



Identity: Professional & Personal

**Personal
Development
Week 6**

Aims



Check in

Provisional Student Voice Staff Panel Meeting (Monday 23rd November 11am) On Campus/Online



What is your Professional Identity

Writing Activity

Discussion and sharing

Read: Storying our professional identity: Narrative Approach (On Moodle)



Assessment

Creating a promotional Video

Example

Professional Identity <https://dulwichcentre.com.au/articles-about-narrative-therapy/storying-professional-identity>

- **Interview from John Winslade (2002)**
- **We think of a professional identity as consisting of a set of values, attitudes, ideas, knowledge and skills. Enabling students to put these all together and to make meaning of them through storylines makes it possible for them to articulate, 'This is who I am as a counsellor and this is what I'm trying to do in the world'.**

Task of Counselling Education

- From this perspective, the task of counsellor education then becomes **one of co-authoring (students and counsellor educators together) a story of professional identity development**. In order to develop such an identity, certain skills must be learned; certain thinking must be done in relation to current theoretical conversations; and certain relationships must be formed with the community of counsellors of which they hope to become a part. Development of a professional identity involves fostering self-descriptions consistent with the performance of the values and skills of counselling practice. We believe it is possible to structure a context that provides opportunities for the storying of professional identity and this keeps us, as practitioners of counsellor education, alert to the moments that can arise for story development.
- These range from selection interviews, to exercises in class, to mid-year interviews, to the practice of interviewing skills, to meetings with supervisors, to participation in reflecting teams interviews, to the creation of final portfolios, and so on (see Winslade, Crocket, Monk & Drewery 2000).



Creating your promotional video

What is your professional Identity?

What is your preferred way of working, way of being within practice.

What authors support or contribute to this this way of working.

Working on your script/narrative

- **Beginning, middle and end**

What media platform will you be using.

Practice recording

Be authentic