[Write what this shows of your digital life]

My Short Reflection

- Write 5–8 simple sentences about your digital life.
- You can use the sentence starters below if helpful.

I use digital tools every day on my phone and laptop. I often use the internet to search for information and learn new things. I use apps to communicate with my family and friends. I feel confident using social media and watching videos online. I want to improve my digital skills and learn how to use more programs. Sometimes I feel nervous when using new technology. Digital skills are important for me because they help me in my studies and daily life. I hope this module will help me become more confident with technology.

Sentence starters

- I use digital tools to ...
- I feel confident when I ...
- I want to improve ...
- I often use these tools: ...
- I sometimes feel nervous about ...
- I hope this module will help me ...
- Digital skills are important for me because ...

You can write more if you want.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly