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Gender

Identity development:

- males tend to focus on career and ideological commitments
- females tend to focus on marriage and childbearing
- however, normative patterns are changing



Gender

Early adolescence is the time when gender roles become increasingly differentiated for boys and girls (Hill & Lynch, 1988).

Wichstrom (1999) found that greater incidence of depression among young adolescent girls was linked to increased importance of feminine sex role identification.

LGST youth are more than five times as likely to miss school than heterosexual youth (Sørensen & Larkin, 2008).

Ethnicity

Adolescence represents a period when many explore and make serious commitments about their ethnic identity:

- Asian adolescents can be challenged with commitments involving academic achievement.
- African-American adolescents can face challenges of societal discrimination and stereotypes around physical attraction.
- Latino adolescents noted discrimination as a current issue in ethnic identity development and the challenge of acculturation

Occupational

Exploration of career prospects.

Assessment of competences and skills.

Perceived self-efficacy.

Occupational Identity

Perceived Self-Efficacy

The perception that some outcome can be achieved through current knowledge, skill, and capability to learn.

Strategies for encouraging perceived self-efficacy

Verbal and social persuasion - encouragement and educational (not evaluative) feedback.

Mastery experiences - opportunities to succeed given challenging, but attainable goals.

Vicarious learning - observing others similar to oneself acting and attaining goals.

Interpersonal

Adolescents are more selective when making friendships than in earlier ages.

Friendships provide the opportunity to explore the self and develop an understanding of one another.

Adolescents seek intimate friendships characterized by psychological closeness, trust, and mutual understanding.

Self-disclosure increases between friends.

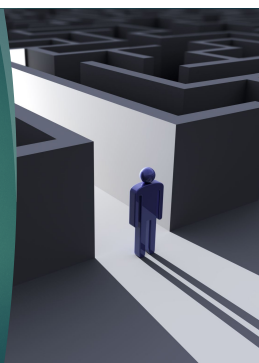
Identity crisis: what can I be?

Questions to help support adolescents' search for identity:

How would you describe yourself?

What skills would you like to develop?

How do you see yourself in the future?



REMINDER



Key Task 2
