

E-Portfolio Evidence of Learning

Rahima Sultani (2014833)

BSC(Hons)Health and social care

**Changemakers:Building your personal brand for
sustainable employment**

BMHP5015 BIRM

Dr Tayo Korede

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Rahima Sultani

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20/07/2022

Dear HR/Recruitment Manager

Application for health care assistant

I am writing to apply for the role of care assistant which I have seen advertised. I have had the experience of working in an elderly care home and enjoy the role of helping and i believe that my profile could be the perfect fit for your team, thanks to my personal skills and qualifications.

I have experience as health care assistant working at hospital. I have developed strong and solid caring competencies as well interpersonal skills. I am a caring and hardworking individual with a keen interest in developing a career within the support work. I have some caring experience developed through caring for my child. I am currently seeking an opportunity to build on my experience and gain further practical caring experience. I am a good listener and i have an understand toward other people's needs, extremely dedicated and passionate about caring for people. I can use my own initiative to successfully complete a range of task I am available for undergo any training to achieve formal qualification I am also willing to undertake a short work trial in order for you to assess my suitability.

I am available for interview at any time convenient for yourself, and i would be pleased to attend for interview at your convenience to allow me to discuss my experience and qualities further. My full details can be found on my CV. Many thanks for your time, and i hope to hear from you in the near future.

Sincerely, Rahima Sultani

Rahima Sultani

58 Fitzroy Road Birmingham, B31
5pd
07985695820
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EXPERIENCE

Carer of three children :

November 2009-Present

Carer of child with disability :

September 2014-Present

- . Take temperatures, Blood Pressure and Heart Rates
- . Help Doctors with Physical Examinations
- . Give Drugs and Injections
- . Work with doctors and other healthcare professionals to decide what care to give
- . Done CPR, Change MPA Feeding Tube, Using Solution Tubes
- . Check Care Plans

Hospital Cleaner :

2007-2008

EDUCATION

University Of Wales And Saint Trinity David:

March 2021 -Present

Birmingham

Level 4 and 5

SKILLS

- .Empathy and a Respectful Approach
- . A Friendly And Caring Personality
- . The Ability To Relate To People From a Variety of Backgrounds
- . Tact and Sensitivity, Particularly When Helping People With Personal Care
- . The Ability To Stay Calm Under Pressure
- .Patient, Reliable and Punctual With A Sense Of Humour

LANGUAGES

English, Swahili and Arabic



Hi my name is Rahima Sultani

I am a highly motivated and proactive care. I recently graduated from university with a degree in health and social care I also have 3 kids i am a single mother, I have developed an interest in care assistant.I am currently looking for an opportunity taking a full-time job i believe that taking a full-time care job will open me up to real-life challenges that will help me thrive in my career journey.but in my spare time, I focus on how I can use it to solve real-life human challenges in their everyday life. I have been catering for my granddad who's got brain cancer and my son who's got air problem since birth.. am currently looking to resume my professional career after dedicating the last 13 years taking care and raising my family.I.Strongly believe in nurturing and educating and educating children to become better and knowledgeable children, and helping children become educated is more than a career, it is a rewarding process for me.

Reference

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