



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Academic, Industry & Digital Skills

Week 10

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Trawsnewid Addysg, Trawsnewid Bywydau
Transforming Education, Transforming Lives

www.uwtsd.ac.uk

Learning Objectives

By the end of this lecture, you will be able to:

- Define feedback and feedforward
- Understand the role of feedback in the learning process
- Recognise strategies to use feedback effectively
- Differentiate between feedback and feedforward for continuous improvement

What is Feedback?

What is Feedback?

Definition:

Feedback is information provided regarding aspects of one's performance or understanding with the intention of improving future performance.

Types of Feedback:

- **Formative:** During the learning process (e.g. comments on drafts)
- **Summative:** After assessment (e.g. assignment marks)
- **Peer feedback:** Provided by fellow students
- **Self-feedback:** Reflection on one's own work



Why Feedback is Important?

- **Identifies strengths and weaknesses** – Helps learners know what they are doing well and what needs improvement
- **Guides improvement** – Provides actionable suggestions for next steps
- **Enhances motivation** – Recognising progress encourages continued effort
- **Supports deeper learning** – Helps learners engage critically with content

What is Feedforward?

What is Feedforward?

Definition:

Feedforward focuses on providing guidance and suggestions that can be applied to future tasks or learning opportunities.

Key Difference from Feedback:

- Feedback = Reflects on **past performance**
- Feedforward = Provides **direction for future improvement**

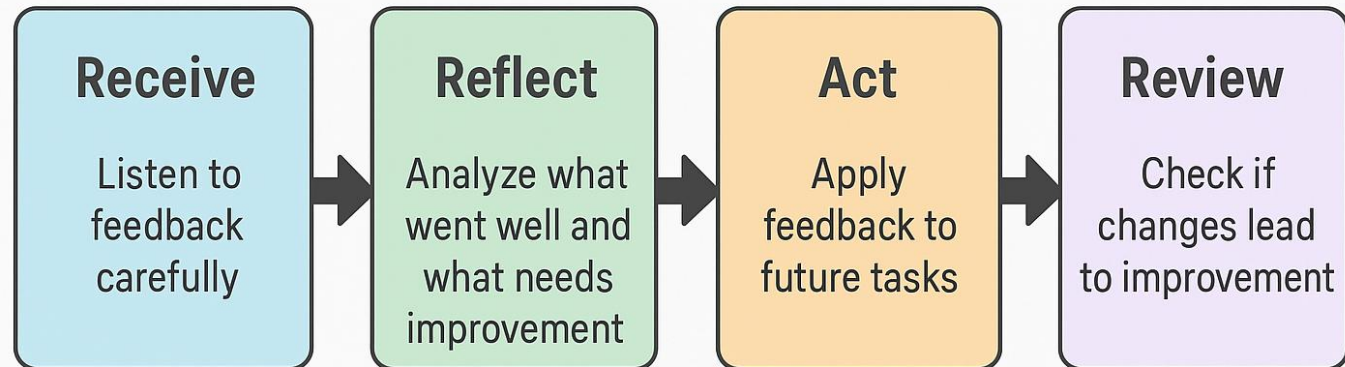
Example:

Feedback: “Your presentation slides are too text-heavy.”

Feedforward: “For your next presentation, use concise bullet points and add visuals to highlight your key ideas.”

How Feedback Supports Learning

HOW FEEDBACK SUPPORTS LEARNING



Characteristics of Effective Feedback

Effective feedback is:

- **Specific:** Clear and detailed
- **Constructive:** Focused on improvement, not just criticism
- **Timely:** Given soon after the task
- **Actionable:** Provides concrete steps for improvement
- **Balanced:** Highlights both strengths and areas to improve.



**What important
points should you
keep in mind when
receiving feedback?**

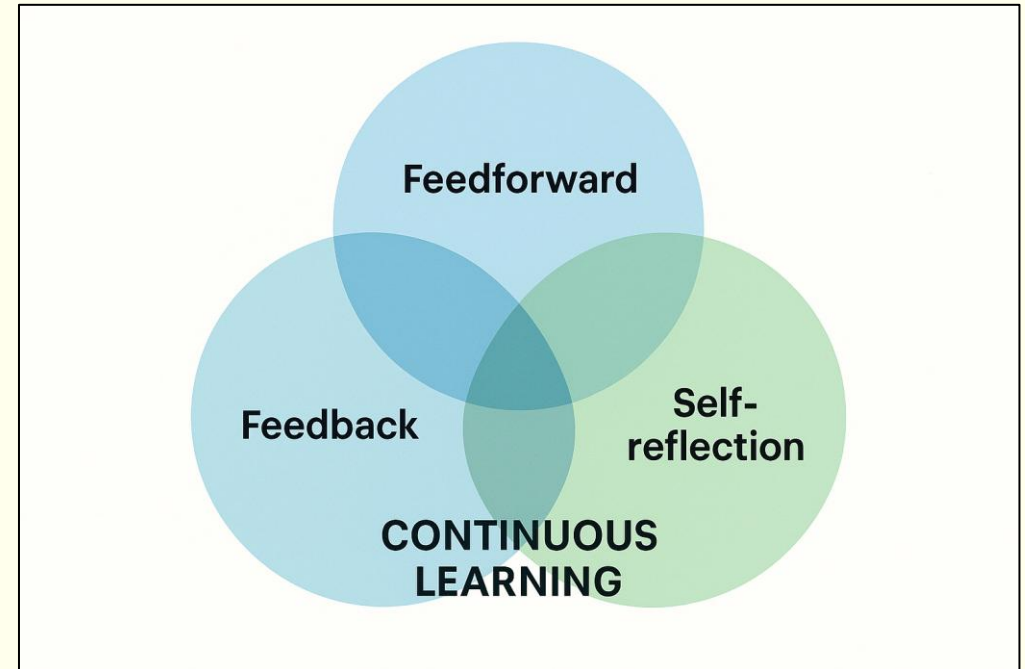
Receiving Feedback

- Pay full attention without interrupting → **Listen actively!**
- Stay open-minded → **Avoid defensiveness; see feedback as a growth opportunity**
- Clarify if needed → **Ask questions to fully understand the feedback**
- Look for actionable points → **Focus on specific areas you can improve**
- Separate the message from the messenger → **Focus on the content, not who gave it**
- Reflect before reacting → **Take time to process feedback thoughtfully**
- Implement changes step-by-step in future tasks
- Track progress to see improvement over time

Integrating Feedback and Feedforward

Approach:

- Treat feedback as a learning resource
- Use feedforward as a roadmap for continuous improvement
- Combine self-reflection, peer feedback and lecturer guidance for optimal growth



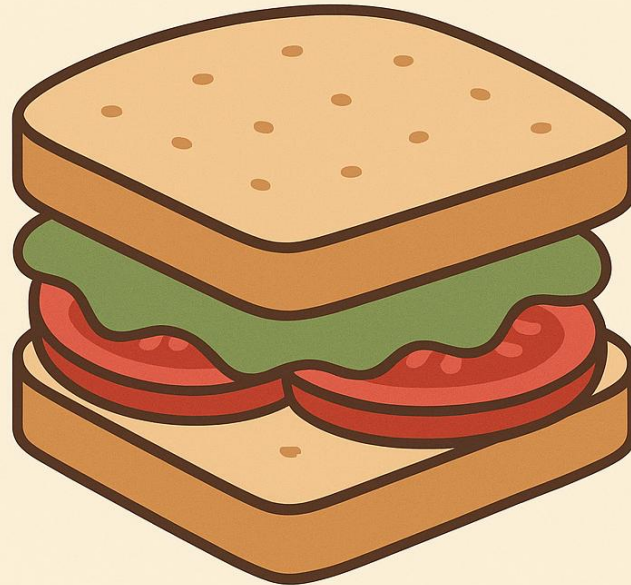
Common Pitfalls to Avoid

- Ignoring feedback or not applying it
- Taking feedback personally instead of constructively
- Waiting until the last minute to act on feedback
- Relying solely on grades as a measure of learning



The Feedback Sandwich

FEEDBACK SANDWICH



Compliment

Start with something positive.

Feedback

Provide constructive feedback.

Encouragement

Offer support and encouragement.

Activity: Mock Presentations

Objectives:

Practice giving and receiving constructive feedback.
Understand the concept of feedforward (future-focused suggestions).

1. Comment on:

Strengths; Areas for improvement; Suggestions for Next Time

2. Provide feedback using the Feedback Sandwich.

Summary

- Feedback helps you understand past performance
- Feedforward guides future improvement
- Effective feedback is specific, timely, actionable and constructive
- Applying feedback actively leads to continuous learning and growth
- Embrace feedback as a tool, not a critique



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Assignment 1 Feedback

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Assignment 1 Feedback

- Provisional marks and feedback will go live on 12th December 2025 at 23:59pm.
- All marks remain *provisional* until approved by the Examining Board.
- Please ensure you read all feedback comments (in-text comments, General Feedback Comment and Grading Form).

70-100%	1st
60-69%	2.1
50-59%	2.2
40-49%	3rd
30-39%	Fail
0-29%	Fail



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Our next lecture will
take place on
Thursday, 8th January
2026, at 2:30pm in
Room IQ002c.

Enjoy your time off! 😊