



Task 2: Reflective Activity

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To think about my learning, I used Gibbs 'Reflective Cycle. Completing Task 1 helped me improve my research, presentation, and communication skills while learning more about what a healthcare Assistant.

Section	Response
1. Research	In Task 1, I did presentation about the role of a healthcare assistant. I started my investigation by using Google Scholar, professional magazines and healthcare articles. For me this task was easier because I have previous experience working as a healthcare assistant in Barcelona, Spain. This experience helped me understand the information better.
2. Presenting	Presentation was a very good experience. My English is not fluent and I felt nervous, but I Tried speaking clearly as possible. I used my practical experience from Barcelona to help me. I tried hard and this experience improve my confidence. I was pleased that my research was well-organised, and I was explicit about the assessment of the CRAAP test.
3. Challenges you faced	One challenge I faced it was understanding some academic vocabulary and healthcare terminology end English. Because English is not my first language, I sometimes needed extra time to read the information carefully and check the meaning of unfamiliar words. Even with these challenges learned how to research better, understand Healthcare information in English, and choose more reliable sources. My experience working as a Healthcare assistant in Barcelona-Spain also helped e understand many of the duties and responsibilities of the role.
4. Actions to improve	I will be better prepared in future by improved my presentations skills, are to continue my research with the different medical books,oficials websites. And also read reliable healthcare websites such as the NHS. I would like to improve my English pronunciation every day with classmates, teachers, or work colleagues to improve my communication skills. I try using a notebook or daily planner to organize my task and improve my time management.
5. Further steps needed to Prepare for Task 3	For task 3, I will write an academic report on the role of the healthcare assistant. I will make a clear plan for my report with the main sections, introductions, responsibilities ,important skills. I also need to choose three important skills, such as communication, empathy, and teamwork, and find examples of how they are used in Healthcare .Another step is to save the details of sources so I can write the Harvard references correctly. I will review my grammar spelling, and academic style before submitting the report through Turnitin.

