



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Module Name: Professional Career Development

Module Code: BMSW4012

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AI Acknowledgement

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I confirm that I have not presented any AI-generated text as my own work. I confirm that I have retained copies of drafts, notes, and resources used before and after the use of AI tools.

Description

At the age of 56 I conclude that I don't have anything to contribute to the society we are approaching now with so many young people with multiple language skills fully qualified and self-confident capable to show how good they are on paper. So confident that life going to through them so high for the fact of the knowledge of performing good academic manners give them the position to laugh from the tops looking others down.

My development on the professional career was a surviving skill where the money was a constant struggle and food was practical no existent. The battle of day to day looking for the next opportunity was like Cortines that causes shadow and to hide in the shadow as the skill of surviving. Many jobs I had was just a week or a few days the resilience that I gained was for surviving not a metal; skill acquired many times the works I had to perform was not require to use the brain at all as (EX) painting the bottom of a boat. So my career journey in this lifetime was a battle for a surviving mechanism full of pain and tears when my physicality was strong and young I will keep on going but unfortunately my body physical can't cope anymore with twelve hours shifts just to pay bills and bank loan debts.

Life is good only on benefits on the UK!
Question: if the governs changes or a third world war happen?
I know where spuds are planted!
Is very difficult just to look at the blind spots and watch the crowds suffocating us

Feelings

The feelings I have got looking back I just wish to have a rubber that delete all my past because I no longer live there, to look back hurt too much and part of me just want to exit from these painful memories the beautiful academic language that makes everyone look good on paper covered with masks doesn't reveals without honesty causes many to believe that higher education will prepare them to face the world and we see many people finishing highly cost degrees and have to work as waiter parttime to be able to feed themselves and pay bills.

My feelings I truly am very upset for the fact this life process are train full of baggage that life teaches we must carry it in our backs to slow everyone down so no one passes the heads that manage to sit in authority positions.

Evaluation

To evaluate what worked well in my career; “NOTHING” absolutely nothing did work well. I just made mistakes all my life if I do trust on my personal development, and try to build a CV will be best to burry my head in the sand, I do live on a council house because I was found homeless in the streets and a group of social Workes kindly agree to support me. To I look a positive outcome from my career, I can type using one finger and each ten words, I need to correct two or three red lines from spell mistakes, my back hurts so much that I plant spuds, months of hard work watering and keeping the crop healthy, then when it come to the harvest I invite someone to dig it and have them, you worth it! To visit foodbanks are my speciality I know a few churches that collect the supermarket food that was supposed to go to the land fields and donate it to people in need so many times I visit those churches and my fridge get packed of goodies. It’s marvellous to live in a country like Britan I even get the opportunity to Studie and get bursaries little pocket of money that I start to invest on taking driving license buy brand new coughs not the ones from charities from people that already had passed way!

More Evaluation I can add on my career experience is that are not the ones who work harder who benefit from the harvests, look at Britan that once was GREAT and now its slaves of the system. I learned if keep resilient into the bad days better days will come. As we look at nature mountains and vales sometimes, we are climbing other times we are go down and other times are just plains spaces of loneliness but never alone!

Analysis

The systems mention previous are the methods that are causing academia to believe that they are better from no-academic beings, so the investigative mindset of “MASKS” becomes a rat race.

Whatever the methods created will benefit the ones in higher positions by “GODFADERS” or “PIN” headmasters I can mention the method of Hollands carers to clear demonstrate locate people in bobbles as if human beings had born with labels attached such the ones that think and the ones don’t or the ones with talents and the ones without. Or even those who born teachable to sell the eggs even not having chickens.

If we going to use other methods so efficient capable to indicate what to teach to who such as MYER BRIGGS if those methods were given to children in order for a successful career and then at the adult age do the same testes again possible not even 10% will match the so efficient method...!

So many analytics specialists follow so strategically their methods and live frustrated for the fact of predictions no human being had the capacity to reach yet! My belly is full today yesterday I was predicting to fast because i am to fat and what to lose weight my perdition didn't work well, Is any of you are good on predicting please send me six numbers that will make me win the set for life lottery I promises to share 10% for the first six months.

Conclusion

It' very obvios that I am extreemly desapointed with my carreer even with my spelling in one centessece I alreadt see seven red lines it's a disapointment imagin to look years on my life how many "REDS will appear"?

The importance of "PERSONAL BRAND" it should be a no more than six to ten months review for the fact every think can change and a great football player such as Ronaldo could make the team of Portugal to be champion or the fantastic clever Dr Ambar R. was able to control their addiction to alcohol and drugs even been high qualified on health education.

It's very important to have purpose in life build a character with great reputation design an image that cause impact and play clarinet to be trustworthy in a society of masks and expectations into the fields of values and personal brands.

But even Jesus was crucified innocent and the fact I was had a bad career on my past it shouldn't determine my future if this lesson of living one life with a karma attached to other past lives, i still have a vague idea what it was when we all was dinosaurs. My front cortex and lipped brain even confident that I can swim do not attempt to cross an ocean.

Action

Plan

I will definitely going to make use of all the methods and apply it in my life for the fact other people had great results on use them and can you imagine if I focus on education and learn to question what already has been Sayed? The impact it will make in my life and the life of others...! Is extraordinary to gain the ability of question, critical thinking and having the ability to cause endless discussions depending on gender, transgender, religion or lifestyle.

My empathy and kindness lead to enjoy helping others. I want to develop a future without perditions, a river not knowing that will be a future sea or cloud. The momentum I am sharing my personal plan to you it becomes a prediction like the drop of water that flow in the river without fear to be stopped by a rock! Its a tribulation the river of life today we are eating eggs tomorrow we introduce the eggs into an incubator and they become chicks. The great question comes with: "who come first the chicken or the egg"? The correct answer is the incubator! To keep turning the past is the recipe for unsuccessful, so I committed a huge error! What will be the solution for that? Getting to know myself now, Am I now in the path of a solution BIG YES! Reeducate myself, to accept that road will not going to be easy, resilience, positive taking towards my actions, start to correct what not been done as driving licence, build healthy relationships, start to construct a PDP personal development plan. To see that resilience can be my hold on and believe that I have capacity to overcome difficulties and obstacles. Thank you for showing me that I still buttons to need to be pressed with not feeling judged but feeling seen suffering, guilt, shame, incapable.

Create a table like this:

Goal	Specific Action	Measurable	Achievable	Relevant	Time-Bound
To be here!	breath	Second by second	Hard in pain	Silence versus screaming	24 hours

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