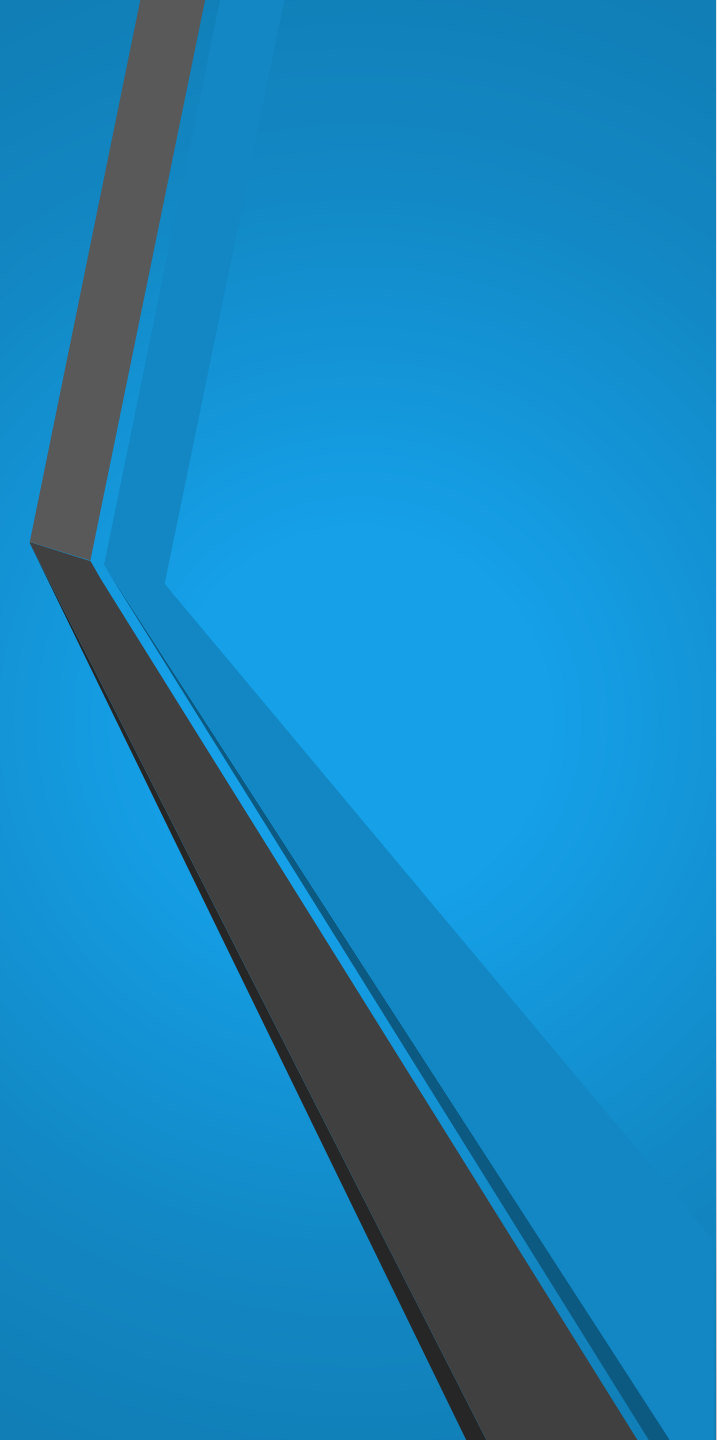




Olesia Tarytsa (2024821)

Academic and Employability Skills (BMSW4001)

Noura Mohamed

Health care assistant



Why become a career?

I'll have a rewarding career

I'll be able to pursue my passion

I can enjoy meeting new people

Caring offers flexible hours

I receive a proper training

Primary Responsibilities:

Undertake new patient health checks

Support the practice nurse with health promotion programmes

Carry out baseline observations such as pulse oximetry, blood pressure, temperature, pulse rate, recording findings accurately

Facilitate routine and 24-hour BP monitoring, advising patients accordingly

Undertake wound care, dressings and other clinical tasks as required

Support the practice nurse with the management of chronic disease clinics

Carry out BMI checks as directed

Act as a chaperone as required

When trained, administer flu vaccinations

Ensure specimens are recorded and ready for onward transportation

Provide support during minor operations as required

Ensure all clinical rooms are adequately stocked and prepared for each session

Ensure fridges are cleaned routinely in accordance with extant guidance

Ensure clinical waste is removed from clinical areas and sharps bins replaced in accordance with the practice IPC policy

Deliver opportunistic health promotion where appropriate

Secondary Responsibilities:

- When trained, undertake venepuncture
- When trained, carry out ear irrigation under the supervision of the practice nurse
- Carry out ECGs as requested
- Participate in practice audit as directed by the adult lead
- Participate in local initiatives to enhance service delivery and patient care
- Support and participate in shared learning within the practice
- Complete opening and closing procedures in accordance with the duty rota

Skills and knowledge need:

- patience and the ability to remain calm in stressful situations
- sensitivity and understanding
- to be thorough and pay attention to detail
- the ability to work well with others
- the ability to accept criticism and work well under pressure
- the ability to work well with your hands
- excellent verbal communication skills
- customer service skills
- to be able to carry out basic tasks on a computer or hand-held device

Training and development

May also be offered the chance to study for qualifications through an apprenticeships such as:

- the NCFE CACHE level 2 Certificate in Healthcare Support Services
- the NCFE CACHE level 3 Diploma in Healthcare Support

With experience and further training, I could become a senior healthcare assistant. I could then apply to train as an assistant practitioner or nursing associate. With the appropriate qualifications/evidence of academic ability, I could also train as one of the many degree-level healthcare professionals such as a nurse, podiatrist, midwife or occupational therapist.

Progressing
in your career
is partly your
responsibility.

“If you sit back and just do what it says on the job description, you’ll never get noticed. If you want to progress you need to prove that you’re motivated, show you want to go forward, learn new things and are passionate about your job – then you’ll get noticed.”



References:

- URL <https://www.healthcareers.nhs.uk/> [Accessed 5 April, 2021]
- URL <https://www.oneeducation.org.uk/course/healthcare-assistant-training/> [Accessed 7 April, 2021]
- URL <https://www.nhsprofessionals.nhs.uk/> [Accessed 8 April, 2021]