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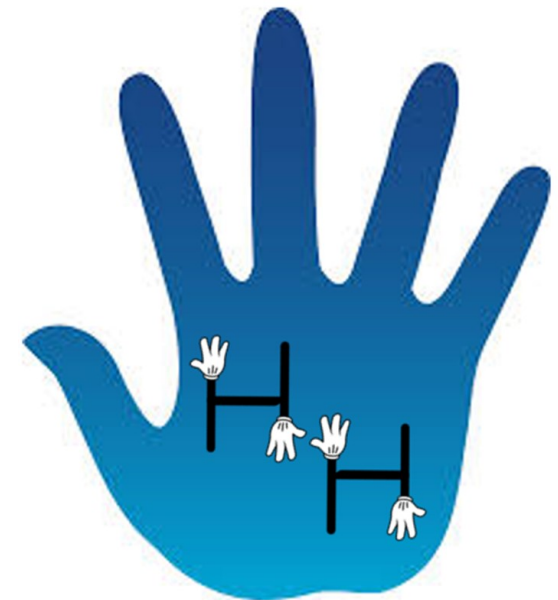
About us:

The helping hand foundation is a non profit charity organisation. Our basic purpose is to help improve the lives of disabled children in any way we can. We work with both mentally and physically disabled children up to the age of 18. As a non profit organisation our funding comes from charitable donations, the more money we raise the more children we can help. Please visit www.helpinghandfoundation.gov.uk for advice on how to donate or how you can help raise money yourself. We use this money to provide assistance to disabled children and their families in many different ways. These include:

- Buying specialty equipment
- Hiring carers
- Paying for new and initiative treatments
- Activities and days out for the children
- Providing advice for the parents and children

These are just some of the ways we try to help improve the life of a disabled child. All the services we provide are done so because what is needed is not provided by the NHS and cant be afforded by the parents. Meaning without our help, these children would go without these services, that in some cases saves their lives.

Helping Hand Foundation



Our Purpose:

To prevent disabilities from becoming handicaps.

Tel: 01792 647358

The 6 key principles of person centred

1. Person centred planning is planning from an individual's perspective on his or her life.
2. Person centred planning entails a creative approach to planning which asks 'what might this mean?' and 'what is possible?' rather than assuming common understandings and limiting itself to what is available.
3. Person centred planning takes into consideration all the resources available to the person – it does not limit itself to what is available within specialist services.
4. Person centred planning requires serious and genuine commitment and co-operation of all participants in the process.
5. Person centred planning is an art – not a science.
6. The development of a plan is not the objective of person centred planning.

We here at the helping hand foundation believe that using these six principles as a guide helps us to provide the best possible care and support for those that require our service.



How we use person centred planning (PCP)

Person centred planning is essentially a problem solving process that we use to help provide the best possible service for the individuals and families we work with. Our specialist teams visit the individual and their family, evaluate their current situation, work out how that situation could be improved if possible, and most importantly, discuss with the person in question about what they want their future to look like. The team then go away and discuss how the life of this child can be improved while using the child's wishes as a guide. Improvements in life can come in many forms, physically, mentally, socially, through skill development, community inclusion, and many more. They achieve this by looking at the life of that individual in a different way. With the purpose of increasing opportunities for the individual, helping them gain control and most importantly helping them to recognise their dreams and desires.



Social inclusion

“In every country, certain groups—whether migrants, Indigenous Peoples, or other minorities—confront barriers that prevent them from fully participating in their nation's political, economic, and social life. These groups are excluded through a number of practices ranging from stereotypes, stigmas, and superstitions based on gender, race, ethnicity, religion, sexual orientation and gender identity, or disability status. Such practices can rob them of dignity, security, and the opportunity to lead a better life.” - The World Bank

Our aim here at the Helping Hand Foundation is to prevent this happening to disabled children by encouraging social inclusion. We do this in a number of ways. Firstly we try to educate other children about disabilities by visiting schools, we teach them at a young age how its wrong to discriminate against someone by leavening them out or treating them differently just because they are disabled. We also help disabled children who experience this by teaching them how to deal with it, and how they themselves can help educate their classmates. We also encourage the children we help to engage in as many activities and groups as they can both inside and outside of school.