

Critical reflections of Professional practice Presentation

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Doctorate of Professional Practice Children young people and community

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Welcome to my presentation for module

Critical Reflection of Academic and Professional
practice. I will share my Journey and Influences to
undertaking Doctorate of Professional Practice
Children young people and communities.





Influences





Experiences

- Experience as a mental healthcare support worker: Working directly with individuals experiencing mental health challenges has enhanced my understanding of the complexity of wellbeing and mental health and the significance of holistic care (Smith, 2018).
- Raising a child with severe allergies, experiencing and managing anaphylactic shock incidents: Witnessing my son's resilience in facing and overcoming challenges has profoundly influenced my perspective on adversity and the importance of support networks (Jones & Brown, 2019).



Experiences

- Involved in mentorship programs within the local mosque to accommodate the unique needs and cultural backgrounds of participants, providing culturally relevant guidance and support.
- Engaging with diverse communities to understand their specific needs and interests and involving children and young people in activities that respect and celebrate their cultural identities.
- Supporting school as a Governor so children and young people feel valued and respected regardless of their cultural background, and promoting cross cultural understanding and appreciation among children.

Learning opportunities



- Bachelor of Science in Health and Social Care: Through my undergraduate studies, I gained foundational knowledge in healthcare systems and the social determinants of health (Johnson et al., 2020).
- Master of Science in Applied Psychology: This program equipped me with advanced skills in psychological assessment such as statistical analysis using SPSS and psychological intervention, enhancing my ability to understand human behaviour and promote well-being (Garcia & Martinez, 2017).

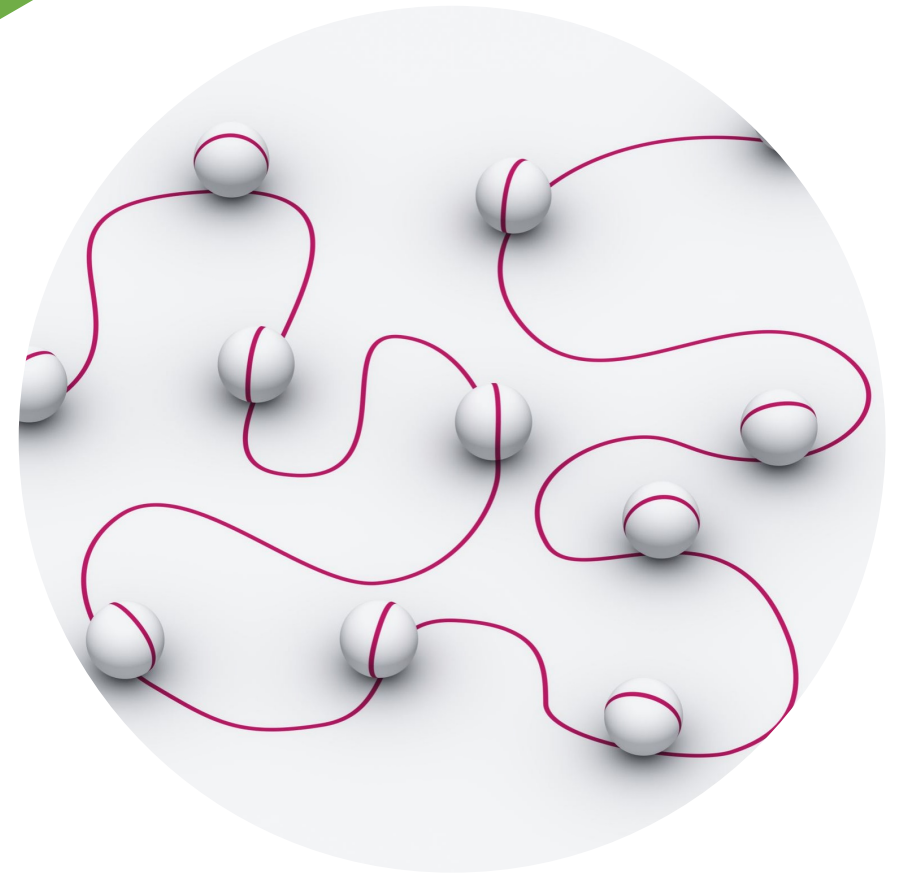


Personal and professional influences

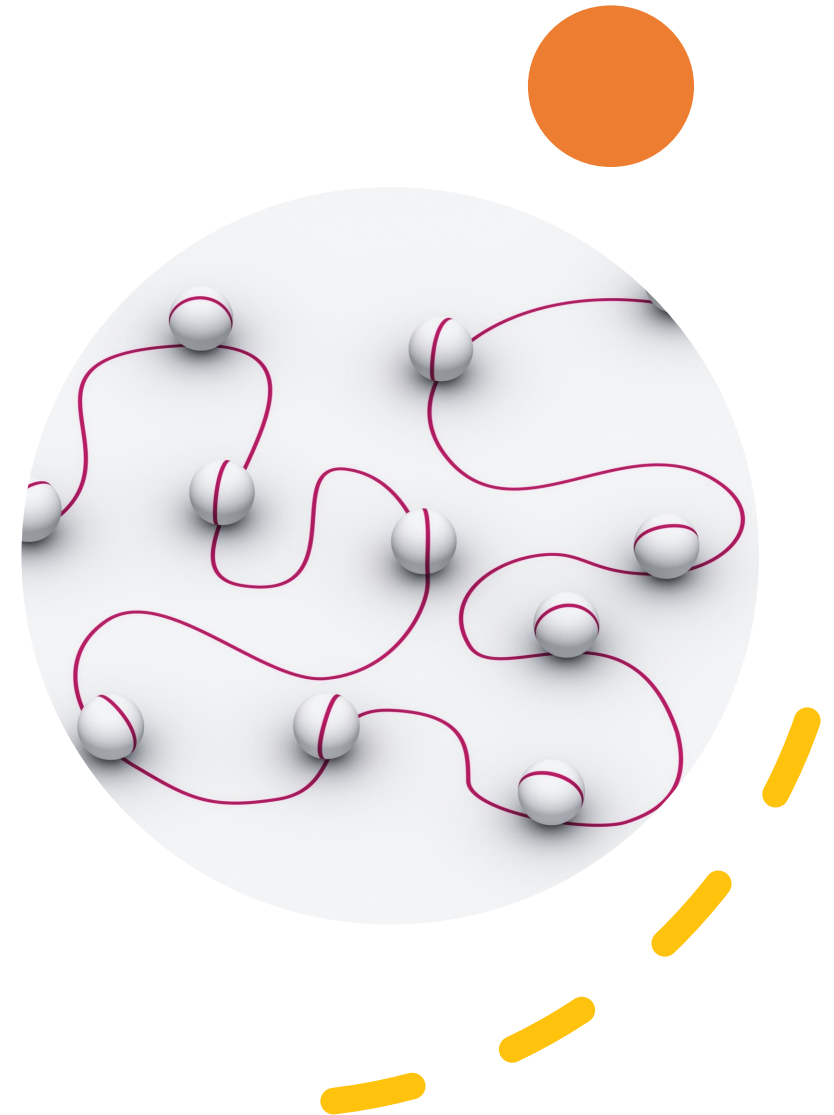
- Mentors/Role Models: member of my close family, who has shown resilience in coping with his allergies, this really constantly reminds me of the importance of perseverance and adaptability when faced with a constant trial and threat in their health. (Smith, 2021).

Links to theory and policy

- Theoretical frameworks in healthcare and psychology: Concepts such as attachment theory and cognitive-behavioural theory have informed my approach to supporting individuals and families in healthcare settings (Brown & White, 2016).
- Importance of the UN Convention on the Rights of the Child (UNCRC): Upholding the principles outlined within the UNCRC, like the right to healthcare, being protected from harm and a right to education, guides my commitment to promoting the well-being of children and young people (UNCRC, 1989).
- Relevance of the Equality Act 2010: The Equality Act 2010 has a vital and essential job in ensuring equality and eliminating discrimination in several sectors, including healthcare and education, reinforcing my dedication to advocating for equitable access to services and opportunities for all individuals (Equality Act, 2010).



- Integration of Sustainable Practices: Recognising the interconnectedness of present actions and their impact on future generations, I am committed to integrating sustainable practices in healthcare and community interventions, fostering environments that support the health and well-being of current and future populations.
- Alignment with the Well-being of Future Generations Act (Wales) 2015: As the Well-being of Future Generations Act in Wales, my role is to ensure that decisions made today consider the long-term well-being of people, communities, and ecosystems, fostering a sustainable and equitable future for all (Well-being of Future Generations Act, 2015).



Journey to undertaking the course





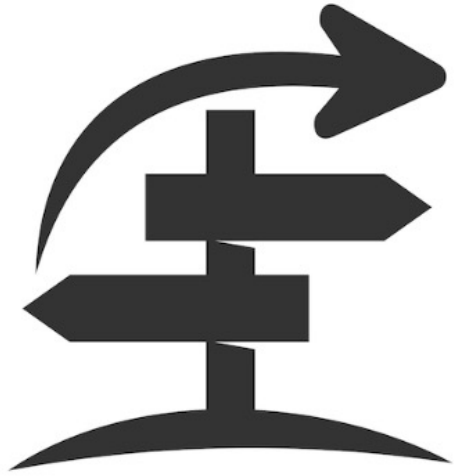
What Led Me Here?

- Desire to deepen understanding of child psychology and community dynamics: My experiences with my son's allergies ignited a passion for understanding child development and the role of communities in promoting health and well-being (Taylor & Green, 2019).
- Personal experiences sparking interest in child and community health: Managing my son's allergies exposed me to the challenges faced by families and communities in navigating healthcare systems and advocating for their needs (Clark & Evans, 2020).



What I Hope to Achieve and Why?

- Goal to enhance skills in supporting children, young people, and communities: By pursuing this MA programme, I aim to gain specialised knowledge and skills to better serve these populations and address their unique needs (Miller & Johnson, 2017).
- Desire to become a role model for my children and make a positive impact in my professional field: Completing this programme aligns with my commitment to ensuring resilience and lifelong learning for my children, while also contributing to advancements in healthcare practice (Robinson & Smith, 2022).



Where I Would Like It to Take Me?

- Aspiring to contribute to research and policy development in child and community health: Through this programme, I aim to develop expertise that will enable me to actively participate in research initiatives and advocate for evidence-based policies that promote the well-being of children and communities (Brown et al., 2021).
- Aim to advance into leadership roles within healthcare and community organisations: By acquiring advanced knowledge and skills, I hope to position myself for leadership opportunities where I can influence organisational practices and contribute to positive change (Garcia et al., 2018).

Identification of the next steps

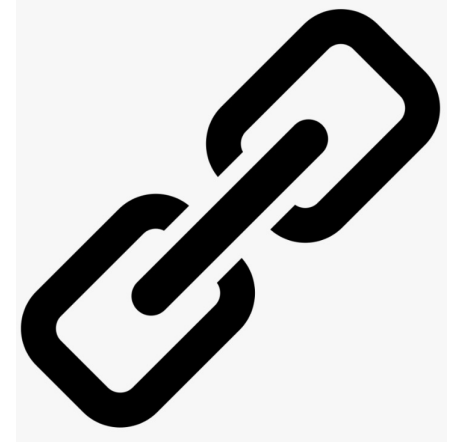


Moving Forward in My Career

- Develop expertise in child psychology and community interventions: I plan to pursue additional training and certifications in areas such as child development and community engagement to further enhance my professional skills (Johnson & Smith, 2019).
- Gain practical experience in implementing evidence-based practices: I aim to seek opportunities for hands-on experience in applying theoretical knowledge to real-world settings, collaborating with multidisciplinary teams to deliver comprehensive care (Adams & Taylor, 2020).

Connection to Doctorate of Professional Practice:

- Strengthen my foundation for doctoral studies focusing on children, young people, and communities: The skills and theories acquired through this MA programme will provide build upon previous knowledge for my doctoral research, allowing me to delve deeper into topics relevant to child and community health (Clark et al., 2021).
- Build on MSc to inform doctoral research and contribute to professional practice: I intend to leverage insights gained from coursework and interactions with peers and faculty to shape my doctoral research agenda and inform my practice as a healthcare professional (Miller & Garcia, 2019).



Conclusion

My experiences and educational journey have shaped my perspective and aspirations, reinforcing my commitment to lifelong learning and making a positive impact in my professional field (Robinson et al., 2020).

Emphasise the importance of continuous learning and development: This presentation has highlighted the transformative power of education and personal experiences in shaping one's perspective and career path (Brown & Johnson, 2018).

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Thank you

Any question?

