

Competitive Activities: A Models Based Approach

DR DYLAN BLAIN

Lecture 1 - Introduction

Module introduction

Moodle page

Module outline

Assessments

- Submitting work

Reading

- Note taking

Competitive Activities in PE

DYLAN BLAIN



Discussion tasks

What do we mean by competitive activities?

Discussion tasks

What are the values associated with competitive activities?

Think about your own experiences (e.g., in sport)

What things do you/others value/enjoy most about participating in Competitive activities/Sport?
Or why do people take part in sport?

How can these be maximised by teachers / coaches?

Are there any potential negative impacts of competition?

- How can these be avoided?

What is the relationship between
Sport & physical education?

Physical Education & Sport

Discussion Task –

“the relationship between physical education and sport”

- Consider:
 - Are they different, the same, exclusive?

Murdoch (1990) – Models for relationship between Sport & PE

“Substitution model”

“Versus model”

“Reinforcement model”

“Sequence model”

“Integration model”

Arnold (1979)

Education about, through & in movement

Competition in PE – historical perspective

Public schools - games

Mass secondary schooling & the influx of males into the profession

Physical education as sports techniques (Kirk, 2010)

- Decontextualised

School Sport

What is the picture today

Competition in contemporary Physical Education

Kirk (2010)

Is there a mismatch between what we value about sport and how it is experienced in PE?

Some researchers certainly thought so

This module is about exploring (practically) a models based approach to competitive activities.

- Critically

Specifically :

- Sport Education (Siedentop, 1994)
- Cooperative Learning (Dyson & Casey, 2012; Metzler, 2011)
- Teac

“physical education has the potential to contribute to the achievement of a range of educationally beneficial outcomes and that in order to do this we need new and multiple versions or ‘models’ of physical education”

(Kirk, 2013)

Models Based Practice

Pedagogical Models (Kirk, 2013)

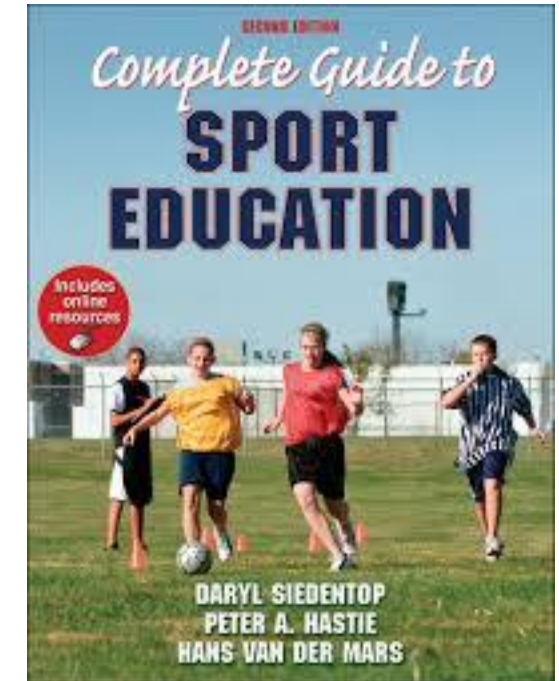
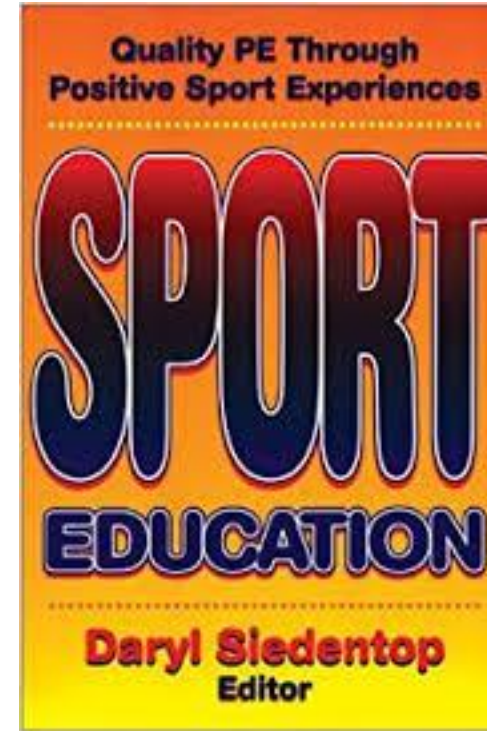
Instructional Models
(Metzler, 2011)

Models Based Practice

CASEY (2016); KIRK (2013); METZLER (2011)

What are Pedagogical Models

- Design specification used create programmes for specific circumstances & local contexts.
- ‘Non-Negotiable’ / key features (Kirk, 2013) / teacher student benchmarks (Metzler, 2011)
- Without these non-negotiable features the stated learning outcomes are less likely to be achieved (Kirk, 2013).
- Design specification allows for teachers to adapt to their specific context.



Sport Education

SIEDENTOP (1994)

Main Features of the Sport Education Model

1. Longer seasons
2. Students grouped in teams that stay together for the entire season
3. Learning of multiple roles
4. Modified and small-sided activities
5. Inclusion of preseason to focus on developing techniques and tactics

(continued)

Main Features of the Sport Education Model *(continued)*

6. Series of formal competitions; two teams compete and one serves as duty team
7. Performance records are kept
8. Culminating event
9. Season champion determined by performance in competition, fair play, duty team, teamwork
10. Festivity throughout the season and culminating event

Sport Education

A broader view of sport:

More inclusive of many forms of physical activity beyond traditional sports (e.g., dance, orienteering, cycling)

From Sport for All (UNESCO)

References/Reading

Casey, A. (2017) Models Based Practice in Ennis, C (Ed) Routledge Handbook of Physical Education Pedagogies (available as ebook on library catalogue)

Kirk, D. (2013) 'Educational value and models-based practice in physical education', *Educational Philosophy and Theory*, 45(9), pp. 973–986. doi: 10.1080/00131857.2013.785352.

Metzler, M.W. (2011) *Instructional models for physical education*. 3rd edn. Scottsdale, AZ: Holcomb Hathaway, Publishers.

Siedentop, D. (1994) *Sport education: Quality PE through positive sport experiences*. Champaign, IL: Human Kinetics Publishers.

Siedentop, D., Hastie, P. A. and Van Der Mars, H. (2011) *Complete Guide to Sport Education 2nd Ed*. Champaign, IL: Human Kinetics.

PRE-SEASON

2024-25

PRE-SEASON

FIXTURES

Pre Season

